Sat 6:00PM Saturday Lock Down We Do Recover Group, SEFCU Bldg, 388 Clinton Avenue, Albany, NY, 12206 (O,St,Tr)

Sat 6:00PM Vision of Hope Group, 313 Clinton St, Schenectady, NY, 12305 (O)

**Sat 7:00PM Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (D,O,RF,WC)

**Sat 7:00PM Journey on the Hill Group**, St. Luke's Church, 40 McBride Rd, Mechanicville, NY, 12118 (O,RF,WC)

Sat 7:00PM Pay it Forward Group, https://zoom.us/join Meeting ID: 851 630 521, Password: 983923, Coxsackie, NY (O,St,VM)

Sat 7:00PM Saturday Night 12 & 12 Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, Pittsfield, MA, 01201 (O,St,Tr,WC,NS)

Sat 7:00PM Saturday Night NA, 141 State St, Rutland, VT, 05701 (D,O)

Sat 7:00PM You Are Here Group (In Person & Online), Zoom https://us06web.zoom.us/j/83154677886 PW: NA. Phone 929 205 6099 Phone PW: NA, Federated Church, 16 Pleasant St, Marlborough, NH, 03455 (O,RF,Tr,WC,HY)

Sat 7:30PM The Journey of Recovery Group, SPARC, Enter on Krank St., 64 Second Ave, Albany, NY, 12202 (O,RF,WEB)

Sat 7:30PM The Message is HOPE, Ryan's HOuse, 19 Barclay St., Saugerties, NY, 12477 (RF,SD,St,LC)

**Sat 7:30PM Vision of Hope Group**, Full Gospel Center, 1138 Route 55, LaGrangeville, NY (D,JT,O,RF)

# NARCOTICS ANONYMOUS ABCD REGION MEETING LIST



# [DATE]

Helplines	
ABCD Region	315-847-3842
Green Mountain Area	802-265-6414
Berkshire Area	413-443-4377

### SUNDAY

**Sun 8:30AM Upstate NY Morning Wake Up Group**, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

**Sun 9:00AM The Breakfast Club (In person & online)**, Zoom: https://zoom.us./j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731, 36 Carpenter St., Keene, NH, 03431 (BT,O,St,Tr,WEB,HY)

Sun NOON Potsdam Group, Potsdam Library, 2 Park St., Potsdam, NY, 13676

**Sun 1:00PM A Set Of Principles**, The Delafield Community Center, 109 Delafield St, poughkeepsie, NY, 12601 (RF,BK)

**Sun 1:00PM Hope & Glory Group**, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (C,IW,St,Tr)

**Sun 4:30PM Last Chance**, Single Purpose, 291 Mill St, Poughkeepsie, NY, 12601 (JT,St,LC)

**Sun 5:00PM King's Men Do Recover**, Fair Street Reformed Church, 209 Fair Street, Kingston, NY, 12401 (JT,OE)

**Sun 5:00PM Last Straw Group (In Person Only)**, 1st Congregational Church, Rm 102, 3624 Main St, Manchester Village, VT, 05255 (O,BK)

**Sun 6:00PM Back To Life**, Family of Ellenville, 221 Canal St., Ellenville, NY, 12428 (LC)

**Sun 6:00PM Circle of Recovery Group**, SEFCU Bldg, 388 Clinton Ave, Albany, NY, 12206 (O,SD,NS)

**Sun 6:00PM NA Clean Team Group**, Bethany Church, 760 New Scotland Avenue, Albany, NY, 12208 (O,SD,WC,HY)

**Sun 6:30PM Addicts In The Attic Group**, Hilcrest Hospital, 1st Floor, 165 Tor Ct., Pittsfield, MA (O,SD,WC,NS)

**Sun 6:30PM Here Again Group**, St. Michael's Church, 80 Saratoga Ave, South Glens Falls, NY, 12803

**Sun 7:00PM Courage to Change Group**, 218 Nott Terrace, Schenectady, NY, 12305 (O,WC,NS)

Sun 7:00PM Green Mountain Men (Online Only), Zoom: https://us06web.zoom.us/j/83727286535 PW: NA. Phone 3017158592 PW: 466530 (M,WEB,VM)

**Sun 7:00PM Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (O,WC)

**Sun 7:00PM Principles Before Personalities Group**, Regina Coeli Catholic Church, Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, Hyde Park, NY, 12538 (BT,O,SG,BK)

Sun 7:00PM Step It Up (InPerson &Online), Zoom Link https://zoom.us/j/92050814073 PW: NA Phone 646 876 9923 Phone Password: 440303Dial In:, 62 Pleasant St, Unit 4, Broad St entrance, Claremont, NH, NH, 03743 (D,O,RF,W,HY)

**Sun 7:00PM Sunday Shenanigans Group**, Rear lot, blue awning, 125 High Rock Avenue, Saratoga Springs, NY, 12866 (JT,O,NS,HY)

Sun 7:00PM Time To Shine Group, 146 1st Street, Troy, NY, 12180 (JT,O,WC)

MONDAY

**Mon 7:30AM First Things First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (O,St,Tr,NS)

Mon 8:30AM Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

Mon 10:00AM Unity in the Community, 17 Rose St.-Community Room 2nd Floor, 17 Rose St, Poughkeepsie, NY, 12601 (JT)

**Mon NOON Deeds Not Words Group**, George Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (D,JT,O,WC,NS)

Mon NOON Just for Today Group, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, Odgensburg, NY, 13669

Mon NOON The 12, 12 & 12 @ 12 Group, 1336 1st Ave, Watervliet, NY, 12189 (O,WC,NS,CP,HY)

Mon 1:00PM Courage to Change, Anchor Recovery Center, 241 State St, Watertown, NY, 13601 (JT,O,WC)

Mon 1:00PM Miracles in NA Group, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (O,RF,NS)

Mon 5:45PM Living Just for Today (Online Only), Zoom Link: https://us06web.zoom.us/j/95476368853 PW: NA Dial In By Phone929 436 2886 :, 03431 (D,JT,O,VM)

**Mon 6:00PM Island of Misfit Toys Group**, Creative Connections Clubhouse, 303 East Main Street, Amsterdam, NY, 12020 (O,NS,HY)

**Mon 6:00PM New Life Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (O,RF,SD,To,NS)

**Mon 6:30PM Journey to Recovery Group**, St. Paul's Episcopal Church, 161 Mansion Street, Poughkeepsie, NY, 12601 (D,O,SD)

**Mon 6:30PM Under Construction**, 13 Crandall St, 13 Crandall St, Glens Falls, NY, 12801 (D,O)

**Mon 6:30PM We Not Me Group**, St. Mary's Hospital, Use main entrance on Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, Troy, NY, 12180 (B,O,WC,NS)

**Mon 7:00PM Alive and Free Group**, Family of New Paltz, building in the back, 51 N. Chestnut Street, New Paltz, NY, 12561 (D,IP,JT,O,To,WC,BK)

**Mon 7:00PM Back to Basics Group (In Person Only)**, 2nd Congregational Church, 115 Hillside Ave, Bennington, VT, 05201 (D,O,WC,BK)

**Mon 7:00PM Full Change Group**, 218 Nott Terrace, Schenectady, NY, 12305 (O,WC)

**Mon 7:00PM Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (D,O,WC)

Mon 7:00PM Keeping It Clean Kerhonkson, Federated Church of Kerhonkson, 35 42nd street, Kerhonkson, NY, 12446 (RF)

Mon 7:00PM Leap of Faith Group, First Presbyterian Church, 22 West High Street, Ballston Spa, NY, 12020 (B,BT,D,IP,O,St,NS)

Mon 7:00PM MISSION TO RECOVERY, Fair Street Reformed Church, 209 Fair Street, KINGSTON NY, NY, 12401 (WC)

Mon 7:00PM Monday Night Miracles Group, St. Gregory's Church, 2578 Rt. 212, Woodstock, NY, 12498 (O,SD,St)

**Mon 7:00PM Monday Night NA (Online & In Person)**, Zoom Link: https://zoom.us/j/91692711848 PW: NA, 120 Broad St (Trinity Episcopal Church), Claremont, NH, 03743 (O,RF,WC,WEB,HY)

Mon 7:00PM Pay it Forward Group, https://zoom.us/join Meeting ID: 645 160 958, Password: 625 244, Coxsackie (O,St,VM)

**Mon 7:00PM Recovery is Real Group**, St. John's Episcopal Church, 1 N Market Street, Johnstown, NY, 12095 (O,RF,WC,NS)

Mon 7:00PM Red Road, 18 Eagle Dr, Hogansburg, NY, 13655 (D,O,WC)

**Mon 7:00PM Road to Recovery**, Community room in basement, Press button at door to be admitted to building, 728 Madison Ave, Albany, NY, 12208 (IP,St,WC)

**Mon 7:00PM There is Hope Group**, Saint Charles Church, 89 Briggs Ave, Pittsfield, MA, 01201 (D,O,SD,NS)

Mon 7:30PM Keep Hope Alive, Zion Episcopal Church, 12 Satterlee Pl, Wappingers Falls, NY, 12590 (RF,WC)

#### TUESDAY

**Tue 7:30AM First Things First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (O,St,Tr,NS)

**Tue 8:30AM Upstate NY Morning Wake Up Group**, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

**Tue NOON Deeds Not Words Group**, George Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (D,JT,O,WC,NS)

**Tue N00N The 12, 12 & 12 @ 12 Group**, 1336 1st Ave, Watervliet, NY, 12189 (O,To,NS,HY)

**Tue 1:00PM Miracles in NA Group**, CDRC, 2nd floor side entrance, 45 Colvin Ave, Albany, NY, 12206 (JT,O,NS)

**Tue 6:00PM Surrender To Win Group**, SEFCU Bldg, 388 Clinton Ave, Albany, NY (O,NS)

Tue 6:30PM Cancer in Recovery Group, NY, 12534 (C,VM)

**Tue 6:30PM Come As You Are**, St. Paul's Episcopal, 161 Mansion St., Poughkeepsie, NY, 12601 (D)

**Tue 6:30PM Steps Are a New Beginning Group**, Blooming Grove Reformed Church, 706 Blooming Grove Drive, Rensselaer, NY, 12144 (O,SG,So,NS)

**Tue 6:30PM The Last Straw Group ( Online & In Person)**, join by phone: 929 436 2866 PW: 385106, Join URL: https://zoom.us/j/729220920 PW: NA, 3624 Main St (1st Congregational Church (Rm 102)), Manchester Village, VT, 05254 (IP,O,WC,BK,HY)

**Tue 6:30PM You Are Never Alone**, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, Pittsfield, MA, 01201 (O,NS)

**Tue 7:00PM Clean & Serene Group**, United Methodist Church, 1 Grove St., New Paltz, NY, 12561 (D)

**Tue 7:00PM Each Day A New Beginning Group**, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, North Adams, MA, 01220 (JT,O,RF,SD,NS)

**Tue 7:00PM Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (D,O,WC)

**Tue 7:00PM Hope Without Dope Group**, Refreshing Spring Church, 327 Georgetta Dix Plaza, Schenectady, NY, 12307 (O,WC,NS)

**Tue 7:00PM How and Why Group**, Cornerstone Community Church, 570 Third Avenue, Troy, NY, 12182 (O,WC,NS)

**Tue 7:00PM Invitation To Live Group**, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, Saratoga Springs, NY, 12866 (O,RF,SD,St,To,Tr,WC,LC)

**Tue 7:00PM Last Connection Group (In Person Only)**, 141 State St, Rutland, VT, 05701 (D,O)

Fri 7:00PM Freedom On Friday, Holy Cross Church, 30 Pine Grove Ave, kingston, NY, 12401 (JT,RF,SD,LC)

Fri 7:00PM Hope N Honesty Group, Rob Constantine Recovery Community, 33 Bleecker St Suite101, Gloversville, NY, 12078 (D,O,WC)

**Fri 7:00PM Hope in Hudson Group**, Trinity United Methodist Church, 555 Joslen Blvd, Hudson, NY, 12534 (CL,O,RF)

**Fri 7:00PM Hope, Faith and Courage**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (O,WC)

Fri 7:00PM Mixed Nuts (In Person & Online), Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934 PW: NA, 39 Elm Street, Brattleboro, VT (O,SD,HY)

Fri 7:00PM Pay It Forward Group, United Methodist Church, 70 Mansion Street, Coxsackie, NY (St)

Fri 7:00PM Reality Group of NA, 88 4th Ave, Albany, NY, 12202 (WC)

Fri 7:00PM Step Into the Light, 7 Morgan St, Springfield, VT, 05156 (IW,O,WC)

Fri 7:00PM Thank God I'm Free Group, Hays Place - Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (D,O,So,WC,NS)

Fri 7:00PM The End Of The Road Group, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, Saratoga Springs, NY, 12866 (B,O)

**Fri 7:00PM The Journey Continues Group**, Cornerstone Community Church, 570 3rd Ave, Troy, NY (O,RF,WC)

Fri 7:15PM Out of the Fog (In Person Only), Speaker 1st Friday, 314 U.S. 4, Enfield, NH (D,O,SD,WC)

Fri 7:30PM Change or Die, St Andrew's Church, 15 South Avenue, Beacon, Beacon, NY, 12508 (St,Tr,WC,BK)

**Fri 9:00PM Never Too Late Group**, Zion Lutheran Church, 74 First Street, Pittsfield, MA (O,RF)

# SATURDAY

Sat 8:30AM Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

Sat 9:00AM Saturday Morning Miracles, St. Marys, 163 Columbia Turnpike, Rensselaer, NY (D,O,WC,BK)

Sat 10:00AM Dead Man Walking, 2nd Floor, 553 Clinton Avenue, Albany, NY, 12206 (O,St,WC)

**Sat 10:00AM God Shaped Hole Group**, Fair Street Reformed Church, 209 fair st, Kingston, NY, 12401 (D,IP,JT,St)

**Sat 10:00AM Never Alone Group**, St. Mary's Hospital, Use Main Entrance on Massachusetts Ave then to the left, 1300 Massachusetts Ave, Troy, NY, 12180 (D,O,WC)

**Sat 10:00AM New Beginnings Group**, Salvation Army, 570 Main St, Poughkeepsie, NY, 12601 (IP,JT,O)

Sat 10:00AM Recovery At Sunrise Group, Recovery at Sunrise, 313 Clinton Street, Schenectady, NY, 12305 (D,O,St,Tr)

Sat 2:00PM Steps Toward A Better Life, Blooming Grove Reformed Church, 706 Bloomingrove Drive, Rensselaer, NY, 12144 (O,RF)

Sat 5:00PM Loving and Caring, Beth-El Church of God, 91Hooker Avenue, Poughkeepsie, NY, 12601 (O)

**Tue 7:00PM New Adventures**, TLC family resource center Broad St entrance, 62 Pleasant St, Claremont, NH, 03743 (JT,O,WC)

Tue 7:00PM Out of the Darkness, 7 Morgan St, Springfield, VT, 05156 (O,RF,WC)

**Tue 7:00PM Peak Of Serenity**, St. John's Episcopal Chruch, 207 Albany Ave., Kingston, NY, 12401 (O,St)

Tue 7:00PM The Gift Called Life Group (In Person Only), 18 School Street, Lebanon, NH (O,WC,BK)

Tue 7:00PM Together On Tuesdays Group, St Michael's Church, 49 Killean Park, Albany, NY (O,St)

Tue 7:30PM In From The Storm Group ( In Person Only), 36 Carpenter St., Keene, NH, 03431 (O,RF,WC)

**Tue 7:30PM We Do Recover**, First Presbyterian Church, 1576 Main St. (Rt. 44), Pleasant Valley, NY, 12569 (B,St)

# WEDNESDAY

**Wed 7:30AM First Thing First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (O,St,Tr,NS)

Wed 8:30AM Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

**Wed NOON Deeds Not Words Group**, George Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (D,JT,O,WC,NS)

**Wed NOON Just for Today Group**, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, Odgensburg, NY, 13669

Wed NOON The 12, 12 & 12 @ 12 Group, 1336 1st Ave, Watervliet, NY, 12189 (O,Tr,NS,HY)

**Wed 1:00PM Miracles In NA Group**, CDRC, 2nd floor side entrance, 45 Colvin Ave., Albany, NY, 12206 (O,St,Tr,NS)

**Wed 6:00PM Full Message Group**, Saint Mary's Church, 163 Columbia Turnpike, Rensselaer, NY, 12144 (BT,O,WC)

**Wed 6:00PM Lifeline Group**, St. James Chruch, 35 Pearl St., Kingston, NY, 12401 (JT,WC)

**Wed 6:00PM Step Into Your Life Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206 (C,SG)

**Wed 6:30PM Based on the Evidence II Group**, St. Paul's Episcopal Church, 161 Mansion St., Poughkeepsie, NY, 12601 (B,St,To)

Wed 6:30PM Our Best Guarantee Group, St. Mary's Hospital, Use main entrance near parking garage, 1300 Massachusetts Ave, Troy, NY, 12180 (O,RF,SD,St,Tr,WC)

**Wed 7:00PM All Will Be Well Group (Online & In Person)**, Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL: https://zoom.us/j/476126708 PW: NA, 62 Pleasant St, Claremont,, NH, 03743 (CL,O,HY)

Wed 7:00PM Hope Fiends, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, Watertown, NY, 13601 (O,St,WC)

Wed 7:00PM Mid-Week Miracles, Family of Ellenville, 221 Canal Street, Family of Ellenville, NY, 12428

Wed 7:00PM Never Alone Never Again, 5520 Jackson St, Lowville, NY, 13367

Wed 7:00PM No Matter What Group, 40 Woodland Ave, Catskill, NY, 12414 (CL,O,RF)

Wed 7:00PM Out of the Text Group, Trinity Church, 1336 1st Avenue, Watervliet, NY, 12189 (B,BT,O,SD,WC)

**Wed 7:00PM Out of the Woods (Online & In Person)**, Divided Sky Foundation bldg., https://us06web.zoom.us/j/84203473867 PW: NA, 262 Fox Lane, Ludlow, VT, 05149 (RF,WC,HY)

**Wed 7:00PM Principles Before Personalities Group**, Regina Coeli Catholic Church (Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, Hyde Park, NY, 12538 (BT,O,SG,BK)

Wed 7:00PM Recovery In Progress, Bard College, Olin LC, Room 118, 77 Campus Rd, Red Hook, NY, 12504 (O,RF,SD)

**Wed 7:00PM Serenity in the Valley**, Outside @ the Pavilion, 100 Main Road, Tyringham, MA, 01264 (So)

**Wed 7:00PM The Race Is Over Group**, in Sanctuary, 1 hr, 24 Circular Street, Saratoga Springs, NY, 12866 (BT,D,O,St,Tr,WC)

Wed 7:00PM Ties That Bind Us Together Group, 218 Nott Terrace, Schenectady, NY, 12305 (O,WC,NS)

**Wed 7:00PM Wednesday Night Step Group**, McKownville Methodist Church, 1565 Western Ave., Albany, NY (O,So,St,Tr,WC)

Wed 7:30PM Step By Step Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, Pittsfield, MA, 01201 (CL,O,SD,St,Tr,WC,NS)

### THURSDAY

**Thu 7:30AM First Thing First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, Albany, NY, 12206

Thu 8:30AM Upstate NY Morning Wake Up Group, +1 646 558 8656 US (New York), Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

**Thu NOON Deeds Not Words Group**, George Crane Center, Hays Place & Linden Street, 81 Linden Street, Pittsfield, MA, 01201 (D,JT,O,WC,NS)

Thu NOON The 12,12 & 12 @ 12 Group, 1336 1st Ave, Watervliet, NY, 12189 (O,NS,HY)

**Thu NOON There Is Still Hope (In Person Only)**, Upper Valley Turning Point, 200 Olcott Drive, Wilder, VT, 05001 (O,RF,SD,WC)

Thu 1:00PM Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave., Albany, NY, 12206 (O)

**Thu 6:00PM Island of Misfit Toys Group**, Creative Connections Clubhouse, 303 East Main Street, Amsterdam, NY, 12020 (O,WC,HY)

**Thu 6:00PM Living Clean Group (In Person Only)**, Turning Point Club, 141 State Street, Rutland, VT (D,O,RF)

Thu 6:30PM A Spiritual Principle A Day Group, CDRC, 45 Colvin Ave, Albany, NY, 12206 (O,WC)

Thu 6:30PM Clean & Free Group, St Paul's Episcopal Church, 161 Mansion St., Poughkeepsie, NY, 12601 (RF)

**Thu 6:30PM No Addict Need Die Group**, The Salvation Army of Glens Falls, Use Irongate Entrance, off Crandall Street, 37 Broad Street, Glens Falls, NY, 12801 (O)

**Thu 6:30PM The Last Straw Group ( In Person Only)**, 3624 Main Street (1st Congregational Church, Rm 102), Manchester Village, VT, 05254 (D,JT,O,WC)

Thu 6:30PM Vision of Hope, 21 1st Street (YMCA), Troy, NY, NY, 12180 (W)

**Thu 7:00PM Adirondack Recovery Group**, Presbyterian Church, 57 Church St, Saranac Lake, NY (JT,O,WC)

Thu 7:00PM All Are Welcome Group, 362 State Street, Basement Door (corner of Willet & State), Albany, NY, 12210 (IP,O,SD,St,WC,NS)

**Thu 7:00PM Each Day A New Beginning Group**, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, North Adams, MA, 01220 (JT,O,NS)

**Thu 7:00PM Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot, 1 Sterling Place, Watertown, NY, 13601 (O,St,WC)

Thu 7:00PM Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, Claremont, NH, 03743 (O,RF,WC,HY)

**Thu 7:00PM Serenity Group**, Christ Church, 970 State St, Schenectady, NY, 12307 (B,O,RF,WC,CW)

Thu 7:00PM The Last Train Group, The Senior Community Center, 10 Cayuga Plaza, Cohoes, NY, 12047 (O,RF,WC,NS)

Thu 7:00PM Together We Can Group (Online & In Person)), Zoom: https://us04web.zoom.us/j/9500259596 PW: NA dial by phone: 929-205-6099, 10 S Park St, Lebanon, NH, 03766 (O,WC,BK,HY)

**Thu 7:00PM We Can Group (In Person Only)**, The Serenity Center, 24 Vernon St, Keene, NH, 03431 (JT,O,RF,WC)

Thu 7:30PM Healing Haven Group, 14 Dormitory Drive, Plattsburgh, NY, 12903

Thu 7:30PM Just For Tonight Group (WEB,VM)

Thu 7:30PM Living Clean Group, Hays Place - Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (BT,IP,IW,O,WC,NS)

## FRIDAY

Fri 7:30AM Friday Morning Surrender, 161 Central Ave, Albany, NY, 12206 (O,WC)

Fri 8:30AM Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, Schenectady, NY (VM)

Fri 10:00AM Unity in the Community, 17 Rose St.-Community Room 2nd Floor, Community Room 2nd Floor, 17 Rose St.-, Poughkeepsie, NY, 12601 (St,Tr)

**Fri NOON Deeds Not Words Group**, George Crane Center, 81 Linden Street, Pittsfield, MA, 01201 (D,JT,O,WC,NS)

Fri NOON The 12,12 & 12 @ 12 Group, 1336 1st Ave, Watervliet, NY, 12189 (O,St,HY)

Fri 1:00PM Miracles In NA, CDRC, 2nd floor side entrance, 45 Colvin Ave., Albany, NY, 12206 (O)

Fri 6:00PM Pathway to Freedom Group, Enter on Robin St side. Off street parking available, 498 Clinton Ave, Albany, NY, 12206

**Fri 6:30PM Living Proof**, St Paul's Episcopal Chruch, 161 Mansion st., Poughkeepsie, NY, 12601 (M,RF)

**Fri 7:00PM A New Way To Live Group**, New Choices Recovery Center, Back Door, 728 State Street, Schenectady, NY, 12307 (O,WC)

Fri 7:00PM Elizabethtown, United Church of Christ, This is the new location as of May 2025, 7580 Court St, Elizabethtown, NY, 12932 (O)

Fri 7:00PM Free On Friday Group, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, North Adams, MA, 01247 (C,St,Tr,NS)