

NOON - 1:30 Watervliet. The 12,12 & 12 @ 12 Group. 1336 1st Ave, NY, 12189, O,St,Hy
PM

SATURDAY

10 - 11:30 AM Albany, Dead Man Walking, 2nd Floor, 553 Clinton Avenue, NY, 12206, O,St,WC

6 - 7:30 PM Albany, Saturday Lock Down We Do Recover Group, SEFCU Bldg, 388 Clinton Avenue, NY, 12206, O,St,Tr

7:30 - 9 PM Albany, *CLOSED* The Journey of Recovery Group, SPARC, Enter on Krank St., 64 Second Ave, NY, 12202, O,RF,WEB

7 - 8:30 PM Kerhonkson, Keeping It Clean Kerhonkson, Federated Church of Kerhonkson, 35 42nd street, NY, 12446, RF

10 - 11:30 AM Kingston, God Shaped Hole Group, Reformed Church of the Comforter, 26 Wynkoop Place, NY, 12401, D,IP,JT,St

7:30 - 9 PM LaGrangeville, Vision of Hope Group, Full Gospel Center, 1138 Route 55, NY, D,JT,O,RF

7 - 8:15 PM Marlborough, You Are Here Group (In Person & Online), Zoom Link <https://us06web.zoom.us/j/83154677886> PW: NA. Phone929 205 6099 Phone Password: NA, Federated Church, 16 Pleasant St, NH, 03455, O,RF,Tr,WC,HY

7 - 8:30 PM Mechanicville, Journey on the Hill Group, St. Luke's Church, 40 McBride Rd, NY, 12118, O,RF,WC

7 - 8 PM Pittsfield, Saturday Night 12 & 12 Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, O,St,Tr,WC,NS

10 - 11:30 AM Poughkeepsie, New Beginnings Group, Salvation Army, 570 Main St, NY, 12601, IP,JT,O

9 - 10:30 AM Rensselaer, Saturday Morning Miracles, St. Marys, 163 Columbia Turnpike, NY, D,O,WC,BK

2 - 3:30 PM Rensselaer, Steps Toward A Better Life, Blooming Grove Reformed Church, 706 Bloomingrove Drive, NY, 12144, O,RF

7 - 8 PM Rutland, Saturday Night NA, 141 State St, VT, 05701, D,O

7:30 - 8:45 PM Saugerties, The Message is HOPE, Ryan's HUse, 19 Barclay St., NY, 12477, RF,SD,St,LC

10 - 11:30 AM Schenectady, Recovery At Sunrise Group, Recovery at Sunrise, 313 Clinton Street, NY, 12305, D,O,St,Tr

6 - 7:30 PM Schenectady, Vision of Hope Group, 313 Clinton St, NY, 12305, O

10 - 11:30 AM Troy, Never Alone Group, St. Mary's Hospital, Use Main Entrance on Massachusetts Ave then to the left, 1300 Massachusetts Ave, NY, 12180, D,O,WC

7 - 8:30 PM Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, D,O,RF,WC

VIRTUAL & HYBRID MEETINGS

SUNDAY

6 - 7:30 PM Albany NA Clean Team Group Meeting ID: 748 258 596, Passcode: 000000 O,SD,WC,HY

7 - 8 PM Claremont, NH Step It Up (InPerson &Online) Zoom ID: 92050814073 Password: NA 646 876 9923 Phone Password: 440303, D,O,RF,W,HY

9 - 10 AM Keene The Breakfast Club (In person & online) Zoom ID: 96384286255 Password: NA Phone Password: 440731 929 205 6099 Phone Password: 440731, BT,O,St,Tr,WEB,HY

7 - 8 PM Green Mountain Men (Online Only) Meeting ID: 83727286535 PW: NA 3017158592 Phone Password: 466530, M,WEB,VM

7 - 8 PM Saratoga Springs Sunday Shenanigans Group Meeting ID: 798 350 491, Password: 719520 JT,O,NS,HY

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

MONDAY

6 - 7:30 PM Amsterdam Island of Misfit Toys Group Zoom meeting ID:885 3273 6318, Passcode: TOYS O,NS,HY

7 - 8:15 PM Claremont Monday Night NA (Online & In Person) Meeting ID 916 9271 1848 PW: NA 646 876 9923 PW 630568, O,RF,WC,WEB,HY

7 - 8:15 PM Coxsackie Pay it Forward Group Meeting ID: 645 160 958, Password: 625 244 O,St,VM

5:45 - 6:45 PM Monday Night Mechanics (Online Only) Meeting ID: 95476368853 Password: NA Dial by Phone: 929 436 2886, D,JT,O,VM

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 PM Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816 Passcode: 459859 O,WC,NS,CP,HY

TUESDAY

6:30 - 7:30 PM Manchester Village The Last Straw Group (Online & In Person) Meeting ID: 729 220 920 PW: NA 929-436-2866, JT,O,WC,HY

6:30 - 7:30 PM Cancer in Recovery Group Meeting ID 82633324017 Password FAITH C,VM

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 PM Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,To,NS,HY

WEDNESDAY

6 - 7 PM Albany Together Apart - a Virtual NA Meeting Zoom ID: 815 6155 9185 Password: 000000 O,LC,WEB,VM

7:30 - 8:30 PM Claremont, All Will Be Well Group (Online & In Person) Password:NA 929 436 2866, CL,O,HY

7 - 8 PM Ludlow Out of the Woods (Online & In Person) Meeting ID 84203473867 PW: NA 1 719 359 4580 Meeting ID: 842 0347 3867, RF,WC,HY

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 PM Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,Tr,NS,HY

THURSDAY

6 - 7:30 PM Amsterdam Island of Misfit Toys Group Zoom meeting ID: 885 3273 6318, Passcode: TOYS O,WC,HY

7 - 8 PM Claremont Hope in Claremont (Online & In Person) Password: NA 1 719 359 4580 Meeting ID: 879 0732 8775, O,RF,WC,HY

7 - 8 PM Lebanon Together We Can Group (Online & In Person) Meeting ID: 9500259596 929-205-6099, O,WC,BK,HY

6:30 - 7:30 PM Manchester Village The Last Straw Group (Online & In Person) Meeting ID: 729 220 920 PW: 385106 929 436 2866, CL,D,JT,O,WC,HY

7:30 - 9 PM Just For Tonight Group ID# 876 9193 7204 Access# 755883 WEB,VM

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 PM Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 8156901 0816, Passcode: 459859 O,NS,HY

FRIDAY

7 - 8 PM Brattleboro Mixed Nuts (In Person & Online) Meeting ID: 947 774 934 Phone Password: 574132 929 436 2866, O,SD,HY

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 PM Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859 O,St,HY

SATURDAY

7 - 8:15 PM Coxsackie Pay it Forward Group Meeting ID: 851 630 521, Password: 983923 O,St,VM

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7 - 8:15 PM Marlborough You Are Here Group (In Person & Online) Zoom Meeting ID: 831 5467 7886 PW: NA 929 205 6099 Phone Password: NA, O,RF,Tr,WC,HY

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

Meeting Format Legend			
B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	CP	Concepts
CW	Children Welcome	D	Discussion
GL	Gay/Lesbian/Transgender	HY	Hybrid Meeting
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
M	Men	NS	No Smoking
O	Open	OE	Open-Ended
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	VM	Virtual Meeting
W	Women	WC	Wheelchair
WEB	Online Meeting		

(O) "Open" Meeting – meeting that welcomes anyone to attend, including interested non-addicts
(C) "Closed" Meeting – meeting only for addicts or those who think they may have a drug problem

MEETING INFORMATION CHANGES SHOULD BE REPORTED TO YOUR AREA SERVICE COMMITTEE. PLEASE E-MAIL YOUR LOCAL NA EVENTS FLYERS TO ABCDWEBSERVANT@GMAIL.COM TO BE ADDED TO THE REGIONAL WEB PAGE EVENT CALENDAR.

PHONE NUMBERS

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

The Narcotics Anonymous Message:
"That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."



**ABCD REGION
NARCOTICS ANONYMOUS
MEETING LIST NOVEMBER 2024
P.O. BOX 13504 ALBANY, NY 12212**

The most up to date meeting info can always be found on the regional website:

<https://abcdrna.org>



Helpline 315-847-3842
Berkshire 413-443-4377
Green Mountain (VT/NH) 802-265-6414
Seaway Trails (Watertown to Malone) 315-351-2250

REGIONAL SERVICE COMMITTEE MEETING
First Saturday of Every Month @ 11:00 am
In-Person and on Zoom (Mtg ID: 848 0620 5225 PW: 000000)
1565 Western Avenue, Albany, NY 12203

ALBANY RENSSELAER AREA SERVICE COMMITTEE
Last Thursday of Every Month @ 7:00 pm
St. Michaels – 49 Killean Park, Albany, NY

BERKSHIRE COUNTY AREA SERVICE COMMITTEE MEETING
Third Tuesday of Every Month 6:30 pm
Elm St. Java, 216 Elm Street, Pittsfield, MA 01201

GREEN MOUNTAIN AREA SERVICE COMMITTEE MEETING
Last Sunday of Every Month 1:15 pm Zoom Meeting

MID-HUDSON AREA SERVICE COMMITTEE MEETING
Fourth Thursday of Every Month @ 7:00 PM
Saint James Church – Corner of Fair and Pearl, Kingston, NY

MOHAWK RIVER AREA SERVICE COMMITTEE MEETING
Last Saturday of Every Month @ 1:00 pm
Christ Church — 970 State Street, Schenectady, NY

SEAWAY TRAIL AREA SERVICE COMMITTEE
3rd Saturday of Every Month @ 2:00 pm
Rotating: 1 Sterling Place Watertown, NY and 41 Chapel Street, Canton NY

SOUTHERN ADIRONDACK MOUNTAIN MIRACLES AREA
Last Sunday of Every Month @ 9:00 am Zoom Only