

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF JANUARY 2, 2016 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	Sal M. (Jan 2017
VICE CHAIRPERSON	Don M. (Jan 2017
TREASURER	Phil S. (Jan 2016
SECRETARY	Pat H. (abcdr.secretary@gmail.com)		Jan 2017
REGIONAL DELEGATE	Sandy M. (July 2016
REGIONAL DELEGATE ALTERNATE	Teri J. (abcdrna.rda@gmail.com ;		Jan 2017
ALBANY/RENSSELAER AREA RCM	Lisa D. (Area
BERKSHIRE COUNTY AREA RCM	Ryan S. (Area
GREEN MOUNTAIN AREA RCM	OPEN		Area
MID-HUDSON AREA RCM	Michelle L. (Area
MOHAWK RIVER AREA RCM ALT	OPEN (Area
SAMMA RCM	OPEN		Area
HELPLINE	Adam B. (Jan 2016
HOSPITALS & INSTITUTIONS	Jim P. (Jan 2016
POLICY	Mary W. (Jan 2016
MEETING LIST COORDINATOR	OPEN		Jan 2016
REGIONAL WEBSERVANT	Matt A. (abcdwebservant@gmail.com)		Jan 2016
CONVENTION CHAIR	Lillian S. (Jan 2017
CONVENTION VICE CHAIR	Bobby C.		Jan 2017
CONVENTION TREASURER	OPEN		Open
ALT. CONVENTION TREASURER	OPEN		Open

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

Call to Order

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 1 Roll call taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	Sal M.	
Vice Chairperson	Don M.	✓
Treasurer	Phil S.	✓
Secretary	Pat H.	✓
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	OPEN	
ARANA RCM	Lisa D.	✓
BCANA RCM-Alt	Teri J..	✓
GMA RCM	OPEN	
MHA RCM	Michelle L.	✓
MRA-RCM	Robert H. - representative	✓
SAMMA RCM	OPEN	

Helpline Chair	Adam B.	
Hospitals & Institutions Chair	Shawn M	✓
Policy	Mary W.	✓
Meeting List Coordinator	Jake R.	✓
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Lillian S.	✓
Convention Treasurer	OPEN	

Visitors: Marc, Jim, Jesse W., Michael L., Mike B.

REPORTS ARE LISTED IN THE ORDER RECEIVED- MAY BE SOME BLANK MOMENTS, I WAS THERE BUT NOT THERE Pat

Review of Minutes from previous month – accepted (one change, date of minutes)

Representative Reports

Chair Person Report Report by Sal read by Don. Written report attached. Consensus was that we do not agree with the Chair's position on who can be heard on regional floor. Chair overruled.

Vice Chair Report Report by Don read. Written report attached. Read letter from banks

Audit Report: Report by Mary read, written report attached.

Order of the Day changed to accommodate Convention Chair who left early. Because she was leaving and no one else from convention committee was present, another change in the order occurred when the Mohawk River Area's motion, seconded by the Mid Hudson Area was read. The motion was to direct the Region to conduct an audit of the Convention Committee's treasury (see MRA ASR Report for reason). Discussion held. Pro- After audit of Regional Treasury discovered discrepancies it would be prudent to conduct audit of convention committee. Con- only 8 months to go until convention. Vice Chair ruled the two Area's motion out of order.

Convention Chair Report by Lillian read. Written report not yet received. Questions regarding Convention committee minutes, financial status (1/2 hotel paid), proposed convention policy not from convention committee, policy chair sent revised draft 2 months ago, no response.

Convention Treasurer OPEN No Report

Regional Delegate Report Report by Sandy read. Written report attached.

Regional Delegate Alternate Report OPEN (Teri J. voted in later)

Secretary's Report Oral Report by Pat. Completed minutes and sent out by Monday after RSC. Created and sent out WSC Workshop flyers for Regional Assembly. Sent out Convention Committee minutes.

Helpline Report Absent. Report by Adam read by Sandy. Written report attached. Discussed Voicestation bill. BCA Alt RCM will look into what BCA uses that costs ¼ of the price we currently pay. Discussed lack of phone calls (2-3 per month) and why that may be, considering some areas have their own Helplines. ARA now has a bulletins on city buses, may have more calls.

Albany Rensselaer Area Report by Lisa read, written report attached as well as the Meeting Change Form she created.

Berkshire County Area Oral report by Teri, neither she nor Alt Ryan attended ASC.

Green Mountain Area OPEN

Mid-Hudson Area Report by Michelle read. Written report not yet received.

Mohawk River Area Report by Robert H, representing MRASC. Written report attached.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Policy No Report. Discussed convention committee policy during Convention Committee report.

Hospitals & Institutions Report by Shawn (his final). Held conference call on 12/30. Learning Days in various areas held. Women needed in ASCs H&I. Thanked body for allowing him to serve. Term ends today. Jim nominated at RSC. BT given out except for GMA and SAMMA. Teri will take GMAs, Greg P from MRA will provide BTs to SAMMA. Reconsider hosting 2017 ECCNA. Q. BT for correctional facilities only. A. Yes, can send to jails and prisons in region not covered by H&I. Shawn received a round of applause for his service to the RSC.

Meeting List Coordinator Report by Jake read by Pat (I think). Jake stepped down but will train replacement.

Webservant Report read by Matt. Written report attached.

Open Sharing List of Topics

Because time was spent on Convention Committee, Treasury Audit, open sharing was discarded.

New Business

Motions as follows:

Motion Maker: Phil S. **Second:** Teri J.

Motion: To nominate Mary W. for Policy Chair

Intent: To continue to have a policy chair.

Qualifications: current policy chair, past regional vice chair and chair, past fellowship resource coordinator, serve on area level as treasurer, chair, festival treasurer, outreach chair, PI chair, group service, greeter at my homegroup, past treasurer, chair, GSR. Clean date 9-25-86 have sponsor, sponsor others, live the 12, 12&12.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Teri J. **Second:** Lisa D.

Motion: To nominate Phil S. for another term as Treasurer

Intent: To have a trusted servant in the treasurer position.

Qualifications: 18 ½ years clean have been region treasurer for 1 ½ years, been outreach chair for region and been at the region for 17 years, group chair and treasurer and willing to serve the region again.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D. **Second:** Teri J.

Motion: To nominate Jim P. ABCD Regional H&I Chairperson

Intent: To continue to work together with the areas in the region to carry the message behind the walls and to treatment facilities sharing our resources and experience in unity.

Qualifications: current ABCD H&I Vice Chair, former ARANA H&I Chair, panel coordinator, docs prison liaison, secretary and panel leader, all group level service positions, has sponsor, sponsees and works steps, working knowledge of traditions and concepts. Clean time 11 years 8 months.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D. **Second:** Don M.

Motion: To nominate Teri J. as RDA

Intent: To fill open position

Qualifications: I have 25 year plus clean. I have done service in one form or another almost since I came in the door. I have an NA sponsor, I work the NA steps, have a reasonable working knowledge of the Traditions. I am working on increasing my knowledge of the 12 Concepts at this time. I have a willingness to service at this new (to me level) and believe Sandy has a lot to teach me.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D. **Second:** Mary W.

Motion: Amendment to Regional Policy. Section VII Subcommittees; subsection H. No transactions for sale of regional meeting lists to be conducted outside of regional committee meeting.

Intent: No financial transactions are conducted by meeting list coordinator for purchase or sale of regional meeting lists before they make it to the regional service body.

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Don M.

Second: Lil S.

Motion: To allow the word “attendance” at the RSC to include attendance by conference call for RCM and other elected trusted servants required to attend region provided the trusted servant provide a written report and attend personally on a quarterly basis (once every 3 months).

Intent: To allow members of the RSC to participate even if, for whatever reason, they cannot personally attend. However, virtual attendance can never fully replace the benefit of face to face communication and all trusted servants are strongly encouraged to attend personally. Region Conference Call # 712-432-1500 Access code: 1088155

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Mary W.

Second: Lisa D.

Motion: Amendment to the policy Article VII D. ABCDRNA Website defined 3. A link may be on our site for the hotel to book rooms for conventions within our region.

Intent: To allow our website to facilitate the participation of our members to attend conventions within the region.

90 day Policy motion to be voted on at the March RSC Meeting

Motion Maker: Lisa D.

Second: Jake R.

Motion: To nominate Matt as Regional webservant.

Intent: To reelect position.

60 day Election motion to be voted on at the Feb RSC Meeting

Announcements (Including Treasury Balance)

DID NOT WRITE DOWN

Meeting Closed with Serenity Prayer

DRAFT AGENDA FOR ABCD RSC
Saturday – February 6, 2016 11:00am
McKownville Church, 1565 Western Avenue
Albany, NY

DRAFT AGENDA SUBJECT TO CHANGE AT DISCRETION OF CHAIR

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
11. Area Business:
 - Albany-Rensselear Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
12. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Meeting List Coordinator
 - H) Regional Webservant
13. Sharing Session
14. Old Business/New Business

Motions as follows:

Motion Maker: Lisa D.

Second: Mary W.

Motion: Amendment to Regional Policy. Section VII Subcommittees; subsection H. No transactions for sale of regional meeting lists to be conducted outside of regional committee meeting.

Intent: No financial transactions are conducted by meeting list coordinator for purchase or sale of regional meeting lists before they make it to the regional service body.

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Don M.

Second: Lil S.

Motion: To allow the word "attendance" at the RSC to include attendance by conference call for RCM and other elected trusted servants required to attend region provided the trusted servant provide a written report and attend personally on a quarterly basis (once every 3 months).

Intent: To allow members of the RSC to participate even if, for whatever reason, they cannot personally attend. However, virtual attendance can never fully replace the benefit of face to face communication and all trusted servants are strongly encouraged to attend personally. Region Conference Call # 712-432-1500 Access code: 1088155

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Mary W.

Second: Lisa D.

Motion: Amendment to the policy Article VII D. ABCDRNA Website defined 3. A link may be on our site for the hotel to book rooms for conventions within our region.

Intent: To allow our website to facilitate the participation of our members to attend conventions within the region.

90 day Policy motion to be voted on at the March RSC Meeting

Motion Maker: Lisa D.

Second: Jake R.

Motion: To nominate Matt as Regional webservant.

Intent: To reelect position.

60 day Election motion to be voted on at the Feb RSC Meeting

Motion Maker: Marc E.

Second: Teri J.

Motion: To nominate Phil S. for the position of meeting list coordinator.

Intent: To fill position.

Qualifications: Been at region since 1998. I have been Region Chair, Outreach Chair and Treasurer. Area Chair and Homegroup Chair, have sponsor and sponsee.

60 day Election motion to be voted on at the March RSC Meeting

15. Announcements (Including Treasury Balance).

16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"