

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF MARCH 5, 2016 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	Sal M. (Jan 2017
VICE CHAIRPERSON	Don M. (Jan 2017
TREASURER	OPEN		
SECRETARY	Pat H. (abcd.secretary@gmail.com)		Jan 2017
REGIONAL DELEGATE	Sandy M. (July 2016
REGIONAL DELEGATE ALTERNATE	Teri J. (abcdrna.rda@gmail.com ;		Jan 2017
ALBANY/RENSSELAER AREA RCM	Lisa D. (Area
BERKSHIRE COUNTY AREA RCM	Teri J. (Area
GREEN MOUNTAIN AREA RCM	OPEN (Pierre contact)		Area
MID-HUDSON AREA RCM	Michelle L. (Area
MOHAWK RIVER AREA RC	Robert H. (Area
SAMMA RCM	OPEN		Area
HELPLINE	Adam B. (Jan 2016
HOSPITALS & INSTITUTIONS	Jim P. (Jan 2016
POLICY	Mary W. (Jan 2016
MEETING LIST COORDINATOR	Phil S. (Jan 2017
REGIONAL WEBSERVANT	Matt A. (abcdwebservant@gmail.com)		Jan 2016
CONVENTION CHAIR	Lillian S. (Jan 2017
CONVENTION VICE CHAIR	Bobby C.		Jan 2017
CONVENTION TREASURER	OPEN		Open
ALT. CONVENTION TREASURER	OPEN		Open

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

Call to Order

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 2 Roll call taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	✓
Treasurer	OPEN	
Secretary	Pat H.	✓
Regional Delegate	Sandy M.	
Regional Delegate Alt.	Teri J.	✓
ARANA RCM	Lisa D.	✓
BCANA RCM-Alt	Teri J..	✓
GMA RCM	Pierre (representative)	✓
MHA RCM-Alt	Michelle M.	✓
MRA-RCM	Robert H.	✓

SAMMA RCM	OPEN	
Helpline Chair	Adam B.	✓
Hospitals & Institutions Chair	Jim P.	✓
Policy	Mary W.	✓
Meeting List Coordinator	OPEN	
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Lillian S.	
Convention Treasurer	OPEN	

Visitors: Jesse W., Bobby R., Lura

Review of Minutes from previous month – accepted

Representative Reports

Treasurer's Report Report by Don read. Written report attached

Chair Person Report Report by Sal read. Discussed changing agenda. Decided to keep as is. Written report attached.

Vice Chair Report Report by Don read. Written report attached.

Secretary's Report Nothing to report

Regional Delegate Report Report by Sandy read by Teri J.. Written report attached.

Regional Delegate Alternate Report Report read by Teri J. Written report attached.

Albany Rensselaer Area Report by Lisa read, written report attached

Berkshire County Area Report by Teri read, written report attached

Green Mountain Area Pierre was there from GMA but did not have a report, he has been nominated as RCM Alt for GMA. Sal had information from GMA, the email has been changed. The Back to Basics Campout has announced their main speakers.

Mid-Hudson Area Report by Michelle read. Written report not yet received.

Mohawk River Area Report by Robert read, written report attached.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Helpline Report Report by Adam read. Written report attached.

Policy Report No written report. Extensive discussion on Convention Policy and which was the current approved policy.

Convention Committee Report: Absent

Convention Treasurer Report OPEN Discussed convention committee having named a treasurer that did not go through RSC approval

Hospitals & Institutions Report by Jim P read, written report attached. Question raised by MRA whose H&I chair reported that the Area was unable to support H&I. Will discuss with MRA H&I Chair.

Meeting List Coordinator OPEN. Phil handling duties it was decided to do new printing of meeting list because the RSC is out. Funds above meeting list fund will come out of operating expenses. Discussion about ARA purchasing last of the meeting lists and ARA H&I being without. Determined that this was an ASC issue since ASC supports its H&I.

Webservant Report read by Matt. Written report attached.

Open Sharing List of Topics CAR/CAT Assemblies and Tally Sheets, Area and Regional inventories, RSC has grown, ABCD potential name change, Moratorium on Convention for 2 years in motion form. Make RSC earlier so that all committee members can attend full meeting (decided to wait until RCM who has left early each time is present). Discussed Convention Committee continued lack of representation without accountability at RSC meetings.

New Business

Motions as follows:

Motion Maker: Don M.

Second: Lil S.

Motion: To allow the word "attendance" at the RSC to include attendance by conference call for RCM and other elected trusted servants required to attend region provided the trusted servant provide a written report and attend personally on a quarterly basis (once every 3 months).

Intent: To allow members of the RSC to participate even if, for whatever reason, they cannot personally attend. However, virtual attendance can never fully replace the benefit of face to face communication and all trusted servants are strongly encouraged to attend personally. Region Conference Call # 712-432-1500 Access code: 1088155

90 day Policy motion WITHDRAWN

Motion Maker: Marc E.

Second: Teri J.

Motion: To nominate Phil S. for the position of meeting list coordinator.

Intent: To fill position.

Qualifications: Been at region since 1998. I have been Region Chair, Outreach Chair and Treasurer. Area Chair and Homegroup Chair, have sponsor and sponsee.

60 day Election motion to be voted on at the March RSC Meeting PASSED

Announcements (Including Treasury Balance)

Total Balance: \$5291.82

Operating Balance: \$491.82

Meeting Closed with Serenity Prayer

AGENDA FOR ABCD RSC
Saturday – April 2, 2016 11:00am
McKownville Church, 1565 Western Avenue, Albany, NY

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
11. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Meeting List Coordinator
 - H) Regional Webservant
12. Area Business:
 - Albany-Rensselaer Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
13. Sharing Session
14. Old Business/New Business

Motions as follows:

Motion Maker: Mid Hudson Area

Second: Mohawk River Area

Motion: To suspend the ABCD Regional Convention for a two year moratorium to take place at the end of the 2016 convention cycle. Seed money to be held in account.

Intent: To take an inventory of our areas to see if a regional convention is what groups want and the possible rotation of the convention between areas.

60 day Miscellaneous motion to be voted on at the May RSC Meeting

Motion Maker: Robert H.

Second: Jesse W..

Motion: To re-elect Adam B. for Helpline Chair

Intent: To continue to fulfill position

Qualifications: 11 years 20 days clean (as of March 5th). NA Sponsor. Have and continue to work NA 12 steps. Served as Helpline Chair the past year. Treasurer of Homegroup, Recovery on the Hill, a new Mechanicville meeting. Have serve all group level commitments. Willingness to continue to serve.

60 day Election motion to be voted on at the May RSC Meeting

Motion Maker: Teri J.

Second: Lisa D. (picked up by Michelle upon Lisa's absence)

Motion: To nominate Lura L. for position of Regional Treasurer

Intent: So region will have a Treasurer.

Qualifications: Do a whole lot of prayer for the recovering addicts we have 33 years clean. I have written 12 steps and 12 traditions. I am working on learning more about the 12 concepts and have a fairly decent knowledge of how to apply the spiritual principle as they have been revealed to me. I have a basic knowledge of bookkeeping and balancing a check

book. I worked as an office manager for 8 years and have held many service positions in NA including regional chair of the now defunct Mountain Valley Region. I can compose a report and supply supportive documentation in an organized and timely fashion. And I have the willingness to service. I have enjoyed financial security and have an NA sponsor. ILS
Lura

60 day Election motion to be voted on at the May RSC Meeting

15. Announcements (Including Treasury Balance).
16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"