

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.  
MINUTES OF APRIL 2, 2016 MEETING  
[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)**

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Sal M. ( <a href="mailto:smarches@nycap.rr.com">smarches@nycap.rr.com</a> )	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. ( <a href="mailto:mdonald552@aol.com">mdonald552@aol.com</a> )	518-766-6028	Jan 2017
TREASURER	<b>OPEN</b>		
SECRETARY	Pat H. ( <a href="mailto:abcd.secretary@gmail.com">abcd.secretary@gmail.com</a> )	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. ( <a href="mailto:smccarthy@nycap.rr.com">smccarthy@nycap.rr.com</a> )	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	Teri J. ( <a href="mailto:abcdrna.rda@gmail.com">abcdrna.rda@gmail.com</a> ; <a href="mailto:GdWtchTeri@aol.com">GdWtchTeri@aol.com</a> )	413 447 1076	Jan 2017
ALBANY/RENSSELAER AREA RCM	Lisa D. ( <a href="mailto:babyli330@hotmail.com">babyli330@hotmail.com</a> )	518-701-1267	Area
BERKSHIRE COUNTY AREA RCM	Teri J. ( <a href="mailto:gdwtdtchTeri@aol.com">gdwtdtchTeri@aol.com</a> )	413-447-1076	Area
GREEN MOUNTAIN AREA RCM	<b>OPEN (Pierre contact)</b>	802-948-9417	Area
MID-HUDSON AREA RCM	Michelle L. ( <a href="mailto:odaat306@live.com">odaat306@live.com</a> )	845-443-0834	Area
MOHAWK RIVER AREA RC	Robert H. ( <a href="mailto:rhohn@yahoo.com">rhohn@yahoo.com</a> )	518-986-1493	Area
SAMMA RCM	<b>OPEN</b>		Area
HELPLINE	Adam B. ( <a href="mailto:adamberk07@yahoo.com">adamberk07@yahoo.com</a> )	518-881-7133	Jan 2016
HOSPITALS & INSTITUTIONS	Jim P. ( <a href="mailto:jimpets070258@gmail.com">jimpets070258@gmail.com</a> )	518-378-0887	Jan 2016
POLICY	Mary W. ( <a href="mailto:maryvw@gmail.com">maryvw@gmail.com</a> )	845-750-2006	Jan 2016
MEETING LIST COORDINATOR	Phil S. ( <a href="mailto:na12n12n121997@yahoo.com">na12n12n121997@yahoo.com</a> )	518-265-5499	Jan 2017
REGIONAL WEBSERVANT	Matt A. ( <a href="mailto:abcdwebservant@gmail.com">abcdwebservant@gmail.com</a> )		Jan 2016
CONVENTION CHAIR	Lillian S. ( <a href="mailto:lilli5663@gmail.com">lilli5663@gmail.com</a> )	518-221-4377	Jan 2017
CONVENTION VICE CHAIR	Bobby C. ( <a href="mailto:rcasbobbyc@aol.com">rcasbobbyc@aol.com</a> )	845-532-2581	Jan 2017
CONVENTION TREASURER	<b>OPEN</b>		Open
ALT. CONVENTION TREASURER	<b>OPEN</b>		Open

<b>REGIONAL/AREA SERVICE COMMITTEE MEETINGS</b>			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

**Call to Order**

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 2 Roll call taken.

**Roll Call**

<b>POSITION</b>	<b>NAME</b>	<b>PRESENT</b>
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	✓
Treasurer	OPEN	
Secretary	Pat H.	✓
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	Teri J.	✓
ARANA RCM	Lisa D.	✓
BCANA RCM-Alt	Teri J..	✓
GMA RCM	Pierre (representative)	✓
MHA RCM-Alt	Marc E.	✓
MRA-RCM	Robert H.	✓

SAMMA RCM	OPEN	
Helpline Chair	Adam B.	
Hospitals & Institutions Chair	Jim P.	✓
Policy	Mary W.	✓
Meeting List Coordinator	Phil	✓
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Lillian S.	
Convention Treasurer	OPEN	

Visitors: Bobby R., Lura, Bert R.

**Review of Minutes from previous month** – accepted after making changes to sharing session portion and adding motion regarding hotel link on website (corrected page attached)

**Representative Reports**

**Treasurer’s Report** Report by Don read, combined with Vice Chair Report. Discussed allowing ARA donation from last month to be broken up to help them pay for meeting lists. (See revised Treasury Report attached)

**Chair Person Report** Oral report by Sal. Went to meetings around the region. Brought back flyers. Assisted with Event Ad-Hoc.

**Vice Chair Report** Report by Don read combined with Treasury Report.

**Secretary’s Report** Report by Pat read, Written report attached.

**Regional Delegate Report** Report by Sandy read. Discussed reimbursing expenses associated with CAR/CAT Workshops around region. Response warranted a written motion. RSC can hold June meeting at POFC. Location to be determined. After RD left, further discussion led to her initial request being approved. Table motion to decide whether she still wishes to move forward with it. Written report attached.

**Regional Delegate Alternate Report** Report read by Teri J. Written report attached.

**Subcommittee Reports**

**Helpline Report** Adam absent, no report, motion tabled to elect tabled for 30 days, nominee not available for questions.

**Policy Report** Oral report by Mary. Discussed email to Lillian.

**Convention Committee Report:** Absent (report received day after RSC, will attached separately)

**Convention Treasurer Report OPEN**

**Hospitals & Institutions** Report by Jim P read. Explained H&Is motion. Written report attached

**Meeting List Coordinator** Phil described issue with misprint on cover of meeting list (date and committee meetings). He discussed with Chair on the morning before RSC who advised that he leave lists at home. After much discussion about the lack of Regional Meeting lists and the ASCs sending money to purchase them, it was decided that Phil would go and get them and ASCs would be responsible to change the incorrect information. Written report attached

**Webservant** Report read by Matt. We discussed the meeting list format and how the BMLT could be used to make printing and changes easier. RCM decided to check various entities about printing lists 8-1/2 x 24 using (.csv) file formatted to look like our meeting lists. Written report attached

**Ad-Hocs: Helpline Cost:** Ryan absent, no report. **Budget:** Sal dropped ball, did not contact Lura or Mary. **Events:** Report by Pat, written report attached.

**Albany Rensselaer Area** Report by Lisa read, written report attached

**Berkshire County Area** Report by Ryan read by Teri, written report attached

**Green Mountain Area** Oral report by Pierre. Met one week early because of Easter holiday. 8 out of 30 GSRs. More info

about campout to com. Requested a RCM mentor.

**Mid-Hudson Area** Report by Marc read. Written report attached

**Mohawk River Area** Report by Robert read. Written report attached.

### **Southern Adirondack Miracles OPEN**

**Open Sharing List of Topics** Between discussion on meeting lists and further discussion about the Convention Committee continued lack of representation without accountability at RSC meetings and the motion to address this; it was decided that the sharing session was already done.

### **New Business**

#### **Motions as follows:**

**Motion Maker:** Mid Hudson Area

**Second:** Mohawk River Area

**Motion:** To suspend the ABCD Regional Convention for a two year moratorium to take place at the end of the 2016 convention cycle. Seed money to be held in account.

**Intent:** To take an inventory of our areas to see if a regional convention is what groups want and the possible rotation of the convention between areas.

60 day Miscellaneous motion to be voted on at the May RSC Meeting

**Motion Maker:** Robert H.

**Second:** Jesse W..

**Motion:** To re-elect Adam B. for Helpline Chair

**Intent:** To continue to fulfill position

**Qualifications:** 11 years 20 days clean (as of March 5<sup>th</sup>). NA Sponsor. Have and continue to work NA 12 steps. Served as Helpline Chair the past year. Treasurer of Homegroup, Recovery on the Hill, a new Mechanicville meeting. Have serve all group level commitments. Willingness to continue to serve.

60 day Election motion to be voted on at the June RSC Meeting

**Motion Maker:** Teri J.

**Second:** Lisa D. (picked up by Michelle upon Lisa's absence)

**Motion:** To nominate Lura L. for position of Regional Treasurer

**Intent:** So region will have a Treasurer.

**Qualifications:** Do a whole lot of prayer for the recovering addicts we have 33 years clean. I have written 12 steps and 12 traditions. I am working on learning more about the 12 concepts and have a fairly decent knowledge of how to apply the spiritual principle as they have been revealed to me. I have a basic knowledge of bookkeeping and balancing a check book. I worked as an office manager for 8 years and have held many service positions in NA including regional chair of the now defunct Mountain Valley Region. I can compose a report and supply supportive documentation in an organized and timely fashion. And I have the willingness to service. I have enjoyed financial security and have an NA sponsor. ILS Lura

60 day Election motion to be voted on at the May RSC Meeting

### **Announcements (Including Treasury Balance)**

Total Balance: ?? I missed that.

Operating Balance: ?? I missed that.

Meeting Closed with Serenity Prayer



book. I worked as an office manager for 8 years and have held many service positions in NA including regional chair of the now defunct Mountain Valley Region. I can compose a report and supply supportive documentation in an organized and timely fashion. And I have the willingness to service. I have enjoyed financial security and have an NA sponsor. ILS Lura

**60 day Election motion to be voted on at the May RSC Meeting**

**Motion Maker:** Sandy

**Second:** Teri J. (BCA-RCM)

**Motion:** To establish procedure for CAR/CAT workshops for ABCD Region as follows: It is the responsibility of each RCM area to facilitate CAR/CAT workshops in their area and to petition their area to fund that workshop. Any areas that do not have an RCM will have the RD team to facilitate their workshop at the expense of the ABCD region. Any area may ask for and receive the assistance from the RD team or financial assistance from the ABCD region if necessary.

**Intent:** To clarify our procedure and funding of CAR/CAT workshops

**90 day Policy motion to be voted on at the June RSC Meeting**

**Motion Maker:** Mohawk River Area

**Second:** Mid-Hudson Area

**Motion:** We are asking for the removal of the convention chair.

**Intent:** for not adhering to all policy that we entrusted her to, and for not following the traditions and concepts of narcotics anonymous. .

**30 day Miscellaneous motion to be voted on at the May RSC Meeting**

15. Announcements (Including Treasury Balance).

16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"