

SUNDAY	
1 - 2:30 PM	Albany, Hope & Glory Group , CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206, C,IW,St,Tr
6 - 7:30 PM	Albany, Circle of Recovery Group , SEFCU Bldg, 388 Clinton Ave, NY, 12206, O,SD,NS
6 - 7:30 PM	Albany, NA Clean Team Group , Bethany Church, 760 New Scotland Avenue, NY, 12208, O,SD,WC,HY
7 - 8 PM	Claremont, NH, Step It Up (InPerson &Online) , Zoom Link https://zoom.us/j/92050814073 PW: NA Phone 646 876 9923 Phone Password: 440303Dial In:, 62 Pleasant St, Unit 4, Broad St entrance, NH, 03743, D,O,RF,W,HY
6 - 7 PM	Ellenville, Back To Life , Family of Ellenville, 221 Canal St., NY, 12428, LC
7 - 8:30 PM	Hyde Park, Principles Before Personalities Group , Regina Coeli Catholic Church, Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538, BT,O,SG,BK
9 - 10 AM	Keene, The Breakfast Club (In person & online) , Zoom: https://zoom.us/j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731, 36 Carpenter St., NH, 03431, BT,O,St,Tr,WEB,HY
5 - 6:30 PM	Kingston, King's Men Do Recover , Fair Street Reformed Church, 209 Fair Street, NY, 12401, JT,OE
6:30 - 7:45 PM	Pittsfield, Addicts In The Attic Group , Hilcrest Hospital, 1st Floor, 165 Tor Ct., MA, O,SD,WC,NS
NOON - 1 PM	Potsdam, Potsdam Group , Potsdam Library, 2 Park St., NY, 13676
1 - 2 PM	poughkeepsie, A Set Of Principles , The Delafield Community Center, 109 Delafield St, NY, 12601, RF,BK
4:30 - 5:30 PM	Poughkeepsie, Last Chance , Single Purpose, 291 Mill St, NY, 12601, JT,St,LC
7 - 8 PM	Saratoga Springs, Sunday Shenanigans Group , Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, JT,O,NS,HY
7 - 8:30 PM	Schenectady, Courage to Change Group , 218 Nott Terrace, NY, 12305, O,WC,NS
6:30 - 7:45 PM	South Glens Falls, Here Again Group , St. Michael's Church, 80 Saratoga Ave, NY, 12803
7 - 8:30 PM	Troy, Time To Shine Group , 146 1st Street, NY, 12180, JT,O,WC
7 - 8:30 PM	Watertown, Hope Fiends , McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,WC
4 - 5:15 PM	Wilder, Our Journey in NA , 200 OlcottIt Ave, VT, 05001, D,O,RF,WC
MONDAY	
7:30 - 9 AM	Albany, First Things First Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	Albany, Miracles in NA Group , CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206, O,RF,NS
6 - 7:30 PM	Albany, New Life Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,RF,SD,To,NS
7 - 8 PM	Albany, Road to Recovery , Community room in basement, Press button at door to be admitted to building, 728 Madison Ave, NY, 12208, IP,St,WC
6 - 7:30 PM	Amsterdam, Island of Misfit Toys Group , Creative Connections Clubhouse, 303 East Main Street, NY, 12020, O,NS,HY
7 - 8:30 PM	Ballston Spa, Leap of Faith Group , First Presbyterian Church, 22 West High Street, NY, 12020, B,BT,D,IP,O,St,NS
7 - 8:30 PM	Bennington, Back to Basics Group (In Person Only) , 2nd Congregational Church, 115 Hillside Ave, VT, 05201, D,O,WC,BK
6 - 7:15 PM	Claremont, Monday Night NA (Online & In Person) , Zoom Link: https://zoom.us/j/91692711848 PW: NA, 120 Broad St (Trinity Episcopal Church), NH, 03743, O,RF,WC,WEB,HY
7 - 8:30 PM	Hogansburg, Red Road , 18 Eagle Dr, NY, 13655, D,O,WC
7 - 8 PM	Johnstown, Recovery is Real Group , St. John's Episcopal Church, 1 N Market Street, NY, 12095, O,RF,WC,NS
5 - 6:30 PM	KINGSTON NY, MISSION TO RECOVERY , Fair Street Reformed Church, 209 Fair Street, NY, 12401, WC
7 - 8:30 PM	New Paltz, Alive and Free Group , Family of New Paltz, building in the back, 51 N. Chestnut Street, NY, 12561, D,IP,JT,O,To,WC,BK
NOON - 1 PM	Odgensburg, Just for Today Group , Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON - 1 PM	Pittsfield, Deeds Not Words Group , George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7 - 8:30 PM	Pittsfield, There Is Hope Group , Saint Charles Church, 89 Briggs Ave, MA, 01201, D,O,SD,NS

10 - 11:30 AM	Poughkeepsie, Unity in the Community , 17 Rose St.-Community Room 2nd Floor, 17 Rose St, NY, 12601, JT
6:30 - 8 PM	Poughkeepsie, Journey to Recovery Group , St. Paul's Episcopal Church, 161 Mansion Street, NY, 12601, D,O,SD
7 - 8:30 PM	Schenectady, Full Change Group , 218 Nott Terrace, NY, 12305, O,WC
6:30 - 8 PM	Troy, We Not Me Group , St. Mary's Hospital, Use main entrance on Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, NY, 12180, B,O,WC,NS
1 - 2 PM	Watertown, Courage to Change , Anchor Recovery Center, 241 State St, NY, 13601, JT,O,WC
7 - 8:30 PM	Watertown, Hope Fiends , McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC
NOON - 1:30 PM	Watervliet, The 12, 12 & 12 @ 12 Group , 1336 1st Ave, NY, 12189, O,WC,NS,CP,HY
7 - 8:30 PM	Woodstock, Monday Night Miracles Group , St. Gregory's Church, 2578 Rt. 212, NY, 12498, O,SD,St

TUESDAY	
7:30 - 9 AM	Albany, First Things First Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	Albany, Miracles in NA Group , CDRC, 2nd floor side entrance, 45 Colvin Ave, NY, 12206, JT,O,NS
6 - 7:30 PM	Albany, Surrender To Win Group , SEFCU Bldg, 388 Clinton Ave, NY, O,NS
7 - 8:30 PM	Albany, Together On Tuesdays Group , St Michael's Church, 49 Killean Park, NY, O,St
7 - 8 PM	Claremont, New Adventures , TLC family resource center Broad St entrance, 62 Pleasant St, NH, 03743, JT,O,WC
7:30 - 8:30 PM	Keene, In From The Storm Group (In Person Only) , 36 Carpenter St., NH, 03431, O,RF,WC
7 - 8 PM	Kingston, Peak Of Serenity , St. John's Episcopal Chruch, 207 Albany Ave., NY, 12401, O,St
7 - 8 PM	Lebanon, The Gift Called Life Group (In Person Only) , 18 School Street, NH, O,WC,BK
6:30 - 7:30 PM	Manchester Village, The Last Straw Group (Online & In Person) , join by phone: 929 436 2866 PW: 385106, Join URL: https://zoom.us/j/729220920 PW: NA, 3624 Main St (1st Congregational Church (Rm 102)), VT, 05254, IP,O,WC,BK,HY
7 - 8 PM	New Paltz, Clean & Serene Group , United Methodist Church, 1 Grove St., NY, 12561, D
7 - 8:30 PM	North Adams, Each Day A New Beginning Group , All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220, JT,O,RF,SD,NS
NOON - 1 PM	Pittsfield, Deeds Not Words Group , George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
6:30 - 7:30 PM	Pittsfield, You Are Never Alone , St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, O,NS
7:30 - 9 PM	Pleasant Valley, We Do Recover , First Presbyterian Church, 1576 Main St. (Rt. 44), NY, 12569, B,St
6:30 - 8 PM	Poughkeepsie, Come As You Are , St. Paul's Episcopal, 161 Mansion St., NY, 12601, D
6:30 - 8 PM	Rensselaer, Steps Are a New Beginning Group , Blooming Grove Reformed Church, 706 Blooming Grove Drive, NY, 12144, O,SG,So,NS
7 - 8 PM	Rutland, Last Connection Group (In Person Only) , 141 State St, VT, 05701, D,O
9 - 10 AM	Saranac Lake, A Way To Life , Harrietstown Town Hall, In the Board Room. Parking and entrance in back. Starts 1/6/26, 43 Main St, NY, 12983, C,RF,WC
7 - 8:30 PM	Saratoga Springs, Invitation To Live Group , Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, O,RF,SD,St,To,Tr,WC,LC
7 - 8:30 PM	Schenectady, Hope Without Dope Group , Refreshing Spring Church, 327 Georgetta Dix Plaza, NY, 12307, O,WC,NS
7 - 8:15 PM	Springfield, Out of the Darkness , 7 Morgan St, VT, 05156, O,RF,WC
7 - 8:30 PM	Troy, How and Why Group , Cornerstone Community Church, 570 Third Avenue, NY, 12182, O,WC,NS
7 - 8:30 PM	Watertown, Hope Fiends , McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC
NOON - 1:30 PM	Watervliet, The 12, 12 & 12 @ 12 Group , 1336 1st Ave, NY, 12189, O,To,NS,HY
WEDNESDAY	
7:30 - 9 AM	Albany, First Thing First Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	Albany, Miracles In NA Group , CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O,St,Tr,NS

6 - 7:30 PM	Albany, Step Into Your Life Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, C,SG
7 - 8:30 PM	Albany, Wednesday Night Step Group , McKownville Methodist Church, 1565 Western Ave., NY, O,So,St,Tr,WC
7 - 8:15 PM	Catskill, No Matter What Group , 40 Woodland Ave, NY, 12414, CL,O,RF
7 - 8 PM	Claremont, All Will Be Well Group (Online & In Person) , Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL: https://zoom.us/j/476126708 PW: NA, 62 Pleasant St, NH, 03743, CL,O,HY
7 - 8:30 PM	Family of Ellenville, Mid-Week Miracles , Family of Ellenville, 221 Canal Street, NY, 12428
7 - 8:30 PM	Hyde Park, Principles Before Personalities Group , Regina Coeli Catholic Church (Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538, BT,O,SG,BK
6 - 7:30 PM	Kingston, Lifeline Group , St. James Chruch, 35 Pearl St., NY, 12401, JT,WC
7 - 8 PM	Lowville, Never Alone Never Again , 5520 Jackson St, NY, 13367
7 - 8 PM	Ludlow, Out of the Woods (Online & In Person) , Divided Sky Foundation bldg., https://us06web.zoom.us/j/84203473867 PW: NA, 262 Fox Lane, VT, 05149, RF,WC,HY

NOON - 1 PM	Odgensburg, Just for Today Group , Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON - 1 PM	Pittsfield, Deeds Not Words Group , George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7:30 - 8:45 PM	Pittsfield, Step By Step Group , St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, CL,O,SD,St,Tr,WC,NS
6:30 - 8 PM	Poughkeepsie, Based on the Evidence II Group , St. Paul's Episcopal Church, 161 Mansion St., NY, 12601, B,St,To
7 - 8:30 PM	Red Hook, Recovery In Progress , Bard College, Olin LC, Room 118, 77 Campus Rd, NY, 12504, O,RF,SD
6 - 7:30 PM	Rensselaer, Full Message Group , Saint Mary's Church, 163 Columbia Tumpike, NY, 12144, BT,O,WC
7 - 8 PM	Saratoga Springs, The Race Is Over Group , in Sanctuary, 1 hr, 24 Circular Street, NY, 12866, BT,D,O,St,Tr,WC
7 - 8:30 PM	Schenectady, Ties That Bind Us Together Group , 218 Nott Terrace, NY, 12305, O,WC,NS
6:30 - 8 PM	Troy, Our Best Guarantee Group , St. Mary's Hospital, Use main entrance near parking garage, 1300 Massachusetts Ave, NY, 12180, O,RF,SD,St,Tr,WC
7 - 8 PM	Tyringham, Serenity in the Valley , Outside @ the Pavilion, 100 Main Road, MA, 01264, So
7 - 8:30 PM	Watertown, Hope Fiends , McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,St,WC
NOON - 1:30 PM	Watervliet, The 12, 12 & 12 @ 12 Group , 1336 1st Ave, NY, 12189, O,Tr,NS,HY
7 - 8:30 PM	Watervliet, Out of the Text Group , Trinity Church, 1336 1st Avenue, NY, 12189, B,BT,O,SD,WC

THURSDAY	
7:30 - 9 AM	Albany, First Thing First Group , CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1 - 2 PM	Albany, Miracles In NA Group , CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O
6:30 - 8 PM	Albany, A Spiritual Principle A Day Group , CDRC, 45 Colvin Ave, NY, 12206, O,WC
7 - 8:30 PM	Albany, All Are Welcome Group , 362 State Street, Basement Door (corner of Willet & State), NY, 12210, IP,O,SD,St,WC,NS
6 - 7:30 PM	Amsterdam, Island of Misfit Toys Group , Creative Connections Clubhouse, 303 East Main Street, NY, 12020, O,WC,HY
NOON - 1 PM	Bennington, Recovering Out Loud (In Person) , Turning Point ,1st floor, 601 Main St, VT, 05201, O,WC
NOON - 1:30 PM	Bennington, Recovery Out Loud , 601 Main St., VT, 05201, O
7 - 8 PM	Claremont, Hope in Claremont (Online & In Person) , TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY
7 - 8:30 PM	Cohoes, The Last Train Group , The Senior Community Center, 10 Cayuga Plaza, NY, 12047, O,RF,WC,NS
6:30 - 7:30 PM	Glens Falls, No Addict Need Die Group , The Salvation Army of Glens Falls, Use Irongate Entrance, off Crandall Street, 37 Broad Street, NY, 12801, O
7 - 8 PM	Keene, We Can Group (In Person Only) , The Serenity Center, 24 Vernon St, NH, 03431, JT,O,RF,WC

7 - 8 PM	Lebanon, Together We Can Group (Online & In Person)) , Zoom: https://us04web.zoom.us/j/9500259596 PW: NA dial by phone: 929-205-6099, 10 S Park St, NH, 03766, O,WC,BK,HY
6:30 - 7:30 PM	Manchester Village, The Last Straw Group (In Person Only) , 3624 Main Street (1st Congregational Church, Rm 102), VT, 05254, D,JT,O,WC
7 - 8:30 PM	North Adams, Each Day A New Beginning Group , All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220, JT,O,NS
NOON - 1 PM	Pittsfield, Deeds Not Words Group , George Crane Center, Hays Place & Linden Street, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7:30 - 8:30 PM	Pittsfield, Living Clean Group , Hays Place - Crane Center, 81 Linden Street, MA, 01201, BT,IP,IW,O,WC,NS
7:30 - 8:30 PM	Plattsburgh, Healing Haven Group , 14 Dormitory Drive, NY, 12903
6:30 - 8 PM	Poughkeepsie, Clean & Free Group , St Paul's Episcopal Church, 161 Mansion St., NY, 12601, RF
6 - 7:30 PM	Rutland, Living Clean Group (In Person Only) , Turning Point Club, 141 State Street, VT, D,O,RF
7 - 8 PM	Saranac Lake, Adirondack Recovery Group , Presbyterian Church, 57 Church St, NY, JT,O,WC
7 - 8:30 PM	Schenectady, Serenity Group , Christ Church, 970 State St, NY, 12307, B,O,RF,WC,CW
6:30 - 8 PM	Troy, NY, Vision of Hope , 21 1st Street (YMCA), NY, 12180, C,W
7 - 8:15 PM	Watertown, Hope Fiends , McCarthy Hall, behind Holy Family Church parking lot, 1 Sterling Place, NY, 13601, O,St,WC
NOON - 1:30 PM	Watervliet, The 12,12 & 12 @ 12 Group , 1336 1st Ave, NY, 12189, O,NS,HY
NOON - 1 PM	Wilder, There Is Still Hope (In Person Only) , Upper Valley Turning Point, 200 Olcott Drive, VT, 05001, O,RF,SD,WC

FRIDAY	
7:30 - 8:30 AM	Albany, Friday Morning Surrender , 161 Central Ave, NY, 12206, O,WC
1 - 2 PM	Albany, Miracles In NA , CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O
6 - 7:30 PM	Albany, Pathway to Freedom Group , Enter on Robin St side. Off street parking available, 498 Clinton Ave, NY, 12206
7 - 8:30 PM	Albany, Reality Group of NA , 88 4th Ave, NY, 12202, WC
7:30 - 9 PM	Beacon, Change or Die , St Andrew's Church, 15 South Avenue, Beacon, NY, 12508, St,Tr,WC,BK
7 - 8 PM	Brattleboro, Mixed Nuts (In Person & Online) , Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934 PW: NA, 39 Elm Street, VT, O,SD,HY
7 - 8:30 PM	Ellenville, Step Into Freedom , 40 Market Street, NY, 12428
7:15 - 8:30 PM	Enfield, Out of the Fog (In Person Only) , Speaker 1st Friday, 314 U.S. 4, NH, D,O,SD,WC
7 - 8 PM	Gloversville, Hope N Honesty Group , Rob Constantine Recovery Community, 33 Bleecker St Suite101, NY, 12078, D,O,WC
7 - 8:15 PM	Hudson, Hope in Hudson Group , Trinity United Methodist Church, 555 Joslen Blvd, NY, 12534, CL,O,RF
7 - 8:30 PM	Kingston, Freedom On Friday , Holy Cross Church, 30 Pine Grove St, NY, 12401, JT,RF,St
7 - 8:30 PM	Kingston, Freedom On Friday , Holy Cross Church, 30 Pine Grove Ave, NY, 12401, JT,RF,SD,LC
7 - 8:30 PM	North Adams, Free On Friday Group , All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01247, C,St,Tr,NS
NOON - 1 PM	Pittsfield, Deeds Not Words Group , George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7 - 8 PM	Pittsfield, Thank God I'm Free Group , Hays Place - Crane Center, 81 Linden Street, MA, 01201, D,O,So,WC,NS
9 - 10 PM	Pittsfield, Never Too Late Group , Zion Lutheran Church, 74 First Street, MA, O,RF
10 - 11:30 AM	Poughkeepsie, Unity in the Community , 17 Rose St.-Community Room 2nd Floor, Community Room 2nd Floor, 17 Rose St., NY, 12601, St,Tr
6:30 - 7:30 PM	Poughkeepsie, Living Proof , St Paul's Episcopal Chruch, 161 Mansion st., NY, 12601, M,RF
7 - 8:15 PM	Saratoga Springs, The End Of The Road Group , Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, B,O
7 - 8:30 PM	Schenectady, A New Way To Live Group , New Choices Recovery Center, Back Door, 728 State Street, NY, 12307, O,WC
7 - 8:15 PM	Springfield, Step Into the Light , 7 Morgan St, VT, 05156, IW,O,WC
7 - 8:30 PM	Troy, The Journey Continues Group , Cornerstone Community Church, 570 3rd Ave, NY, O,RF,WC

7 - 8 PM	<u>Watertown</u> , Hope, Faith and Courage , McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,WC
NOON - 1:30 PM	<u>Watervliet</u> , The 12,12 & 12 @ 12 Group , 1336 1st Ave, NY, 12189, O,St,Hy
7 - 8 PM	<u>Windsor</u> , Getting Real , Trinity Church, 44 Main St, VT, 05089, D,O,WC
SATURDAY	
10 - 11:30 AM	<u>Albany</u> , Dead Man Walking , 2nd Floor, 553 Clinton Avenue, NY, 12206, O,St,WC
6 - 7:30 PM	<u>Albany</u> , Saturday Lock Down We Do Recover Group , SEFCU Bldg, 388 Clinton Avenue, NY, 12206, O,St,Tr
7:30 - 9 PM	<u>Albany</u> , The Journey of Recovery Group , SPARC, Enter on Krank St., 64 Second Ave, NY, 12202, O,RF,WEB
7 - 8:15 PM	<u>Coxsackie</u> , Pay It Forward Group , United Methodist Church, 70 Mansion Street, NY, St
6 - 7 PM	<u>Glens Falls</u> , Pathways to Healing , Hope & Healing Recovery Community Outreach Center, 37 Chester St, NY, 12801, O
10 - 11:30 AM	<u>Kingston</u> , God Shaped Hole Group , Fair Street Reformed Church, 209 fair st, NY, 12401, D,IP,JT,St
7:30 - 9 PM	<u>LaGrangeville</u> , Vision of Hope Group , Full Gospel Center, 1138 Route 55, NY, D,JT,O,RF
7 - 8:15 PM	<u>Marlborough</u> , You Are Here Group (In Person & Online) , Zoom https://us06web.zoom.us/j/83154677886 PW: NA. Phone 929 205 6099 Phone PW: NA, Federated Church, 16 Pleasant St, NH, 03455, O,RF,Tr,WC,Hy
7 - 8:30 PM	<u>Mechanicville</u> , Journey on the Hill Group , St. Luke's Church, 40 McBride Rd, NY, 12118, O,RF,WC
7 - 8 PM	<u>Pittsfield</u> , Saturday Night 12 & 12 Group , St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, O,St,Tr,WC,NS
10 - 11:30 AM	<u>Poughkeepsie</u> , New Beginnings Group , Salvation Army, 570 Main St, NY, 12601, IP,JT,O
9 - 10:30 AM	<u>Rensselaer</u> , Saturday Morning Miracles , St. Marys, 163 Columbia Turnpike, NY, D,O,WC,BK
2 - 3:30 PM	<u>Rensselaer</u> , Steps Toward A Better Life , Blooming Grove Reformed Church, 706 Bloominggrove Drive, NY, 12144, O,RF
6 - 7 PM	<u>Rutland</u> , Saturday Night NA , 141 State St, VT, 05701, D,O
7:30 - 8:45 PM	<u>Saugerties</u> , The Message is HOPE , Ryan's HOUse, 19 Barclay St., NY, 12477, RF,SD,St,LC
10 - 11:30 AM	<u>Schenectady</u> , Recovery At Sunrise Group , Recovery at Sunrise, 313 Clinton Street, NY, 12305, D,O,St,Tr
6 - 7:30 PM	<u>Schenectady</u> , Vision of Hope Group , 313 Clinton St, NY, 12305, O
10 - 11:30 AM	<u>Troy</u> , Never Alone Group , St. Mary's Hospital, Use Main Entrance on Massachusetts Ave then to the left, 1300 Massachusetts Ave, NY, 12180, D,O,WC
7 - 8:30 PM	<u>Watertown</u> , Hope Fiends , McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, D,O,RF,WC

VIRTUAL & HYBRID MEETINGS

SUNDAY	
6 - 7:30 PM	Albany NA Clean Team Group Meeting ID: 748 258 596, Passcode: 000000 O,SD,WC,HY
7 - 8 PM	Claremont, NH Step It Up (In Person & Online) Zoom ID: 92050814073 PW: NA 646 876 9923 Phone PW: 440303, D,O,RF,W,HY
9 - 10 AM	Keene The Breakfast Club (In person & online) Zoom ID: 96384286255 Password: NA Phone 929 205 6099 PW: 440731, BT, O,St,Tr,W,EB,HY
7 - 8 PM	Green Mountain Men (Online Only) Meeting ID: 83727286535 PW: NA 3017158592 Phone Password: 466530, M,WEB,VM
7 - 8 PM	Saratoga Springs Sunday Shenanigans Group Meeting ID: 798 350 491, Password: 719520 JT,O,NS,HY
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
MONDAY	
6 - 7:30 PM	Amsterdam Island of Misfit Toys Group Zoom meeting ID:885 3273 6318, Passcode: TOYS O,NS,HY
6 - 7:15 PM	Claremont Monday Night NA (Online & In Person) Meeting ID 916 9271 1848 PW: NA 646 876 9923 PW 630568, O,RF,WC,WEB,HY
7 - 8:15 PM	Coxsackie Pay it Forward Group Meeting ID: 645 160 958, Password: 625 244 O,St,VM
5:45 - 6:45 PM	Living Just for Today (Online Only) Meeting ID: 95476368853 Password: NA Dial by Phone: 929 436 2886, D,JT,O,VM
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816 Passcode: 459859 O,WC,NS,CP,HY

TUESDAY	
6:30 - 7:30 PM	Manchester Village The Last Straw Group (Online & In Person) Meeting ID: 729 220 920 PW: NA 929-436-2866 PW: 385106, IP,O,WC,BK,HY
6:30 - 7:30 PM	Cancer in Recovery Group Meeting ID 82633324017 Password FAITH C,VM
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,To,NS,HY
WEDNESDAY	
7 - 8 PM	Claremont, All Will Be Well Group (Online & In Person) Password: NA 929 436 2866, CL,O,HY
7 - 8 PM	Ludlow Out of the Woods (Online & In Person) Meeting ID 84203473867 PW: NA 1 719 359 4580 Meeting ID: 842 0347 3867, RF,WC,HY
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,Tr,NS,HY
THURSDAY	
6 - 7:30 PM	Amsterdam Island of Misfit Toys Group Zoom meeting ID: 885 3273 6318, Passcode: TOYS O,WC,HY
7 - 8 PM	Claremont Hope in Claremont (Online & In Person) Password: NA 1 719 359 4580 Meeting ID: 879 0732 8775, O,RF,WC,HY
7 - 8 PM	Lebanon Together We Can Group (Online & In Person)) Meeting ID: 9000259596 929-205-6099, O,WC,BK,HY
7:30 - 9 PM	Just For Tonight Group ID# 876 9193 7204 Access# 755883 WEB,VM
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 8156901 0816, Passcode: 459859 O,NS,HY
FRIDAY	
7 - 8 PM	Battleboro Mixed Nuts (In Person & Online) Meeting ID: 947 774 934 Phone Password: 5741322 929 436 2866, O,SD,HY
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,St,HY
SATURDAY	
7 - 8:15 PM	Coxsackie Pay it Forward Group Meeting ID: 851 630 521, Password: 983923 O,St,VM
7 - 8:15 PM	Marlborough You Are Here Group (In Person & Online) Zoom Meeting ID: 831 5467 7886 PW: NA 929 205 6099 Phone PW: NA, O,RF,Tr,WC,HY
8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	IP	Informational Pamphlet
IW	It Works -How and Why	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	OE	Open-Ended
BK	Book Study	NS	No Smoking
CW	Children Welcome	CP	Concepts
LC	Living Clean	WEB	Online Meeting
VM	Virtual Meeting	HY	Hybrid Meeting

(O) "Open" Meeting – meeting that welcomes anyone to attend, including interested non-addicts
(C) "Closed" Meeting – meeting only for addicts or those who think they may have a drug problem

**MEETING INFORMATION CHANGES SHOULD BE REPORTED TO
YOUR AREA SERVICE COMMITTEE. PLEASE E-MAIL YOUR
LOCAL NA EVENTS FLYERS TO
ABCDWEBSERVANT@GMAIL.COM TO BE ADDED TO THE
REGIONAL WEB PAGE EVENT CALENDAR.**

[illegible]

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

The Narcotics Anonymous Message:
**“That an addict, any addict, can stop using
 drugs, lose the desire to use and find a
 new way to live.”**



**ABCD REGION
NARCOTICS ANONYMOUS
October 2025
P.O. BOX 13504 ALBANY, NY 12212**

The most up to date meeting info can always be found on the regional website:

<https://abcdrna.org>



Helpline 315-847-3842
Berkshire 413-443-4377
Green Mountain (VT/NH) 802-265-6414
Seaway Trails (Watertown to Malone)
315-351-2250

REGIONAL SERVICE COMMITTEE MEETING
First Saturday of Every Month @ 11:00 am
In-Person and on Zoom (Mtg ID: 848 0620 5225 PW: 000000)
1565 Western Avenue, Albany, NY 12203

ALBANY RENSSELAER AREA SERVICE COMMITTEE

Last Thursday of Every Month @ 7:00 pm
St. Michaels – 49 Killian Park, Albany, NY

BERKSHIRE COUNTY AREA SERVICE COMMITTEE
MEETING

Third Tuesday of Every Month 6:30 pm
27 Maplewood Ave, Pittsfield, MA 01201

GREEN MOUNTAIN AREA SERVICE COMMITTEE MEETING
Last Sunday of Every Month 1:15 pm Zoom Meeting

MID-HUDSON AREA SERVICE COMMITTEE MEETING

Fourth Thursday of Every Month @ 7:00 PM
Saint James Church – Corner of Fair and Pearl, Kingston, NY

MOHAWK RIVER AREA SERVICE COMMITTEE MEETING

Last Saturday of Every Month @ 1:00 pm
Christ Church — 970 State Street, Schenectady, NY

SEAWAY TRAIL AREA SERVICE COMMITTEE

3rd Saturday of Every Month @ 2:00 pm
Rotating: 1 Sterling Place Watertown, NY
and 41 Chapel Street, Canton NY

SOUTHERN ADIRONDACK MOUNTAIN MIRACLES AREA

Last Sunday of Every Month @ 9:00 am Zoom Only
Meeting ID: 214 447 1582, PW: 539148