

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF FEBRUARY 5, 2015 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	OPEN		Open
VICE CHAIRPERSON	OPEN		Open
TREASURER	OPEN		Open
SECRETARY	Marc E.		June 2015
REGIONAL DELEGATE	Sandy M.		July 2015
REGIONAL DELEGATE ALTERNATE	Pat H		July 2015
ALBANY/RENSSELAER AREA RCM	AI P.		Area
BERKSHIRE COUNTY AREA RCM	Teri J.		Area
GREEN MOUNTAIN AREA RCM	?		Area
MID-HUDSON AREA RCM	Michelle L.		Area
MOHAWK RIVER AREA RCM	Lenny M.		Area
SAMMA RCM	?		Area
HELPLINE	OPEN		Open
HOSPITALS & INSTITUTIONS	Shawn		Jan 2015
POLICY	OPEN		Open
FELLOWSHIP RESOURCES	OPEN		Open
CONVENTION CHAIR	Lillian S.		Dec 2016
CONVENTION VICE CHAIR	OPEN		Open
CONVENTION TREASURER	OPEN		Open
ALT. CONVENTION TREASURER	OPEN		Open
MEETING LIST COORDINATOR	OPEN		Open

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Thursday of each month	7:00 PM	McKownville Church, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	Rotating locations
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY

Call to Order

Meeting was called to order at 7:00 PM with a moment of silence, followed by the Serenity Prayer. The Service Prayer, the Twelve Traditions, and the Twelve Concepts were read. Roll call was then taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	OPEN	
Vice Chairperson	OPEN	
Treasurer	OPEN	
Secretary	Marc E.	
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	Pat H.	✓
ARANA RCM	AI P.	✓
BCANA RCM	Teri J.	✓
GMA RCM	?	
MHA RCM	Michelle L.	✓
MRA ASR	Lenny M.	✓
SAMMA RCM	?	
Helpline Chair	OPEN	
Hospitals & Institutions Chair	Shawn	✓
Policy	OPEN	
Resources Coordinator	OPEN	
Convention Chair	Lillian S.	✓

Convention Treasurer	OPEN	
Meeting Lists Coordinator	OPEN	

Visitors: Matt (Web Servant), Jake, Phil, Adam, Rhonda, Mary

Review of Minutes from previous month – accepted.

Treasurer’s Report – awaiting written report

Representative Reports

Chair Person Report OPEN

Vice Chair Report OPEN

Secretary’s Report Marc E. Absent (no written report)

Regional Delegate Report Sandy M. (written report)

This month the RD has kept abreast of the NA discussion board and added my ideas when it seemed appropriate. The discussions have centered around the future use of zones and the restructuring of WSC to make the experience more organized. Of course, the rift still has to do with the Consensus Based Decision Making model whereby the delegates and WB members discuss motions until they feel they can pass them and the traditional regions who believe most voting should be done by the regions, the groups or the members and not by the RD acting alone. Both camps are pretty dug in but be mindful of this issue. Additionally, I have posted ideas on the Traditions Workbook page at NA.org for all 12 Traditions at least once. I have also announced open positions with the region.

MARLCNA is this weekend. It is a 4 ½ hour drive to Harrisburg PA. If I went on Saturday morning I would stay overnight only on Saturday. The cost would be about \$250 for the region. It is a non-conference year but if you would like me to attend, I will be happy to go down and see if there is any information that could be useful to us.

Additionally, as Pat mentioned, the Zonal Forum is April 24-26 in Connecticut. Flyer is attached.
ILS, Sandy M.

Regional Delegate Alternate Report Pat H. (no written report)

Area Business

Albany Rensselaer Area

(no written report)

Berkshire County Area

(Written report)

We did not have enough GSRs present to make quorum so we were not able to do business last month. All reports were read. After I read mine I was asked to ask this body if we fund travel to North East Zonal Forum in addition to MARL or MARLCNA. This is just a request for point of information and interest as to what is policy on this matter.

We have two open positions, public relations chair and phone line chair. We are operating under prudent reserve have been for a while. Also of concern 2 groups are in danger of closing

Also as IO was directed last month the facility I have secured for the regional meeting on the first Thursday evening of March and April is the Berkshire Medical Center in Pittsfield is also available on the first Saturday moorings of March and April.

ILS Teri J.

Green Mountain Area

(no written report) Absent
No report.

Mid-Hudson Area

(awaiting written report)

Mohawk River Area

(no written report)

Southern Adirondack Miracles

(no written report) Absent
No report.

Subcommittee Reports

Help Line OPEN

Policy OPEN

Convention Chair

We held a focus groups last month on Thursday, December 11th at the SEFCU Building in Albany. The meeting was well We held a second focus group last month on Thursday, January 8th at the SEFCU Building in Albany. In attendance were Lill S. Chairperson, Bobby C. Vice Chairperson, Lance D, acting Treasurer and Joyce C. Secretary. There were fewer people present at this meeting than there was for the first meeting.

Several people have expressed interest in participating on the convention committee and also stated that Thursdays was not a good day to meet due to conflicting commitments. We raised this issue during the meeting and it was agreed that Wednesdays was a better day for most people. Therefore, the convention committee meeting has been moved to the second Wednesday of each month. It is still held at 388 Clinton Ave, the SEFCU Building at 6 pm.

We reiterated that we would like the Convention Committee to be open, collaborative and cooperative and that we are committee to including all areas within our region as much as possible and for that reason we would not be accepting nominations for subcommittees until information regarding nominations could be distributed to all areas. We were able to attend all area meetings except Berkshire which we missed due to a miscommunication on the day of the meeting. We will be making every effort to make it to this month's area meeting at Berkshire baring inclement weather conditions. The Area meetings we attended went well, everyone was welcoming. They all expressed their appreciation for our attempts to include them and were willing to assist with hosting events in their areas. We are exploring the use of Webex to assist people with attending the meeting from other locations.

I must note that, while we feel things are going well, there is some resistance to our philosophy of inclusion which has caused some disruption during the meetings. As we are appreciative of an open process and would like foster a clear understanding of the collaborative atmosphere we wish to facilitate, this executive committee finds it necessary to make revisions to the current policies and procedures. These revisions do not change the overall structure and function of the convention committee or its policies. This policy has been revised to (1) recognize the relationship between the Convention Committee and the ABCD Regional Service Committee; (2) outline areas of accountability; and (3) to illustrate the collaborative atmosphere within the committee.

I would like to submit this document at the February meeting and have it voted on at the March meeting as this is the policy we want to work with for this convention cycle. In our efforts to be inclusive and collaborative throughout the region, we feel, interpretation of the existing policy would be a hindrance to our efforts.

I greatly appreciate your support.

ILS, Lill S.

Convention Treasurer

Dec.	Beginning Balance	\$ 9,603.87	
12-Dec	ABCDRNA	\$ (1,603.87)	donation to region
20-Dec	Citizen's Bank	\$ (52.64)	bank fees
23-Dec	Staples	\$ (4.75)	copying
30-Dec	New Main Line Trading Corp	\$ (177.48)	80 lbs chicken wings
30-Dec	Price Chopper	\$ (7.37)	misc supplies
30-Dec	BJ's	\$ (503.36)	misc supplies
30-Dec	BJ's	\$ (14.14)	misc supplies
	Total expenses	\$ (2,363.61)	

2-Jan	Deposit	\$ 537.00	deposit from new year's eve dance
	To be deposited	\$ 60.00	Marvin gave me his money late
	Total deposits	\$ 597.00	
	Ending Balance	\$ 7,837.26	

Jan.	Beginning Balance	\$ 7,837.26	
30-Jan	SPARC 2nd Ave	\$ (75.00)	room rental for New Year's Eve
8-Jan	Staples	\$ (130.50)	copying & ink cartridges
12-Jan	Naws	\$ (37.70)	12 concept books
15-Jan	Staples	\$ (243.90)	office supplies
20-Jan	State St. Presbyterian Church	\$ (150.00)	room rental for Valentine's day
21-Jan	Office Max	\$ (54.22)	poster board for 12,12 & 12
		\$ (691.32)	
		\$ 7,145.94	
	Ending Balance	\$ 7,145.94	

Hospitals & Institutions Chair

Greetings, We held our monthly H&I Regional conference call on Wednesday February 4th, 2015 at 9pm. Five areas were in attendance with the exception of the Berkshire area. As previously reported, all areas have been able to fulfill their current commitments. However there are vacancies at both the panel leader and executive body positions. Highlights of the meetings included from Joanne G from the Green Mountain Area that they will be having an H&I learning day Saturday April 11th, 2015 in Brattleboro VT from 12:30 to 4:00pm. We will also be holding a Regional H&I assemble meeting before hand beginning at 10:30am (see attached flyer) Louis M from the Alb / RENNS area reported they will be having their annual H&I Spirituality brunch to be held in Albany tentatively dated for Saturday May, 9th 2015. More information to follow. The Mid-Hudson Area reported that their current chair Jeramy P has stepped down and their Vice-Chair Chrystal P has been nominated to fulfill the position (she was also in attendance in our monthly conference call along with Michelle L). Tracey B reported that the SAMMA Area is close to starting their new presentation at St. Joe's in Saranac Lake. He also reported their subcommittee is beginning to grow. Greg P from the Mohawk area reported the meetings that had been cancelled at the SCH County Jail have resumed and is being well received by both the facility staff and the members of the men and woman who attend the presentations. All area have now received their basic text donations from the ECCNA and have begun to disperse them to the correctional facilities in their areas. Jim P our Vice-Chair reported that the project (SPONSORSHIP BEHIND THE WALL) project has not generated much support from around Are Region. I am submitting his flyer again and asking all the RCM's to please mention this project in their monthly reports to their areas service committees. Another note of interest is to please remember the convention for the ECCNA is going to be held the weekend of June 12th - 14th 2015 at the Georgian Court University in Lakewood NJ. For more information you can contact Karen W at kw4285@gmail.com. Also, please see attached flyer.
In Loving Service To Our Fellowship, Shawn M. ABCD Regional H&I Chair

ECCNA Convention Ad-Hoc Committee

(no written report)

Fellowship Resources Chair OPEN

Meeting List Coordinator OPEN

Open Sharing

- Discussion continued on Green Mountain Area's suggestion that we rotate the location of the monthly RSC Meeting. Discussion centered on the idea of moving the RSC Meeting to Saturday morning in each of the Areas according to the schedule below. Moving to a Saturday morning was seen as a move that might attract other addicts to service, and make possible the co-scheduling of regional workshops. Berkshire County Area has secured the meeting place for our next two RSC meetings, in March and April. **We will meet next on Saturday March 7 at 10:00 AM, at the Berkshire Medical Center, located at 725 North Street in Pittsfield, MA (Private Dining Room, Level G)**

Jan, Feb – MRA
Mar, Apr - BCA
May, Jun - MHA
Jul, Aug – SAMMA ?
Sept, Oct – GMA
Nov, Dec – ARANA

Old Business

Motions as follow:

#0904144

Motion Maker: Doug B

Second: Al P

Motion: To set up a Prudent Reserve of 2 months annualized average expenses, to be reviewed annually, or as needed.

Intent: To allow Region to still run, pay rent, buy literature and other necessary items to help the Areas bring the message to the newcomer & recovering addicts.

TABLED

#1106141

Motion Maker: Doug B

Second: Al P

Motion: To nominate Phil S. for Treasurer

Qualifications: 17 years 6 months clean; been a part of Region for 16 ½ years, been Chair, Vice-Chair, Outreach Chair, Policy Chair; Has a sponsor and sponsees; works the 12 Steps, 12 Traditions and 12 Concepts.

PASSED

#0108151

Motion Maker: Al P.

Second: Michelle L.

Motion: To nominate Lance D. for Convention Treasurer

Qualifications: 26 years clean; Past Convention Chair & Vice-Chair; knowledge of 12, 12 and 12; various other positions at Group level; 26 years of continuous employment.

60 day Election motion to be voted on at the March RSC Meeting

#0108152

Motion Maker: Matt A..

Second: Shawn M.

Motion: To nominate Jake R. for Meeting List Coordinator

Qualifications: 1 year 3 months clean; Sponsor, Working Steps 1 through 5 so far; regular meeting attendance; desire to serve Region.

60 day Election motion to be voted on at the March RSC Meeting

#0108153

Motion Maker: Michelle L.

Second: Al P.

Motion: To move RSC Meeting to Saturday mornings in an effort to allow more participation, and to coordinate with workshops

Housekeeping Motion PASSED

New Business

Motions as follow:

#0205151

Motion Maker: Pat H.

Second: Michelle L.

Motion: To re-elect Shawn M as ABCD Regional H & I Chair

Qualifications: Current Regional H & I Chair; 26.5 years clean; willingness to serve a second term; working knowledge of 12/12/12; has support of nomination by our 6 Areas in our Region.

60 day Election motion to be voted on at the April RSC Meeting

#0205152

Motion Maker: Shawn M..

Second: Michelle L.

Motion: To nominate Mary W as ABCD Regional Policy Chair

Qualifications: 28 years clean in NA only; have a sponsor and sponsor women; knowledgeable of 12/12/12; served as Policy Secretary for 5 years for Mid-Hudson Area, Policy Person for GNY Region for 2 years; have served in all Group level positions; served Mid-Hudson Area as Outreach Chair, ASC Chair, Festival Treasurer, and have served this Region as Chairperson.

60 day Election motion to be voted on at the April RSC Meeting

#0205153

Motion Maker: Sandy M.

Second: Leonard M.

Motion: To nominate Adam B. as ABCD Regional HelpLine Chair

Qualifications: 9 years 11 months 3 weeks clean; NA sponsor with a sponsor with a sponsor; haave served in all capacities of Group service; carried HelpLine pager for 2 years when the committee consisted of myself and the Chair; excellent communication skills and strong desire to serve; have worked the 12 Steps.

60 day Election motion to be voted on at the April RSC Meeting

#0205154

Motion Maker: Lill S.

Second: Michelle L.

Motion: To accept the revised Convention Policy.

Intent: To have a clear policy under which the committee can conduct business; to clarify the roles and responsibilities of committee members; to reinforce principles of prudence and accountability..

90 day Policy motion to be voted on at the May RSC Meeting

Announcements (Including Treasury Balance)

Meeting Closed with Serenity Prayer

AGENDA FOR ABCD RSC
Saturday – March 7, 2015 10:00am
Berkshire Medical Center

1. Bring Meeting to Order @ 7:00 p.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Minutes of Last Meeting
7. Treasurer's Report
8. Alternate Treasurer's Report
9. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
10. Area Business:
 - Albany-Rensselaer Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
11. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Fellowship Resources
 - H) Meeting List Coordinator
12. Old Business

Old Business

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Second: Al P

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Second: Michelle L.

Motion: To nominate Lance D. for Convention Treasurer

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Qualifications: 1 year 3 months clean; Sponsor, Working Steps 1 through 5 so far; regular meeting attendance; desire to serve Region.

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Motion Maker: Pat H. **Second:** Michelle L.

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Motion: To nominate Adam B. as ABCD Regional HelpLine Chair

Qualifications: 9 years 11 months 3 weeks clean; NA sponsor with a sponsor with a sponsor; haave served in all capacities of Group service; carried HelpLine pager for 2 years when the committee consisted of myself and the Chair; excellent communication skills and strong desire to serve; have worked the 12 Steps.

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Motion: To accept the revised Convention Policy.

Intent: To have a clear policy under which the committee can conduct business; to clarify the roles and responsibilities of committee members; to reinforce principles of prudence and accountability..

90 day Policy motion to be voted on at the May RSC Meeting

13. New Business
14. Announcements (Including Treasury Balance).
15. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"