



# Brothers In Spirit 20



**April 26-28, 2019, Our 20th Annual NA Men's Retreat**  
Notre Dame Spiritual Center, Shaker Hill Road, Alfred, Maine  
(For road map to BIS, turn page over)

## That Higher Power Thing

In our 20<sup>th</sup> Anniversary Retreat we explore spirituality and the finding, getting, and using Higher Powers in programs of recovery.

### Friday Evening's Program:

#### **ABOUT BROTHERS IN SPIRIT (Everybody welcome)**

Welcome to the Bro and get acquainted meeting.

### Saturday's Program:

#### **CAME TO BELIEVE — OR NOT!**

That HP thing is a big program stumbling block for many.

How to find an HP that works for you.

#### **THE DECISION: WILLS AND LIVES**

Applying Step Two and how to detect reservations.

#### **TO FIND, HAVE, AND USE AN HP**

Talk is not cheap if your HP is nothing but words. Getting

Real with recovery and your HP.

#### **SENDING AND RECEIVING**

Sharing the prayers we use and the ways we meditate to stay clean, grow in recovery, and live life.

### Sunday Morning's Program:

#### **JOURNEYS IN SPIRITUALITY**

We find our HPs each on our own path, but many get stuck along the way. Sharing experience, strength, and hope in our spiritual journeys.

**Brothers In Spirit** is a weekend long commitment to growing as men in recovery from addiction through meetings, workshops, fellowship, sharing, and fun. Our Friday meeting (7-9:00 pm) is open to everyone. **To attend the remainder of the retreat it is necessary to register for a package.**

► *BIS is sponsored by the How Ya Doin' NA Group of Alfred, ME.*

### **Retreat Packages Include:**

- 2 nights lodging at the spiritual center.
- Meals from Saturday breakfast through Sunday breakfast. (Friday dinner and Sunday lunch available at extra cost).
- Lots of snacks, recovery, sharing, fellowship, fun, friends, and even Wi-Fi.

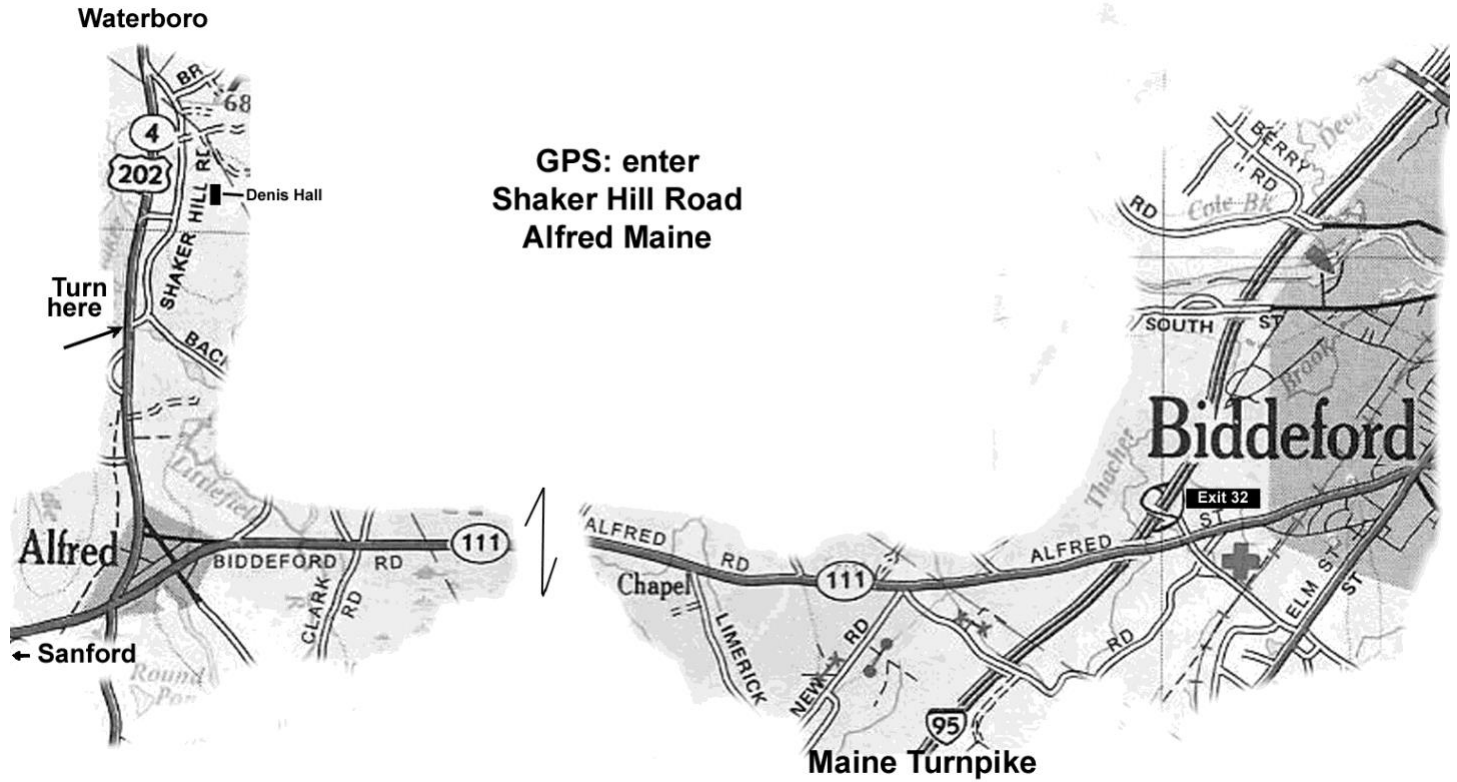
\$170.00 Registration  
\$25.00 deposit holds your place.  
\$12.00 Friday night dinner additional.  
\$12.00 Sunday lunch additional.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Town \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
E-mail \_\_\_\_\_  
Clean Time (optional) \_\_\_\_\_ Chair & Share? \_\_\_\_\_

**Brothers In Spirit Packages \$170.00 @ \_\_\_\_\_.**  
**Friday Dinner \$12.00 @ \_\_\_\_\_.**  
**Sunday lunch \$12.00 @ \_\_\_\_\_.**  
**Times Are Rough (TAR) donation \_\_\_\_\_.**  
**Total \_\_\_\_\_.**

► Send checks or money orders to: Brothers In Spirit, 474 Main Street, Rockland ME 04841.  
Retreat packages are available for those needing financial assistance. Contact Chair at : bis@namaine.org

# Directions



## Directions to the Notre Dame Spiritual Center, Shaker Heights Road, Alfred ME:

Maine Turnpike (I-95), take Exit 32 at Biddeford, turn right onto Route 111. Drive approximately 11 miles to the village of Alfred, turn right onto Route 202-4. About 1.6 miles on the right, immediately after a small bridge, there is a sign for Shaker Hill Road and the spiritual center. Get on Shaker Hill Road and drive to the top of the hill. You will find us in Denis Hall.