

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF MARCH 7, 2015 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	OPEN		Open
VICE CHAIRPERSON	OPEN		Open
TREASURER	Phil S.		Feb 2016
SECRETARY	OPEN		
REGIONAL DELEGATE	Sandy M.		July 2015
REGIONAL DELEGATE ALTERNATE	Pat H. (abcdrna.rda@gmail.com)		July 2015
ALBANY/RENSSELAER AREA RCM	Al P.		Area
BERKSHIRE COUNTY AREA RCM	Teri J.		Area
GREEN MOUNTAIN AREA RCM	?		Area
MID-HUDSON AREA RCM	Michelle L.		Area
MOHAWK RIVER AREA RCM	OPEN		Area
SAMMA RCM	?		Area
HELPLINE	Adam B.		Mar 2016
HOSPITALS & INSTITUTIONS	Shawn		Jan 2015
POLICY	Mary W.		Mar 2016
FELLOWSHIP RESOURCES	OPEN		Open
CONVENTION CHAIR	Lillian S.		Dec 2016
CONVENTION VICE CHAIR	Bob		
CONVENTION TREASURER	Lance		NEW
ALT. CONVENTION TREASURER	OPEN		Open
MEETING LIST COORDINATOR	Jake R.		Mar 2016

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	10:00 AM	Rotating Locations
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	Rotating locations
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY

Call to Order

Meeting was called to order at 10:15 AM with a moment of silence, followed by the Serenity Prayer. The Twelve Traditions, the Twelve Concepts and the Service Prayer were read. Roll call was then taken. Concept of the month not read.

Roll Call

POSITION	NAME	PRESENT
Chairperson	OPEN	
Vice Chairperson	OPEN	
Treasurer	Phil S.	✓
Secretary	OPEN	
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	Pat H.	✓
ARANA RCM	Al P.	✓
BCANA RCM	Teri J.	✓
GMA RCM	?	
MHA RCM	Michelle L.	✓
MRA ASR	SandraLee H.	✓
SAMMA RCM	?	
Helpline Chair	Adam B.	✓
Hospitals & Institutions Chair	Shawn	✓
Policy	Mary W.	✓
Resources Coordinator	OPEN	
Convention Chair	Lillian S.	✓
Convention Treasurer	Lance D.	✓
Meeting Lists Coordinator	Jake R.	✓

Visitors: Matt (Web Servant), Jake, Phil, Adam, Mary, Lance, Chris, Oswaida

Review of Minutes from previous month – accepted.

Treasurer's Report – (See attached 2 months written report)

Representative Reports

Chair Person Report OPEN (Sandy chaired the meeting)

Vice Chair Report OPEN

Secretary's Report Marc E. Absent

Regional Delegate Report Sandy M. (written report-see attached) NEZF has H&I, PI/PR secret facebook groups. Email NEZF for information. (pr@nezf.org; handi@nezf.org): I attended MRLCNA, self-pay, to attend the zonal meeting. Many members of the WSC feel that most business for world services or possibly even voting at WSC could occur at the zones. The Canadian Assembly, EDF (European Delegate Forum), and APF (Asia-Pacific Forum) are very active zones with large budgets and a lot of activity. In the US we have less information and make less use of the zone. With the focus on the zones I thought it was important for me to attend the zonal meeting at MRLCNA. At that meeting, we discussed a number of items pertinent to the zone:

1)The next zonal meeting is April 24-26 in Cromwell, CT. At the last zone, which ABCD hosted, we tried a few things differently. We attempted to involve the local fellowship and had an event outside of the hotel in a location where a meeting is normally held. The participants felt this was much better and a decision was made to have the hosting region put on an event that might be more attractive to members. We put off the October meeting and gave the CT region some time to put a day-long event together. To that end on April 25 there will be a "mini service symposium" in CT for the zone. There are 12 regions in our zone so there should be some useful information there that we can use in our region. The flyer was distributed and more information in on the NEZF website (nezf.org). There is no cost for the service symposium but they ask us to register for a head count. At least one member from our region, and perhaps two, will be presenting. There will be a cost for Pat and me as we have to stay for the entire weekend to attend business meetings on Friday night and Sunday morning. It should be a fun and interesting event.

2)The zone has developed "secret" Facebook groups for PR/PI and H & I to share ideas, photos or information. Please tell your trusted servants to e-mail either pr@nezf.org or handi@nezf.org to be invited to the Facebook group. It seems a useful tool, particularly for PR presentations.

3)Last, it was suggested that members set up e-mail accounts for their trusted servant positions (similar to those above) instead of publishing private e-mails for better rotation of service. ILS, Sandy Mc.

Regional Delegate Alternate Report Pat H. (written but not read) Good morning. I did not write a full report today. I have forwarded information about the next review of the Traditions Book project to the secretary 4 days ago. It has not been sent out yet. Also, if anyone is interested, motions for the 2016 CAR will need to be submitted by August 2015, so now would be a good time to get them drafted.

Area Business

Albany Rensselaer Area Al P. (written report-see attached) I attended the ARA meeting on 2/26/15. There was 17 GSR's in attendance. Vice Chair is open, Alt RCM is open all other area positions are filled. Everything is going well in our area. Subcommittees are all in service with chairs. Enough GSRs to conduct business. E&A Committee is having chili cook off event today at 3PM 1st Lutheran Church 181 Western Ave Albany. \$5 suggested donation, no one will be turned way. The Point of Freedom campout has its flyers and registration forms out. Please sign up early. Cabins go quick. June 5-7th. A Gathering of Miracles has its flyer out for its 20th annual picnic/fellowship day at Prospect Park in Troy, NY. July 18th 8am-6pm. The regular meeting will meet at 10am at the picnic area. I have a check for \$200 from ARA for meeting lists. I also have an area donation to the region for \$250. ILS Al P.

Berkshire County Area Teri J. (written report-see attached) Things are going okay in Berkshire County. The 2 meetings that were in danger of closing due to light attendance are still going, refuse to quit. We had quorum 6/11. We are still operating under prudent reserve. We have several upcoming events. Convention Fundraising & Entertainment hosting a History Day on April 25 from 3-6 pm at 1st United Methodist Church. Suggestion \$10.00. Campout in July and Convention in October. ILS Teri J.

Green Mountain Area OPEN

Mid-Hudson Area Michelle L. (written report-see attached) Mid-Hudson Area Service Committee met on 2/26/15 @ 7:00 PM at St. James Church in Kingston NY. Quorum was met with GSR attendance w/ regional motions being voted on. Our area donation this month is 223.72 with a small cash donation from Monday Night Miracles Group. Although we have some open

commitments at area service our sub committees are going well. H&I report a positive shift in trusted servants w/ new visitors to the subcommittee willing to get involved. E&A's Valentine Event went well despite the snow storm. All three speakers showed up and overall between 30 to 40 addicts attended. They are in the process of planning "The masks must come off" spring dance on April 11th in Poughkeepsie NY with location, time and Flyer to follow. Helpline reports no issues. 30 calls this month with 8 pieces of mail. 10 people are currently on the helpline subcommittee. All is well. Meeting List Chair reports all is well. Meeting list continue to pay for themselves. Outreach is in the process of putting together subcommittee. Outreach has already started carrying the message to an NA member who has suffered a stroke, as well as, they are helping the "carry the message group" with direction, structure, and the basic first tradition. Festival Committee continues to work on new location. Convention Committee continues to form subcommittee with first meeting March 10th @ 22 Montgomery St in Poughkeepsie NY. Motions were passed by mid-Hudson area vote for: Lance's nomination to convention treasurer. Jake's nomination for meeting list coordinator. MH area service meets again the 4th Thursday in March. In gratitude and Loving Service, Michelle L

Mohawk River Area OPEN Sandra Lee H. representing (no written report) Only had one question for Shawn. MRA donation will be provided next month for 2 months. Pat forgot checkbook.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Help Line Adam B. voted in. Will contact Teresa and James from MRA to get whatever is available.

Policy Mary W. voted in. Policy motion going out so that we can get accurate and current policy in place. Revised policy emailed by Mary.

Convention Chair Lil S. (written report-see attached) Sent report to Marc. Attended all areas except for BCA. Motions for all but 2 subcommittees to be voted on at next meeting. Next event will be a Dinosaur Day Speaker Jam and Dance on April 4, located at 5 Catherine Street (State/Catherine) in Schenectady, NY.

Convention Treasurer Lance D. (written report-see attached) Beginning balance on Feb 1 was \$7,145. Expenditures for Valentines Dance was \$344.31. Total proceeds 360.00 minus DJ payment of \$80 total amount deposited \$280 which gave us an ending balance of \$7,081.63. In Loving Service Lance D

Hospitals & Institutions Chair Shawn M. (written report-see attached) Sponsorship Behind Walls needs support. Working with NAWS on World Unity Day. Prepared packet for each RCM.

ECCNA Convention Ad-Hoc Committee Not presented although Shawn discussed. T Shirt donations needed for quilt to be auctioned off.

Fellowship Resources Chair OPEN

Meeting List Coordinator Jake R. voted in. Al was handling and will provide Jake with all he has. 100 leftover lists given to Shawn who passed out among areas attending. New lists are complete and ready.

Webservant Ad Hoc Matt A., website is LIVE. Will create flyer for info on how to forward events.

Open Sharing

Rotating meeting started 1st Saturday at 10:00 am

BCA host March and April

725 North Street in Pittsfield, MA (Private Dining Room, Level G \$5 rent per month)

MHA host May and June

52 Green Street, Hudson, NY in May (\$30 rent); ARANA Campout, Camp Scully in June

SAMMA host July and August (Sandy will check with them regarding location and desire)

GMA host Sept and Oct (Shawn will check regarding location)

MRA host Nov and Dec

ARA host Jan and Feb

Western Ave McKownville Church

Michelle attended MARLCNA and provided a report. She would like to do a Traditions Workshop for Region.

IDEAS: Regional Assemblies every other month for a shorter region. Do not read reports AT RSC. Supply written reports BEFORE RSC so that only questions will be taken, along with motions and Treasury Report. Discussion about groups directing

Motion Maker: Teri J.

Second: Sandra Lee H. (MRA)

Motion: To vote on ABCDRNA new revised policy including appendix and addendums of things that did not exist at the time of the last policy.

Intent: To have a policy that the region can work with that is understandable and manageable.

60 day Election motion to be voted on at the April RSC Meeting

Announcements (Including Treasury Balance) \$5,994.45

Meeting Closed with Serenity Prayer

AGENDA FOR ABCD RSC
Saturday – April 4, 2015 10:00am
Berkshire Medical Center

1. Bring Meeting to Order @ 10:00 am w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Minutes of Last Meeting
7. Treasurer's Report
8. Alternate Treasurer's Report
9. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
10. Area Business:
 - Albany-Rensselaer Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
11. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Fellowship Resources
 - H) Meeting List Coordinator
12. **Old Business**

Motions as follow:

Motion Maker: Pat H.

Second: Michelle L.

Motion: To re-elect Shawn M as ABCD Regional H & I Chair

Qualifications: Current Regional H & I Chair; 26.5 years clean; willingness to serve a second term; working knowledge of 12/12/12; has support of nomination by our 6 Areas in our Region.

60 day Election motion to be voted on at the April RSC Meeting

Motion Maker: Lill S.

Second: Michelle L.

Motion: To accept the revised Convention Policy.

Intent: To have a clear policy under which the committee can conduct business; to clarify the roles and responsibilities of committee members; to reinforce principles of prudence and accountability..

90 day Policy motion to be voted on at the May RSC Meeting

Motion Maker: Shawn M.

Second: Teri J.

Motion: To donate to Regional H&I any meeting lists that are left over when the new meeting lists become available.

Qualifications: To provide to the 6 Area H&I Committees the use of the older meeting schedules for their use in providing services to their commitments so to cut down on local area costs currently being incurred. Any changes to lists will be done by hand (by Regional H&I)

HOUSEKEEPING, PROVIDED FOR INFORMATIONAL PURPOSES ONLY

Motion Maker: Al P.

Second: Teri J.

Motion: To increase our prudent reserve to cover 2 months of costs and special funds i.e., meeting lists, insurance funds, wsc, etc., of \$1,200.

Intent: To insure we have sufficient funds in reserve to be responsible with any costs and funds for region expenses.

90 day Policy motion to be voted on at the June RSC Meeting

Motion Maker: Teri J.

Second: Sandra Lee H. (MRA)

Motion: To vote on ABCDRNA new revised policy including appendix and addendums of things that did not exist at the time of the last policy.

Intent: To have a policy that the region can work with that is understandable and manageable.

60 day Election motion to be voted on at the April RSC Meeting

13. New Business

14. Announcements (Including Treasury Balance).

15. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"