

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.  
MINUTES OF JULY 2, 2016 MEETING  
[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)**

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Sal M. ( <a href="mailto:smarches@nycap.rr.com">smarches@nycap.rr.com</a> )	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. ( <a href="mailto:mdonald552@aol.com">mdonald552@aol.com</a> )	518-766-6028	Jan 2017
TREASURER	Lura L. ( <a href="mailto:lura4august1982@hotmail.com">lura4august1982@hotmail.com</a> )	413-447-1621	Jan 2017
SECRETARY	Pat H. ( <a href="mailto:abcd.secretary@gmail.com">abcd.secretary@gmail.com</a> )	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. ( <a href="mailto:smccarthy@nycap.rr.com">smccarthy@nycap.rr.com</a> )	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	Teri J. ( <a href="mailto:abcdrna.rda@gmail.com">abcdrna.rda@gmail.com</a> ; <a href="mailto:GdWtchTeri@aol.com">GdWtchTeri@aol.com</a> )	413 447 1076	Jan 2017
ALBANY/RENSSELAER AREA RCM	Melanie R. ( <a href="mailto:mrod65.mr@gmail.com">mrod65.mr@gmail.com</a> )	518-461-6982	Area
BERKSHIRE COUNTY AREA RCM	Teri J. ( <a href="mailto:gdwtchTeri@aol.com">gdwtchTeri@aol.com</a> )	413-447-1076	Area
GREEN MOUNTAIN AREA RCM ALT	Pierre A. ( <a href="mailto:prakposani2@gmail.com">prakposani2@gmail.com</a> )	802-948-2948	Area
MID-HUDSON AREA RCM	Michelle L. ( <a href="mailto:odaat306@live.com">odaat306@live.com</a> )	845-443-0834	Area
MOHAWK RIVER AREA RC	Robert H. ( <a href="mailto:rhohn@yahoo.com">rhohn@yahoo.com</a> )	518-986-1493	Area
SAMMA RCM	<b>OPEN</b>		Area
HELPLINE	Jerome C ( <a href="mailto:jerome13@gmail.com">jerome13@gmail.com</a> )	518-495-8605	Jan 2016
HOSPITALS & INSTITUTIONS	Jim P. ( <a href="mailto:jimpets070258@gmail.com">jimpets070258@gmail.com</a> )	518-285-9417	Jan 2017
POLICY	Mary W. ( <a href="mailto:maryvw@gmail.com">maryvw@gmail.com</a> )	845-750-2006	Jan 2016
MEETING LIST COORDINATOR	Phil S. ( <a href="mailto:na12n12n121997@yahoo.com">na12n12n121997@yahoo.com</a> )	518-265-5499	Jan 2017
REGIONAL WEBSERVANT	Matt A. ( <a href="mailto:abcdwebservant@gmail.com">abcdwebservant@gmail.com</a> )		Jan 2016
CONVENTION CHAIR	Lillian S. ( <a href="mailto:lilli5663@gmail.com">lilli5663@gmail.com</a> )	518-221-4377	Jan 2017
CONVENTION VICE CHAIR	Bobby C. ( <a href="mailto:rcasbobbyc@aol.com">rcasbobbyc@aol.com</a> )	845-532-2581	Jan 2017
CONVENTION TREASURER	<b>OPEN</b>		
ALT. CONVENTION TREASURER			

<b>REGIONAL/AREA SERVICE COMMITTEE MEETINGS</b>			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	49 Killian Drive, Colonie, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second and Fourth Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

**Call to Order**

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 6. Roll call taken.

**Roll Call**

POSITION	NAME	PRESENT
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	✓
Treasurer	Lura L.	✓
Secretary	Pat H.	✓
Regional Delegate	<b>OPEN</b>	
Regional Delegate Alt.	Teri J.	✓
ARANA RCM	Kristen T.	✓
BCANA RCM	Teri J.	✓
GMA RCM-Alt	Pierre A.	✓
MHA RCM Alt	Marc E.	✓

MRA-RCM	Robert H.	✓
SAMMA RCM	OPEN	
Helpline Chair	Jerome C.	✓
Hospitals & Institutions Chair	Jim P.	
Policy	Mary W.	✓
Meeting List Coordinator	Phil S.	
ABCD Regional Webservant	Matt A.	
Convention Chair	Mikel I.	✓
Convention Treasurer	OPEN	

Visitors: Bobby R.

**Review of Minutes from previous month** – accepted

Chair changed order of day to do motions first. Jerome C. voted in as Helpline Chair. (see motion section for more info)

**Representative Reports**

**Treasurer's Report** Report by Lura read, will send reports for last three months (not received as of 7/6)

**Chair Person Report** Sal present, no written report. Provided document from AIChar Printing (attached)

**Vice Chair Report** Written report read by Don, attached with a draft budget document. Asked for 1 years worth of Treasury Reports. Secretary has not received treasury reports for several months.

**Secretary's Report** Report by Pat read. Written report attached.

**Regional Delegate Report** OPEN

**Regional Delegate Alternate Report** Report read by Teri J. Written report attached.

**Subcommittee Reports**

**Helpline Report** Written report read by Jerome, attached. Requests that GNYR Helpline number be put on meeting lists.

**Policy Report** Oral report by Mary.

**Convention Committee Report:** Report by Lillian read by Mikel who is representing committee. Mikel was able to answer most questions. Will bring up question regarding paying off hotel with money in account, and use fundraising monies to take care of other expenses until convention.

**Convention Treasurer Report OPEN** Report added to Chair's report, no treasurer.

**Hospitals & Institutions** Statement in email by Jim P read and attached.

**Meeting List Coordinator** Oral report Bobby R. RCMs decided to remove group readings from meeting list. Bobby will bring new lists to ASCs once printed.

**Webservant** Scheduled absence.

**Ad-Hocs: Helpline Cost:** Ryan absent, no report. **Budget:** Don, See attached draft budget. **Events:** Written Report by Pat. We later decided to have a hotdog/chip meal for kids 8 and under, also need to get vegetarian burgers.

**Albany Rensselaer Area** Report by Kristen read. Written report attached.

**Berkshire County Area** Report by Teri J. read. Written report attached

**Green Mountain Area** Report by Pierre (to be sent to secretary-not received as of 7/6) No quorum, campout subcommittee met preparations ongoing, do not have PR chair. Stuffs envelopes that are housed in hospitals and rehabs with meeting lists. Campout committee needs insurance binder (already sent by Treasurer). Discussed perception of being overlooked in capacity as RCMAIt by some members of RSC.

**Mid-Hudson Area** Written report by Marc read, attached..

**Mohawk River Area** Report by Robert read. Written report attached.

**Southern Adirondack Miracles OPEN** Nominee was to appear, no show.

**Open Sharing List of Topics** Meeting List Coordinator position, GMA issue with being overlooked as representative, RSC Events position interest by members.

### **New Business**

#### **Motions as follows:**

**Motion Maker:** Robert H. **Second:** Teri J.

**Motion:** To elect Jerome C. to the position of Helpline Chair

**Intent:** To fill this important position with a responsible trusted servant.

**Qualifications:** Addict in recovery 23 years 10 mos 22 days (as of May 7<sup>th</sup>) have sponsor/sponsees, working knowledge of 12/12/12. Served on Area/Group levels. Currently H&I Panel leader-no current commitment. Co-Chair of homegroup.

60 day Election motion to be voted on at the July RSC Meeting **PASSED**

**Motion Maker:** Jim P.

**Second:** Teri J.

**Motion:** To propose an annual budget for the ABCD Regional H&I subcommittee to provide meeting lists where needed to carry the message effectively to addicts who can't attend regular meetings.

**Intent:** To provide ABCD regional meeting lists, Greater NY Region meeting lists and provide a Learning Day annual to encourage participation (see attached breakdown).

60 day Finance motion to be voted on at the Aug RSC Meeting

**Motion Maker:** Robert H.

**Second:** Melanie R.

**Motion:** To elect Teri J., as the Regional Delegate

**Intent:** She now serves as our Alt. Regional Delegate

**Qualifications:** I have a NA sponsor who has a NA sponsor. I have a working knowledge of the 12 Steps and 12 Traditions. I am gaining a better understanding of the 12 Concepts of Services while doing service at the regional level. I have held service positions at the group and area level. I have been doing service of some type in some capacity almost as long as I have been clean. This is my second time around as Berkshire County's RCM to region. My home group is Hope and Glory which meets on Sunday at 12:30. **ADDED QUALIFICATIONS**

60 day Election motion to be voted on at the Aug RSC Meeting

### **Announcements (Including Treasury Balance)**

Operating Balance: ?

Meeting Closed with Serenity Prayer

**AGENDA FOR ABCD RSC**  
**Saturday – July 2, 2016 11:00am**  
**1565 Western Avenue**  
**McKownville Church**

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
  - A) Chairperson
  - B) Vice Chairperson
  - C) Secretary Report
  - D) Regional Delegate
  - E) Regional Delegate Alternate
11. Subcommittee Reports:
  - A) Helpline
  - B) Policy
  - C) Convention Chair
  - D) Convention Treasurer
  - E) Hospitals & Institutions
  - F) Ad-Hoc Committee(s)
  - G) Meeting List Coordinator
  - H) Regional Webservant
12. Area Business:
  - Albany-Rensselaer Area RCM Report
  - Berkshire County Area RCM Report
  - Green Mountain Area RCM Report
  - Mid-Hudson Area RCM Report
  - Mohawk River Area ASR Report
  - Southern Adirondack Mountain Miracle Area RCM Report

13. Sharing Session
14. Old Business/New Business

**Motions as follows:**

**Motion Maker:** Jim P.

**Second:** Teri J.

**Motion:** To propose an annual budget for the ABCD Regional H&I subcommittee to provide meeting lists where needed to carry the message effectively to addicts who can't attend regular meetings.

**Intent:** To provide ABCD regional meeting lists, Greater NY Region meeting lists and provide a Learning Day annual to encourage participation (see attached breakdown).

**90 day Policy motion to be voted on at the Aug RSC Meeting**

**Motion Maker:** Robert H.

**Second:** Melanie R.

**Motion:** To elect Teri J., as the Regional Delegate

**Intent:** She now serves as our Alt. Regional Delegate

**Qualifications:** I have a NA sponsor who has a NA sponsor. I have a working knowledge of the 12 Steps and 12 Traditions. I am gaining a better understanding of the 12 Concepts of Services while doing service at the regional level. I have held service positions at the group and area level. I have been doing service of some type in some capacity almost as long as I have been clean. This is my second time around as Berkshire County's RCM to region. My home group is Hope and Glory which meets on Sunday at 12:30.

**60 day Election motion to be voted on at the Aug RSC Meeting**

**Motion Maker:** Robert H.-MRA

**Second:** Teri J.-BCA

**Motion:** For the formation of a Regional Events and Activities Subcommittee

**Intent:** To create unity in our region to better serve our groups and areas.

**90 day Policy motion to be voted on at the Sept RSC Meeting**

15. Announcements (Including Treasury Balance).
16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"