

BEG = Beginner/Newcomer
BT = Basic Text
CAN = Candlelight
CLOSED = Addicts Only
DISC = Discussion
IP = Informational Pamphlet
IW = It Works
JFT = Just For Today
LC = Living Clean
LIT = Literature

ME = Meditation
OPEN = Everyone Welcome
RT = Recovery Text
SPK = Speaker
STEP = Step Meeting
SWG = Step Working Guide
TOP = Topic
TRAD = Tradition
VAR = Alternating Format

MONDAY

Albany <i>Miracles In NA</i>	1:00 PM OPEN	♿
CDRC, 45 Colvin Avenue	VAR	
Albany <i>One Promise</i>	6:00 PM OPEN	
CDRC, 45 Colvin Avenue		
Albany <i>New Life Group</i>	7:00 PM OPEN	
Old School One, Bassett & Franklin	DISC/LIT/SPK/TOP/VAR	
Amsterdam <i>Open Arms Group</i>	6:00 PM OPEN	♿
303 East Main Street, Corner East Main & Vrooman		
Ballston Spa <i>Leap of Faith Group</i>	7:30 PM OPEN	
Hedgerow House, 994 Route 67 (Route 67 & Route 50)	BT/DISC/LIT	
Bennington, VT <i>That's Life Group</i>	7:00 PM OPEN	
2nd Congregational Church, 115 Hillside Street		
Canton <i>Stick And Stay</i>	7:00 PM OPEN	♿
Methodist Church, 41 Court Street	DISC	
Claremont, NH <i>Monday Night NA</i>	7:00 PM OPEN	♿
Episcopal Church, 120 Broad Street	VAR	
Coxsackie <i>Pay It Forward Group</i>	7:00 PM OPEN	
United Methodist Church, 70 Mansion Street	1 Hour 15 Min	
Delmar <i>Sixty Minutes to Serenity Group</i>	7:00 PM OPEN	♿
Delmar Reformed Church, 386 Delaware Avenue	STEP	
Ellenville <i>Never Alone Group</i>	7:00 PM CLOSED	
Ellenville Hospital, Route 209 (near ShopRite Plaza)	DISC	
Hogansburg <i>Red Road</i>	8:00 PM OPEN	♿
155 Route 37	DISC	
Hudson <i>A New Way</i>	7:00 PM OPEN	
Christ Episcopal Church, 431 Union Street	VAR	
Keene, NH <i>Monday Night Mechanics Group</i>	5:45 PM OPEN	
34 Mechanic Street, Serenity Center	Disc/Jft	
Kingston <i>Recovery Zone Group</i>	7:00 PM OPEN	
Methodist Church, 122 Clinton Avenue	DISC/JFT	
Malone <i>Day By Day</i>	6:00 PM OPEN	♿
175 East Orvis Street	DISC	
Massena <i>Yuppies Are Addicts Too</i>	7:00 PM OPEN	
175 Orvis Street	DISC	
Middlebury, VT <i>Just In Time Group</i>	6:30 PM OPEN	
Turning Point Club, 54 A1 Creek Road	DIS/RT	
New Paltz <i>Alive & Free Group</i>	7:00 PM OPEN	♿
Family of New Paltz, 51 North Chestnut Street, Route 32, In Back	VAR	
Pittsfield, MA <i>Deeds Not Words</i>	12:00 PM OPEN	♿
St. Stephens Episcopal Church, 67 East Street	DISC/JFT	
Pittsfield, MA <i>There is Hope Group</i>	7:00 PM OPEN	
South Congressional Church, 110 South Street	DISC/SPK	
Plattsburgh <i>Bare It All Group</i>	6:00 PM OPEN	♿
CVPH, 75 Beekman Street	1 Hour/DISC	
Poughkeepsie <i>What A Way To Start Your Day Group</i>	10:00 AM OPEN	
Arlington Reformed Church, 22 Raymond Avenue		
Poughkeepsie <i>Journey to Recovery Group</i>	6:30 PM OPEN	
St. Paul's Episcopal Church, 161 Mansion Street	STEP	
Rutland, VT <i>Break The Chains</i>	7:00 PM OPEN	
50 Merchants Row	VAR	
Saranac Lake <i>Adirondack Recovery Group</i>	6:00 PM	
57 Church Street	1 Hour/LIT	
Schenectady <i>Early Morning Jump Start</i>	8:30 AM OPEN	
Bethel AME Church, 540 Mumford Street		
Schenectady <i>Message is Hope Group</i>	7:00 PM OPEN	♿
327 Georgetta Dix Plaza	LIT/STEP/TRAD	
Thetford, VT <i>Recovery On The Hill</i>	7:30 PM OPEN	
Congregational Church 2596 VT-13	DISC	
Troy <i>We Not Me Group</i>	6:30 PM OPEN	♿
Cornerstone Community Church 570 3rd Avenue	BEG	
Watertown <i>Courage To Change</i>	7:00 PM CLOSED	♿
McCarthy Hall, 1 Sterling Place	DISC	
Watervliet <i>"12, 12 & 12 @ 12 Group"</i>	12:00 PM OPEN	
Trinity Church 1336 1st Avenue	VAR	
Woodstock <i>Monday Night Miracles Group</i>	7:00 PM OPEN	
Saint Gregory's Church, 2578 Route 212	STEP	

TUESDAY

Albany <i>First Things First</i>	7:30 AM OPEN	♿
Mt. Olive Baptist Church, 236 North Pearl Street	STEP/TRAD	
Albany <i>Miracles in NA</i>	1:00 PM OPEN	
CDRC, 45 Colvin Avenue	JFT	
Albany <i>Surrender to Win Group</i>	6:00 PM OPEN	
SEFCU Building, 388 Clinton Avenue		
Albany <i>Together on Tuesdays Group</i>	7:00 PM OPEN	♿
Saint Michael's Church, 49 Killean Park	STEP/TRAD	
Albany <i>Working the Steps Group</i>	7:00 PM CLOSED	
Old School One, Bassett & Franklin	IW/STEP/TRAD	
Albany <i>Aging In Recovery</i>	6:00 PM OPEN	
CDRC, 45 Colvin Avenue	LIT	
Amsterdam <i>Tuesday Nite Recovery Text Group</i>	7:30 PM OPEN	♿
St. Mary's Hospital, 427 Guy Park Avenue, 3rd Floor	BT	
Bellows Falls, VT <i>Share the Light</i>	7:30 PM OPEN	♿
BFHC, 1 Hospital Court, Basement	CAN/VAR	
Bristol, VT <i>Just In Time Group</i>	6:00 PM OPEN	
Federated Church, 37 North Street (Church Street Entrance)		
Ellenville <i>Star Tuesday Group</i>	7:00 PM OPEN	
St. John's Memorial Episcopal Church, 40 Market Street	STEP	
Hudson <i>Second Chance</i>	6:30 PM OPEN	♿
360 Warren Street	BT	
Keene, NH <i>In From The Storm Group</i>	7:30 PM OPEN	♿
Christ of Christ, 12 Arch Street	VAR	
Kingston <i>Peak of Serenity Group</i>	7:00 PM OPEN	
St. John's Church, 207 Albany Street	VAR	
Lebanon, NH <i>The Gift Called Life Group</i>	7:30 PM OPEN	♿
18 School Street	LIT	
Malone <i>Day By Day</i>	6:30 PM OPEN	♿
Alice Hyde Hospital, 133 Park Street, 2nd Floor	DIS	
Manchester Village, VT <i>The Last Straw</i>	6:30 PM OPEN	
1st Congregational Church, Room 102, 3624 Main Street	SWG	
New Paltz <i>Clean & Serene Group</i>	7:00 PM OPEN	
United Methodist Church, 1 Grove Street, Corner of Main Street	BEG/VAR	
North Adams, MA <i>Each Day A New Beginning Group</i>	7:00 PM OPEN	
All Saints Church, 59 Summer Street	VAR	
Ogdensburg <i>Stay Focus Recovery Works</i>	6:30 PM OPEN	♿
401 Franklin Street	DISC	
Pittsfield, MA <i>Deeds Not Words</i>	12:00 PM OPEN	♿
St. Stephens Episcopal Church, 67 East Street	DISC/JFT	
Pittsfield, MA <i>I Can't, We Can Group</i>	7:00 PM OPEN	
Berkshire Correction Facility, 264 2nd Street	DISC/TOP	
Port Henry <i>Learning to Live</i>	6:00 PM OPEN	♿
St. Patrick's Community Center, 12 St. Patrick Place	STEP	
Plattsburgh <i>Bare It All Group</i>	7:30 PM OPEN	
CVPH, 75 Beekman Street, Auditoriums A, B or C	DISC	
Pleasant Valley <i>We Do Recover Group</i>	7:30 PM OPEN	
First Presbyterian Church, 1576 Main Street	VAR	
Poughkeepsie <i>What A Way To Start Your Day</i>	10:00 AM OPEN	
Arlington Reform Church, 22 Raymond Avenue		
Poughkeepsie <i>Come As You Are Group</i>	6:30 PM OPEN	
Eastman Towers (Community Room) 22 Montgomery Street	DISC	
Rutland, VT <i>Last Connection Group</i>	7:00 PM OPEN	
1 Field Avenue	DISC	
Rensselaer <i>Steps Are A New Beginning</i>	6:30 PM CLOSED	♿
St. Mary's, 163 Columbia Turnpike	SWG/SPK	
Saratoga Springs <i>Invitation to Live Group</i>	7:30 PM OPEN	♿
Unitarian Universalist Church, 624 North Broadway	LIT	
Schenectady <i>Early Morning Jump Start</i>	8:30 AM OPEN	
Bethel AME Church, 540 Mumford Street		
Schenectady <i>Hope Without Dope Group</i>	7:00 PM OPEN	
327 Georgetta Dix Plaza		
Schoharie <i>Schoharie Out of Clinic</i>	5:00 PM OPEN	
113 Park Place	1 Hour/TOP	
Troy <i>How & Why Group</i>	7:00 PM OPEN	♿
YWCA, 21 1st Street		
Watertown <i>Hope Fiends</i>	6:30 PM OPEN	♿
McCarthy Hall, 1 Sterling Place	DISC	
Watervliet <i>"12, 12 & 12 @ 12 Group"</i>	12:00 PM OPEN	
Trinity Church 1336 1st Avenue	VAR	

WEDNESDAY

Albany <i>First Things First</i>	7:30 AM OPEN	♿
Mt. Olive Baptist Church, 236 North Pearl Street	STEP/TRAD	
Albany <i>Miracles In NA</i>	1:00 PM OPEN	♿
CDRC 45 Colvin Avenue	STEP/TRAD	
Albany <i>Better Perspectives Group</i>	6:00 PM OPEN	
45 Colvin Avenue	1 hour/JFT	
Albany <i>Wednesday Night Step Group</i>	7:00 PM OPEN	♿
McKownville United Methodist Church, 1565 Western Avenue	SPK/STEP/TRAD	

Amsterdam <i>Seen The Light Group</i>	12:00 PM OPEN	♿
St. Anne, 37 Division	No Children	
Beaver Falls <i>Good Orderly Direction</i>	7:00 PM OPEN	
Salem Christian Church, 9586 Beaver Falls Road	VAR	
Bennington, VT <i>L.I.F.E.</i>	12:00 PM OPEN	♿
Turning Point Center, 465 Main Street	DISC	
Brattleboro, VT <i>The Ones Who Survive Group</i>	7:00 PM OPEN	♿
Trinity Lutheran Church, 161 Western Avenue	VAR	
Canton <i>Stick And Stay</i>	7:00 PM OPEN	♿
Methodist Church, 41 Court Street	DISC	
Catskill <i>No Matter What Group</i>	7:00 PM OPEN	
United Methodist Church, 40 Woodland Avenue	VAR	
Ellenville <i>Midweek Miracles Group</i>	7:00 PM OPEN	
Family of Ellenville, 221 Towpath Street	DISC/STEP/TRAD	
Glens Falls <i>The NA Way</i>	7:00 PM OPEN	
13 Crandall Street	VAR	
Gloversville <i>Mid-Week Gratitude Group</i>	7:00 PM OPEN	♿
First Free Methodist Church, 1200 County Highway 122	VAR	
Great Barrington, MA <i>Great Barrington NA</i>	7:00 PM	
1st Congregational Church, 251 Main Street	DISC/LIT	
Hyde Park <i>Principles Before Personalities Group</i>	7:00 PM OPEN	
Regina Coeli Catholic Church, 2 Harvey Street, House behind church	VAR	
Kingston <i>Lifeline Group</i>	7:00 PM OPEN	
Saint James Methodist Church, 35 Pearl Street, (entrance at Fair Street)	JFT/LC/SPK/Ask it Basket	
Lebanon, NH <i>All Will Be Well</i>	7:30 PM OPEN	♿
Masonic Lodge, 23 Green Street	CAN	
Malone <i>Day By Day</i>	6:00 PM OPEN	♿
Crisis and Recovery Center, 15 4th Street	DISC	
Pittsfield, MA <i>Deeds Not Words</i>	12:00 PM OPEN	♿
St. Stephens Episcopal Church, 67 East Street	DISC/JFT	
Pittsfield, MA <i>Willingness on Wednesday Group</i>	7:00 PM OPEN	♿
First United Methodist Church, 55 Fenn Street		
Pittsfield, MA <i>Step By Step Group</i>	7:30 PM CLOSED	♿
George B.Crane Memorial, 81 Linden Street	CAN/SPK/STEP	
Plattsburgh <i>Bare It All Group</i>	7:30 PM OPEN	♿
CVPH, 75 Beekman Street, Auditoriums A, B or C	1 Hour/DISC	
Poughkeepsie <i>What A Way To Start Your Day</i>	10:00 AM OPEN	
Arlington Reform Church, 22 Raymond Avenue		
Poughkeepsie <i>Based on the Evidence II Group</i>	5:00 PM OPEN	
Arlington Reformed Church, 22 Raymond Avenue	VAR	
Red Hook <i>Recovery In Red Hook</i>	6:30 PM OPEN	
Northern Dutchess Bible Church, 59 Fisk Avenue		
Rensselaer <i>Full Message Group</i>	6:00 PM OPEN	♿
Saint Mary's Church, 163 Columbia Turnpike, Routes 9 & 20	BT	
Rutland, VT <i>A New Way To Live</i>	7:00 PM OPEN	
RRMC Leahy Center, 160 Allen Street, Conference Room	DISC	
Saratoga Springs <i>The Race is Over Group</i>	7:30 PM OPEN	♿
Unitarian Universalist Church, 624 North Broadway	DISC/STEP/TRAD	
Schenectady <i>Early Morning Jumpstart</i>	8:30 AM OPEN	
Bethel AME Church, 540 Mumford Street		
Schenectady <i>Midday Recovery Group</i>	1:00 PM OPEN	♿
Emmanuel-Friedens Church, 218 Nott Terrace		
Schenectady <i>Ties That Bind Us Together</i>	7:00 PM OPEN	
218 Nott Street	1 Hour/VAR	
Ticonderoga <i>518</i>	7:00 PM OPEN	♿
Prevention Office, 173 Lord Howe Street		
Wappingers Falls <i>Miracles Happen Group</i>	7:30 PM CLOSED	
Mount Alvernia Retreat Center, 158 Delavergne Avenue	CAN/STEP	
Watertown <i>Courage To Change</i>	7:00 PM OPEN	♿
McCarthy Hall, 1 Sterling Place	DISC	
Watervliet <i>"12, 12 & 12 @ 12 Group"</i>	12:00 PM OPEN	
Trinity Church 1336 1st Avenue	VAR	
Watervliet <i>Out of the Text Group</i>	7:30 PM OPEN	♿
Trinity Church, 1336 1st Avenue	BEG/BT	

THURSDAY

Albany <i>First Things First</i>	7:30 AM OPEN	♿
Mt. Olive Baptist Church, 236 North Pearl Street	STEP/TRAD	
Albany <i>Moment of Clarity Group</i>	1:00 PM OPEN	♿
58 Alexander Street., Elizabeth Street side door	STEP	
Albany <i>Living the Program Group</i>	6:00 PM	
45 Colvin Avenue, CDRC	1 hour	
Albany <i>Gift of Desperation Group</i>	7:00 PM	
Old School One, Bassett & Franklin Street		
Albany <i>All Are Welcome GLBT Group</i>	7:30 PM OPEN	♿
Pride Community Center, 332 Hudson Avenue	IP/SPK/STEP	
Amsterdam <i>Open Arms Group</i>	6:00 PM OPEN	♿
303 East Main Street, Corner East Main & Vrooman		
Canton <i>Stick And Stay</i>	7:00 PM OPEN	♿
Methodist Church, 41 Court Street	DISC	
Cohoes <i>The Last Train Group</i>	7:00 PM OPEN	♿
The Senior Community Center, 10 Cayuga Plaza		

Coxsackie <i>Pay it Forward Group</i>	7:00 PM OPEN	
United Methodist Church, 70 Mansion Street	1 hour 15 min./STEP	
Ellenville <i>Share and Care Group</i>	7:00 PM	
Ellenville Hospital, Route 209 (near ShopRite Plaza)	JFT/No Children	
Green Island <i>Vision of Unity</i>	7:00 PM OPEN	
19 George Street	LIT/SPIRITUAL PRINCIPLES	
Hopewell Junction <i>Searching for Serenity Group</i>	7	

