

SUNDAY	
1-2:30P	Albany Hope & Glory Group, M CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206
6-7:30P	Albany Circle of Recovery Group, M SEFCU Bldg, 388 Clinton Ave, NY, 12206
6-7:30P	Albany NA Clean Team Group, M Bethany Church, 760 New Scotland Avenue, NY, 12208
7-8PM	Claremont, NH Step It Up (InPerson &Online), Zoom Link https://zoom.us/j/92050814073 PW: NA Phone 646 876 9923 Phone Password: 440303Dial In:, 62 Pleasant St, Unit 4, Broad St entrance, NH, 03743
6-7PM	Ellenville Back To Life, Family of Ellenville, 221 Canal St, NY, 12428
7-8:30P	Hyde Park Principles Before Personalities Group, Regina Coeli Catholic Church, Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538
9-10AM	Keene The Breakfast Club (In person & online), Zoom: https://zoom.us/j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731, 36 Carpenter St., NH, 03431
5-6:30P	Kingston King's Men Do Recover, M Fair Street Reformed Church, 209 Fair Street, NY, 12401
7-8PM	Green Mountain Men (Online Only), Zoom: https://us06web.zoom.us/j/8372728653 5 PW: NA. Phone 3017158592 PW: 466530
6:30-7:45PM	Pittsfield Addicts In The Attic Group, Hilcrest Hospital, 1st Floor, 165 Tor Ct., MA
NOON-1PM	Potsdam Potsdam Group, 1PM Potsdam Library, 2 Park St., NY, 13676
1-2PM	poughkeepsie A Set Of Principles, The Delafield Community Center, 109 Delafield St, NY, 12601
4:30-5:30PM	Poughkeepsie Last Chance, 30PM Single Purpose, 291 Mill St, NY, 12601
7-8PM	Saratoga Springs Sunday Shenanigans Group, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866
8:30-10AM	Schenectady Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, NY
7-8:30P	Schenectady Courage to Change Group, M Group, 218 Nott Terrace, NY, 12305
6:30-7:45PM	South Glens Falls Here Again Group, St. Michael's Church, 80 Saratoga Ave, NY, 12803
7-8:30P	Troy Time To Shine Group, 146 1st M Street, NY, 12180
7-8:30P	Watertown Hope Fiends, McCarthy M Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601
4-5:15P	Wilder Our Journey in NA, 200 M Olcott Ave, VT, 05001
MONDAY	
7:30-9A	Albany First Things First Group, M CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1-2PM	Albany Miracles in NA Group, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206
6-7:30P	Albany New Life Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
7-8PM	Albany Road to Recovery, Community room in basement, Press button at door to be admitted to building, 728 Madison Ave, NY, 12208
6-7:30P	Amsterdam Island of Misfit Toys Group, Creative Connections Clubhouse, 303 East Main Street, NY, 12020
7-8:30P	Ballston Spa Leap of Faith Group, M First Presbyterian Church, 22 West High Street, NY, 12020
7-8:30P	Bennington Back to Basics Group (In Person Only), 2nd Congregational Church, 115 Hillside Ave, VT, 05201
7-8:15P	Claremont Monday Night NA (Online & In Person), Zoom Link: https://zoom.us/j/91692711848 PW: NA, 120 Broad St (Trinity Episcopal Church), NH, 03743
7-8:15P	Coxsackie Pay it Forward Group, M https://zoom.us/join Meeting ID: 645 160 958, Password: 625 244
6:30-7:30PM	Glens Falls Under Construction, 30PM 13 Crandall St, 13 Crandall St, NY, 12801
7-8:30P	Hogansburg Red Road, 18 Eagle M Dr, NY, 13655
7-8PM	Johnstown Recovery is Real Group, St. John's Episcopal Church, 1 N Market Street, NY, 12095
7-8:30P	KINGSTON NY MISSION TO RECOVERY, Fair Street Reformed Church, 209 Fair Street, NY, 12401

7-8:30P	New Paltz Alive and Free Group, M Family of New Paltz, building in the back, 51 N. Chestnut Street, NY, 12561
5:45-6:45PM	Living Just for Today (Online Only), 5PM Zoom Link: https://us06web.zoom.us/j/95476368853 PW: NA Dial In By Phone929 436 2886 :, 03431
NOON-1PM	Ogdensburg Just for Today Group, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON-1PM	Pittsfield Deeds Not Words Group, George Crane Center, 81 Linden Street, MA, 01201
7-8:30P	Pittsfield There is Hope Group, M Saint Charles Church, 89 Briggs Ave, MA, 01201
10-11:30AM	Poughkeepsie Unity in the Community, 17 Rose St-Community Room 2nd Floor, 17 Rose St, NY, 12601
6:30-8PM	Poughkeepsie Journey to Recovery Group, St. Paul's Episcopal Church, 161 Mansion Street, NY, 12601
8:30-10AM	Schenectady Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, NY
7-8:30P	Schenectady Full Change Group, M 218 Nott Terrace, NY, 12305
6:30-8PM	Troy We Not Me Group, St. Mary's M Hospital, Use main entrance on Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, NY, 12180
7:30-8:30PM	Wappingers Falls Keep Hope Alive, Zion Episcopal Church, 12 Satterlee Pl, NY, 12590
1-2PM	Watertown Courage to Change, Anchor Recovery Center, 241 State St, NY, 13601
7-8:30P	Watertown Hope Fiends, McCarthy M Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601
NOON-1:30PM	Watervliet The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189
7-8:30P	Woodstock Monday Night Miracles Group, St. Gregory's Church, 2578 Rt. 212, NY, 12498

TUESDAY	
7:30-9A	Albany First Things First Group, M CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1-2PM	Albany Miracles in NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave, NY, 12206
6-7:30P	Albany Surrender To Win Group, SEFCU Bldg, 388 Clinton Ave, NY 12206
7-8:30P	Albany Together On Tuesdays Group, St Michael's Church, 49 Killean Park, NY
7-8PM	Claremont New Adventures, TLC family resource center Broad St entrance, 62 Pleasant St, NH, 03743
7:30-8:30PM	Keene In From The Storm Group (In Person Only), 36 Carpenter St., NH, 03431
7-8PM	Kingston Peak Of Serenity, St. John's Episcopal Chrch, 207 Albany Ave., NY, 12401
7-8PM	Lebanon The Gift Called Life Group (In Person Only), 18 School Street, NH
6:30-7:30PM	Manchester Village The Last Straw Group (Online & In Person), join by phone: 929 436 2866 PW: 385106, Join URL: https://zoom.us/j/729220920 PW: NA, 3624 Main St (1st Congregational Church (Rm 102)), VT, 05254
7-8PM	New Paltz Clean & Serene Group, United Methodist Church, 1 Grove St., NY, 12561
6:30-7:30PM	Cancer in Recovery Group, NY, 12534
7-8:30P	North Adams Each Day A New Beginning Group, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220
NOON-1PM	Pittsfield Deeds Not Words Group, George Crane Center, 81 Linden Street, MA, 01201
6:30-7:30PM	Pittsfield You Are Never Alone, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201
7:30-9P	Pleasant Valley We Do Recover, M First Presbyterian Church, 1576 Main St. (Rt. 44), NY, 12569
6:30-8PM	Poughkeepsie Come As You Are, St. Paul's Episcopal, 161 Mansion St., NY, 12601
6:30-8PM	Rensselaer Steps Are a New Beginning Group, Blooming Grove Reformed Church, 706 Blooming Grove Drive, NY, 12144
7-8PM	Rutland Last Connection Group (In Person Only), 141 State St, VT, 05701
7-8:30P	Saratoga Springs Invitation To Live Group, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866

8:30-10AM	Schenectady Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, NY
7-8:30P	Schenectady Hope Without Dope Group, Refreshing Spring Church, 327 Georgetta Dix Plaza, NY, 12307
7-8:15P	Springfield Out of the Darkness, 7 M Morgan St, VT, 05156
7-8:30P	Troy How and Why Group, M Cornerstone Community Church, 570 Third Avenue, NY, 12182
7-8:30P	Watertown Hope Fiends, McCarthy M Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601
NOON-1:30PM	Watervliet The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189
WEDNESDAY	
7:30-9A	Albany First Thing First Group, M CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1-2PM	Albany Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206
6-7:30P	Albany Step Into Your Life Group, M CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
7-8:30P	Albany Wednesday Night Step Group, McKownville Methodist Church, 1565 Western Ave., NY
7-8:15P	Catskill No Matter What Group, 40 M Woodland Ave, NY, 12414
7-8PM	Claremont All Will Be Well Group (Online & In Person), Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL: https://zoom.us/j/476126708 PW: NA, 62 Pleasant St, NH, 03743
7-8:30P	Family of Ellenville Mid-Week Miracles, Family of Ellenville, 221 Canal Street, NY, 12428
7-8:30P	Hyde Park Principles Before Personalities Group, Regina Coeli Catholic Church (Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538
6-7:30P	Kingston Lifeline Group, St. M James Chrch, 35 Pearl St., NY, 12401
7-8PM	Lowville Never Alone Never Again, 5520 Jackson St, NY, 13367
7-8PM	Ludlow Out of the Woods (Online & In Person), Divided Sky Foundation bldg., https://us06web.zoom.us/j/8420347386 7 PW: NA, 262 Fox Lane, VT, 05149
NOON-1PM	Ogdensburg Just for Today Group, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON-1PM	Pittsfield Deeds Not Words Group, George Crane Center, 81 Linden Street, MA, 01201
7:30-8:45PM	Pittsfield Step By Step Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201
6:30-8PM	Poughkeepsie Based on the Evidence II Group, St. Paul's Episcopal Church, 161 Mansion St., NY, 12601
7-8:30P	Red Hook Recovery In Progress, M Bard College, Olin LC, Room 118, 77 Campus Rd, NY, 12504
6-7:30P	Rensselaer Full Message Group, M Saint Mary's Church, 163 Columbia Turnpike, NY, 12144
7-8PM	Saratoga Springs The Race Is Over Group, in Sanctuary, 1 hr, 24 Circular Street, NY, 12866
8:30-10AM	Schenectady Upstate NY Morning Wake Up Group, +1 646 558 8656 Zoom ID: 446 099 0823 Password: W2HVET, NY
7-8:30P	Schenectady Ties That Bind Us Together Group, 218 Nott Terrace, NY, 12305
6:30-8PM	Troy Our Best Guarantee Group, M St. Mary's Hospital, Use main entrance near parking garage, 1300 Massachusetts Ave, NY, 12180
7-8PM	Tyringham Serenity in the Valley, Outside @ the Pavilion, 100 Main Road, MA, 01264
7-8:30P	Watertown Hope Fiends, McCarthy M Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601
NOON-1:30PM	Watervliet The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189
7-8:30P	Watervliet Out of the Text Group, M Trinity Church, 1336 1st Avenue, NY, 12189

THURSDAY	
7:30-9A	Albany First Thing First Group, M CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1-2PM	Albany Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206
6:30-8PM	Albany A Spiritual Principle A Day Group, CDRC, 45 Colvin Ave, NY, 12206
7-8:30P	Albany All Are Welcome Group, M 362 State Street, Basement Door (corner of Willet & State), NY, 12210

6-7:30P	Amsterdam Island of Misfit Toys Group, Creative Connections Clubhouse, 303 East Main Street, NY, 12020
7-8PM	Claremont Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/8790732877 5 PW: NA, 62 Pleasant St, NH, 03743
7-8:30P	Cohoes The Last Train Group, The Senior Community Center, 10 Cayuga Plaza, NY, 12047
6:30-7:30PM	Glens Falls No Addict Need Die Group, The Salvation Army of Glens Falls, Use Irontage Entrance, off Crandall Street, 37 Broad Street, NY, 12801
7-8PM	Keene We Can Group (In Person Only), The Serenity Center, 24 Vernon St, NH, 03431
7-8PM	Lebanon Together We Can Group (Online & In Person)), Zoom: https://us04web.zoom.us/j/950025959 6 PW: NA dial by phone: 929-205-6099, 10 S Park St, NH, 03766
6:30-7:30PM	Manchester Village The Last Straw Group (In Person Only), 3624 Main Street (1st Congregational Church, Rm 102), VT, 05254
7:30-9P	Just For Tonight Group M
7-8:30P	North Adams Each Day A New Beginning Group, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220
NOON-1PM	Pittsfield Deeds Not Words Group, George Crane Center, Hays Place & Linden Street, 81 Linden Street, MA, 01201
7:30-8:30PM	Pittsfield Living Clean Group, 30PM Hays Place - Crane Center, 81 Linden Street, MA, 01201
7:30-8:30PM	Plattsburgh Healing Haven Group, 14 Dormitory Drive, NY, 12903
6:30-8PM	Poughkeepsie Clean & Free Group, St Paul's Episcopal Church, 161 Mansion St., NY, 12601
6-7:30P	Rutland Living Clean Group (In Person Only), Turning Point Club, 141 State Street, VT
7-8PM	Saranac Lake Adirondack Recovery Group, Presbyterian Church, 57 Church St, NY
8:30-10AM	Schenectady Upstate NY Morning Wake Up Group, +1 646 558 8656 US (New York), Zoom ID: 446 099 0823 Password: W2HVET, NY
7-8:30P	Schenectady Serenity Group, M Christ Church, 970 State St, NY, 12307
6:30-8PM	Troy, NY Vision of Hope, 21 1st M Street (YMCA), NY, 12180
7-8:15P	Watertown Hope Fiends, McCarthy M Hall, behind Holy Family Church parking lot, 1 Sterling Place, NY, 13601
NOON-1:30PM	Watervliet The 12,12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189
NOON-1PM	Wilder There Is Still Hope (In Person Only), Upper Valley Turning Point, 200 Olcott Drive, VT, 05001
FRIDAY	
7:30-8:30AM	Albany Friday Morning Surrender, 161 Central Ave, NY, 12206
1-2PM	Albany Miracles In NA, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206
6-7:30P	Albany Pathway to Freedom Group, Enter on Robin St side. Off street parking available, 498 Clinton Ave, NY, 12206
7-8:30P	Albany Reality Group of NA, 88 4th Ave, NY, 12202
7:30-9P	Beacon Change or Die, St M Andrew's Church, 15 South Avenue, Beacon, NY, 12508
7-8PM	Brattleboro Mixed Nuts (In Person & Online), Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934 PW: NA, 39 Elm Street, VT
7-8:15P	Coxsackie Pay It Forward Group, United Methodist Church, 70 Mansion Street, NY
7:30-8:30PM	Elizabethtown Elizabethtown, United Church of Christ, Church Hall Bldg This is the new location as of May 2025, 7582 Court St, NY, 12932
8-9:30P	Ellenville Recovery On The Mountain, OUTDOOR SEASONAL MEETING - Rain location 40 Market Street, Ellenville., 227 Otens Rd, NY, 12428
7:15-8:30PM	Enfield Out of the Fog (In Person Only), Speaker 1st Friday, 314 U.S. 4, NH
7-8PM	Gloversville Hope N Honesty Group, Rob Constantine Recovery Community, 33 Bleecker St Suite101, NY, 12078
7-8:15P	Hudson Hope in Hudson Group, M Trinity United Methodist Church, 555 Joslen Blvd, NY, 12534
7-8:30P	Kingston Freedom On Friday, Holy Cross Church, 30 Pine Grove St, NY, 12401

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ABCD REGION NARCOTICS ANONYMOUS MEETING LIST

SEPTEMBER 2025

The most up to date meeting
info can
always be found on the
regional website:

<https://abcdrna.org>



Helpline 315-847-3842

**Berkshire 413-443-4377
Green Mountain (VT/NH)
802-265-6414
Seaway Trails (Watertown
to Malone)
315-351-2250**

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep
you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT
WORKS

The Narcotics

Anonymous Message:

"That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."

SERVICE MEETINGS