Hope & Glory Group, CDRC, 2nd Floor side entrance, 45 Colvin NY, 12206, C,IW,St,Tr  Circle of Recovery Group, SEFCU Bldg, 388 Clinton Ave, NY, ,SD,NS  NA Clean Team Group, Bethany Church, 760 New Scotland NY, 12208, O,SD,WC,HY  nt, NH, Step It Up (InPerson & Online), Zoom Link om.us/i/92050814073 PW: NA Phone 646 876 9923 Phone	10 - 11:30 Poughkeepsie, Unity in the Community, 17 Rose StCommunity Room 2nd AM Floor, 17 Rose St, NY, 12601, JT	7 - 8:30 PM Albany, Wednesday Night Step Group, McKownville Methodist Church, 1565 Western Ave., NY, O,So,St,Tr,WC	7 - 8:30 PM North Adams, Each Day A New Beginning Group, All Saints Church, Papa
,SD,NS  NA Clean Team Group, Bethany Church, 760 New Scotland NY, 12208, O,SD,WC,HY  nt, NH, Step It Up (InPerson &Online), Zoom Link	C.20 9 DM Devembrages January & Barrery Comp. Cl. D. H. Editor (C. )	1000 Western / West, 141, 0,00,00,11,000	Gino's parking lot, 59 N. Summer St, MA, 01220, JT,O,NS
NA Clean Team Group, Bethany Church, 760 New Scotland NY, 12208, O,SD,WC,HY nt, NH, Step It Up (InPerson &Online), Zoom Link	<b>6:30 - 8 PM</b> Poughkeepsie, Journey to Recovery Group, St. Paul's Episcopal Church,	7 - 8:15 PM Catskill, No Matter What Group, 40 Woodland Ave, NY, 12414, CL,O,RF	NOON - 1 Pittsfield, Deeds Not Words Group, George Crane Center, Hays Place &
nt, NH, Step It Up (InPerson &Online), Zoom Link	161 Mansion Street, NY, 12601, D,O,SD  7 - 8:30 PM Schenectady, Full Change Group, 218 Nott Terrace, NY, 12305, O,WC	7 - 8 PM Claremont, All Will Be Well Group (Online & In Person), Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL:	PM Linden Street, 81 Linden Street, MA, 01201, D,JT,O,WC,NS 7:30 - 8:30 Pittsfield, Living Clean Group, Hays Place - Crane Center, 81 Linden Street
	6:30 - 8 PM Troy, We Not Me Group, St. Mary's Hospital, Use main entrance on	https://zoom.us/j/476126708 PW: NA, 62 Pleasant St, NH, 03743, CL,O,HY	PM MA, 01201, BT,IP,IW,O,WC,NS
,	Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, NY, 12180, B,O,WC,NS	7 - 8:30 PM Family of Ellenville, Mid-Week Miracles, Family of Ellenville, 221 Canal Street, NY, 12428	7:30 - 8:30 Plattsburgh, Healing Haven Group, 14 Dormitory Drive, NY, 12903 PM
d: 440303Dial In:, 62 Pleasant St, Unit 4, Broad St entrance, NH, ,O,RF,W,HY	1 - 2 PM Watertown, Courage to Change, Anchor Recovery Center, 241 State St, NY, 13601. JT.O.WC	7 - 8:30 PM Hyde Park, Principles Before Personalities Group, Regina Coeli Catholic Church (Park at Hyde Park Elementary at the fence on the right. Entrance to	6:30 - 8 PM Poughkeepsie, Clean & Free Group, St Paul's Episcopal Church, 161  Mansion St., NY, 12601, RF
e, Back To Life, Family of Ellenville, 221 Canal St., NY, 12428, LC rk, Principles Before Personalities Group, Regina Coeli Catholic	7 - 8:30 PM <u>Watertown</u> , Hope Fiends, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC	meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538, BT,O,SG,BK	6 - 7:30 PM Rutland, Living Clean Group (In Person Only), Turning Point Club, 141 State Street, VT. D.O.RF
Park at Hyde Park Elementary at the fence on the right. Entrance to s at the middle of the south side of building), 2 Harvey Street, NY,	NOON - 1:30 Watervliet, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, PM O.WC.NS.CP.HY	6 - 7:30 PM Kingston, Lifeline Group, St. James Chruch, 35 Pearl St., NY, 12401, JT,WC	7 - 8 PM Saranac Lake, Adirondack Recovery Group, Presbyterian Church, 57 Church St, NY, JT,O,WC
T,O,SG,BK The Breakfast Club (In person & online), Zoom:	7 - 8:30 PM Woodstock, Monday Night Miracles Group, St. Gregory's Church, 2578 Rt.	7 - 8 PM Lowville, Never Alone Never Again, 5520 Jackson St, NY, 13367	7 - 8:30 PM Schenectady, Serenity Group, Christ Church, 970 State St, NY, 12307,
om.us./j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731,	212, NY, 12498, O,SD,St TUESDAY	7 - 8 PM Ludlow, Out of the Woods (Online & In Person), Divided Sky Foundation bldg., https://us06web.zoom.us/j/84203473867 PW: NA, 262 Fox Lane, VT,	B,O,RF,WC,CW  6:30 - 8 PM
nter St., NH, 03431, BT,O,St,Tr,WEB,HY  1, King's Men Do Recover, Fair Street Reformed Church, 209 Fair	7:30 - 9 AM Albany, First Things First Group, CDRC, 2nd floor side entrance, 45 Colvin	05149, RF,WC,HY	7 - 8:15 PM Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking
Y, 12401, JT,OE	Avenue, NY, 12206, O,St,Tr,NS	NOON - 1 Odgensburg, Just for Today Group, Valley Recovery Center, 3rd Floor PM Suite 301, 206 Ford St, NY, 13669	lot, 1 Sterling Place, NY, 13601, O,St,WC  NOON - 1:30 Watervliet, The 12,12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, O,NS,HY
I, Addicts In The Attic Group, Hilcrest Hospital, 1st Floor, 165 Tor O,SD,WC,NS	1 - 2 PM Albany, Miracles in NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave, NY, 12206, JT,O,NS	NOON - 1 Pittsfield, Deeds Not Words Group, George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS	PM  NOON - 1 Wilder, There Is Still Hope (In Person Only), Upper Valley Turning Point,
ı, Potsdam Group, Potsdam Library, 2 Park St., NY, 13676	6 - 7:30 PM Albany, Surrender To Win Group, SEFCU Bldg, 388 Clinton Ave, NY, O,NS	7:30 - 8:45 Pittsfield, Step By Step Group, St. Stephen's Episcopal Church, Use Allen	PM 200 Olcott Drive, VT, 05001, O,RF,SD,WC
epsie, A Set Of Principles, The Delafield Community Center, 109	7 - 8:30 PM <u>Albany</u> , Together On Tuesdays Group, St Michael's Church, 49 Killean Park, NY, O,St	PM St entrance, 67 East Street, MA, 01201, CL,O,SD,St,Tr,WC,NS  6:30 - 8 PM Poughkeepsie, Based on the Evidence II Group, St. Paul's Episcopal	FRIDAY
St, NY, 12601, RF,BK pepsie, Last Chance, Single Purpose, 291 Mill St, NY, 12601,	7 - 8 PM Claremont, New Adventures, TLC family resource center Broad St entrance,	Church, 161 Mansion St., NY, 12601, B,St,To	7:30 - 8:30 Albany, Friday Morning Surrender, 161 Central Ave, NY, 12206, O,WC
	62 Pleasant St, NH, 03743, JT,O,WC  7:30 - 8:30 Keene, In From The Storm Group (In Person Only), 36 Carpenter St., NH,	7 - 8:30 PM Red Hook, Recovery In Progress, Bard College, Olin LC, Room 118, 77 Campus Rd, NY, 12504, O,RF,SD	1 - 2 PM Albany, Miracles In NA, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY,
a Springs, Sunday Shenanigans Group, Rear lot, blue awning, 125 k Avenue, NY, 12866, JT,O,NS,HY	PM 03431, O,RF,WC 7 - 8 PM Kingston, Peak Of Serenity, St. John's Episcopal Chruch, 207 Albany Ave.,	6 - 7:30 PM Rensselaer, Full Message Group, Saint Mary's Church, 163 Columbia Turnpike, NY, 12144, BT,O,WC	12206, O <b>6 - 7:30 PM</b> Albany, Pathway to Freedom Group, Enter on Robin St side. Off street
tady, Courage to Change Group, 218 Nott Terrace, NY, 12305,	NY, 12401, O,St  7 - 8 PM Lebanon, The Gift Called Life Group (In Person Only), 18 School Street,	7 - 8 PM Saratoga Springs, The Race Is Over Group, in Sanctuary, 1 hr, 24 Circular	parking available, 498 Clinton Ave, NY, 12206  7 - 8:30 PM Albany, Reality Group of NA, 88 4th Ave, NY, 12202, WC
lens Falls, Here Again Group, St. Michael's Church, 80 Saratoga	NH, O,WC,BK	Street, NY, 12866, BT,D,O,St,Tr,WC  7 - 8:30 PM Schenectady, Ties That Bind Us Together Group, 218 Nott Terrace, NY,	7:30 - 9 PM Beacon, Change or Die, St Andrew's Church, 15 South Avenue, Beacon, NY,
ne To Shine Group, 146 1st Street, NY, 12180, JT,O,WC	6:30 - 7:30 <u>Manchester Village</u> , The Last Straw Group ( Online & In Person), join by PM phone: 929 436 2866 PW: 385106, Join URL: https://zoom.us/j/729220920	12305, O,WC,NS	12508, St,Tr,WC,BK  7 - 8 PM Brattleboro, Mixed Nuts (In Person & Online), Join by Phone: 929 436 2866
vn, Hope Fiends, McCarthy Hall, behind Holy Family Church parking nthrop St., 1 Sterling Place, NY, 13601, O,WC	PW: NA, 3624 Main St (1st Congregational Church (Rm 102)), VT, 05254, IP,O,WC,BK,HY	6:30 - 8 PM <u>Troy</u> , Our Best Guarantee Group, St. Mary's Hospital, Use main entrance near parking garage, 1300 Massachusetts Ave, NY, 12180, O.RF.SD.St.Tr.WC	Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934 PW: NA, 39 Elm Street, VT, O,SD,HY
Our Journey in NA, 200 Olcolltt Ave, VT, 05001, D,O,RF,WC  MONDAY	7 - 8 PM New Paltz, Clean & Serene Group, United Methodist Church, 1 Grove St., NY. 12561, D	7 - 8 PM Tyringham, Serenity in the Valley, Outside @ the Pavilion, 100 Main Road, MA. 01264. So	7 - 8:15 PM Coxsackie, Pay It Forward Group, United Methodist Church, 70 Mansion Street, NY, St
First Things First Group, CDRC, 2nd floor side entrance, 45 Colvin	7 - 8:30 PM North Adams, Each Day A New Beginning Group, All Saints Church, Papa Gino's parking lot, 59 N. Summer St. MA, 01220, JT,O,RF,SD,NS	7 - 8:30 PM Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking	7:30 - 8:30 Elizabethtown, Elizabethtown, United Church of Christ, Church Hall Bldg  PM This is the new location as of May 2025, 7582 Court St, NY, 12932, O
NY, 12206, O,St,Tr,NS  Miracles in NA Group, CDRC, 2nd Floor side entrance, 45 Colvin	NOON - 1 Pittsfield, Deeds Not Words Group, George Crane Center, 81 Linden Street,	lot on Winthrop St., 1 Sterling Place, NY, 13601, O,St,WC  NOON - 1:30 Watervliet, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189,	7 - 8:30 PM Ellenville, Step Into Freedom, 40 Market Street, NY, 12428
NY, 12206, O,RF,NS	PM MA, 01201, D,JT,O,WC,NS 6:30 - 7:30 Pittsfield, You Are Never Alone, St. Stephen's Episcopal Church, Use Allen	PM O,Tr,NS,HY	7:15 - 8:30 Enfield, Out of the Fog (In Person Only), Speaker 1st Friday, 314 U.S. 4, NH, D,O,SD,WC
New Life Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, 16, O.RF,SD,To.NS	PM St entrance, 67 East Street, MA, 01201, O,NS	7 - 8:30 PM Watervliet, Out of the Text Group, Trinity Church, 1336 1st Avenue, NY, 12189, B,BT,O,SD,WC	7 - 8 PM Gloversville, Hope N Honesty Group, Rob Constantine Recovery
Road to Recovery, Community room in basement, Press button at	7:30 - 9 PM Pleasant Valley, We Do Recover, First Presbyterian Church, 1576 Main St. (Rt. 44), NY, 12569, B,St	THURSDAY	Community, 33 Bleecker St Suite101, NY, 12078, D,O,WC  7 - 8:15 PM Hudson, Hope in Hudson Group, Trinity United Methodist Church, 555
e admitted to building, 728 Madison Ave, NY, 12208, IP,St,WC  am, Island of Misfit Toys Group, Creative Connections Clubhouse,	6:30 - 8 PM Poughkeepsie, Come As You Are, St. Paul's Episcopal, 161 Mansion St., NY, 12601, D	7:30 - 9 AM Albany, First Thing First Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206	Joslen Blvd, NY, 12534, CL,O,RF
Main Street, NY, 12020, O,NS,HY  Spa, Leap of Faith Group, First Presbyterian Church, 22 West High	6:30 - 8 PM Rensselaer, Steps Are a New Beginning Group, Blooming Grove Reformed	1 - 2 PM Albany, Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin	7 - 8:30 PM Kingston, Freedom On Friday, Holy Cross Church, 30 Pine Grove St, NY, 12401, JT,RF,St
Y, 12020, B,BT,D,IP,O,St,NS	Church, 706 Blooming Grove Drive, NY, 12144, O,SG,So,NS  7 - 8 PM Rutland, Last Connection Group (In Person Only), 141 State St, VT,	Ave., NY, 12206, O 6:30 - 8 PM Albany, A Spiritual Principle A Day Group, CDRC, 45 Colvin Ave, NY,	7 - 8:30 PM kingston, Freedom On Friday, Holy Cross Church, 30 Pine Grove Ave, NY, 12401, JT,RF,SD,LC
ton, Back to Basics Group (In Person Only), 2nd Congregational 115 Hillside Ave, VT, 05201, D,O,WC,BK	05701, D,O  7 - 8:30 PM Saratoga Springs, Invitation To Live Group, Healing Springs, Rear lot, blue	12206, O,WC  7 - 8:30 PM Albany, All Are Welcome Group, 362 State Street, Basement Door (corner	7 - 8:30 PM North Adams, Free On Friday Group, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01247, C,St,Tr,NS
<u>nt,</u> <b>Monday Night NA (Online &amp; In Person)</b> , Zoom Link: om.us/j/91692711848 PW: NA, 120 Broad St (Trinity Episcopal	awning, 125 High Rock Avenue, NY, 12866, O,RF,SD,St,To,Tr,WC,LC	of Willet & State), NY, 12210, IP,O,SD,St,WC,NS  6 - 7:30 PM Amsterdam, Island of Misfit Toys Group, Creative Connections Clubhouse,	NOON - 1 Pittsfield, Deeds Not Words Group, George Crane Center, 81 Linden Street,
NH, 03743, O,RF,WC,WEB,HY ills, Under Construction, 13 Crandall St, 13 Crandall St, NY, 12801,	7 - 8:30 PM Schenectady, Hope Without Dope Group, Refreshing Spring Church, 327 Georgetta Dix Plaza, NY, 12307, O,WC,NS	303 East Main Street, NY, 12020, O,WC,HY	<ul> <li>PM MA, 01201, D,JT,O,WC,NS</li> <li>7 - 8 PM Pittsfield, Thank God I'm Free Group, Hays Place - Crane Center, 81 Linder</li> </ul>
ing, Shadi Gondi action, 10 Granuali Ot, 10 Granuali Ot, N1, 12001,	7 - 8:15 PM Springfield, Out of the Darkness, 7 Morgan St, VT, 05156, O,RF,WC 7 - 8:30 PM Troy How and Why Group Cornerstone Community Church, 570 Third	NOON - 1 Bennington, Recovering Out Loud (In Person), Turning Point ,1st floor, 601  PM Main St, VT, 05201, O,WC	Street, MA, 01201, D,O,So,WC,NS  9 - 10 PM Pittsfield, Never Too Late Group, Zion Lutheran Church, 74 First Street, MA,
ourg, Red Road, 18 Eagle Dr, NY, 13655, D,O,WC	Avenue, NY, 12182, O,WC,NS	7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource	O,RF
treet, NY, 12095, O,RF,WC,NS	7 - 8:30 PM Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC	center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY	10 - 11:30 Poughkeepsie, Unity in the Community, 17 Rose StCommunity Room 2nd Floor, Community Room 2nd Floor, 17 Rose St, NY, 12601, St,Tr
<u>DN NY,</u> MISSION TO RECOVERY, Fair Street Reformed Church, Street, NY, 12401, WC	NOON - 1:30 Watervliet, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189,	7 - 8:30 PM Cohoes, The Last Train Group, The Senior Community Center, 10 Cayuga Plaza, NY, 12047, O.RF.WC,NS	<b>6:30 - 7:30</b> Poughkeepsie, Living Proof, St Paul's Episcopal Chruch, 161 Mansion st.,
z, Alive and Free Group, Family of New Paltz, building in the back, estnut Street, NY, 12561, D,IP,JT,O,To,WC,BK	WEDNESDAY	6:30 - 7:30 Glens Falls, No Addict Need Die Group, The Salvation Army of Glens Falls,	7 - 8:15 PM Saratoga Springs, The End Of The Road Group, Healing Springs, Rear lot,
burg, Just for Today Group, Valley Recovery Center, 3rd Floor	7:30 - 9 AM Albany, First Thing First Group, CDRC, 2nd floor side entrance, 45 Colvin	7 - 8 PM Keene, We Can Group (In Person Only), The Serenity Center, 24 Vernon St,	blue awning, 125 High Rock Avenue, NY, 12866, B,O  7 - 8:30 PM Schenectady, A New Way To Live Group, New Choices Recovery Center,
I, Deeds Not Words Group, George Crane Center, 81 Linden Street,	1 - 2 PM Albany, Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin	7 - 8 PM Lebanon, Together We Can Group (Online & In Person)), Zoom:	Back Door, 728 State Street, NY, 12307, O,WC  7 - 8:15 PM Springfield, Step Into the Light, 7 Morgan St, VT, 05156, IW,O,WC
wn, Rottreet, DN NY Street z, Alivestnut burg, 206	ecovery is Real Group, St. John's Episcopal Church, 1 N NY, 12095, O,RF,WC,NS Y, MISSION TO RECOVERY, Fair Street Reformed Church, , NY, 12401, WC ve and Free Group, Family of New Paltz, building in the back, Street, NY, 12561, D,IP,JT,O,To,WC,BK Just for Today Group, Valley Recovery Center, 3rd Floor Ford St, NY, 13669	7 - 8:30 PM Troy, How and Why Group, Cornerstone Community Church, 570 Third Avenue, NY, 12182, O,WC,NS  7 - 8:30 PM Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC  NOON - 1:30 Watervliet, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, O,To,NS,HY  WEDNESDAY  7:30 - 9 AM Albany, First Thing First Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS  1 - 2 PM Albany, Miracles In NA Group, CDRC, 2nd floor side entrance, 45 Colvin	Toy, How and Why Group, Cornerstone Community Church, 570 Third Avenue, NY, 13655, D,O,WC Avenue, NY, 12182, O,WC,NS  7 - 8:30 PM Troy, How and Why Group, Cornerstone Community Church, 570 Third Avenue, NY, 12182, O,WC,NS  7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  NOON - 1:30 Watertwiet, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, O,To,NS,HY  WEDNESDAY  7 - 8:30 PM Main St, VT, 05201, O,WC  7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM OON - 1:30 Watertwine, The 12, 12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, PM O,To,NS,HY  WEDNESDAY  7 - 8:30 PM Main St, VT, 05201, O,WC  7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Main St, VT, 05201, O,WC  7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Main St, VT, 05201, O,WC  7 - 8 PM Claremont, Hope in Claremont (Online & In Person), TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Steet Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Steet Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Steet Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Steet Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY  7 - 8:30 PM Steet Entrance, ht

7 - 8 PM	<u>Watertown</u> , Hope, Faith and Courage, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,WC	6:30 - 7:30 PM	Cancer in Recovery Group M C,VM	eeting ID	82633324017 Password FAITH
	D <u>Watervliet</u> , The 12,12 & 12 @ 12 Group, 1336 1st Ave, NY, 12189, O,St,HY		Password: W2HVET +1 646 55	8 8656 U	
PM 7 - 8 PM	Windsor, Getting Real, Trinity Church, 44 Main St, VT, 05089, D,O,WC	NOON - 1:3 PM	0 Watervliet The 12, 12 & 12 @ Passcode: 459859 O,To,NS,HY	12 Group	Meeting ID: 815 6901 0816,
	SATURDAY		WEDN	IESDAY	(
10 - 11:30 AM	Albany, Dead Man Walking, 2nd Floor, 553 Clinton Avenue, NY, 12206, O.St.WC	7 - 8 PM	436 2866, ČL,O,HY	• `	line & In Person) Password:NA 929
	Albany, Saturday Lock Down We Do Recover Group, SEFCU Bldg, 388	7 - 8 PM	PW: NA 1 719 359 4580 Meetir	ng ID: 842	
7:30 - 9 PM	Clinton Avenue, NY, 12206, O,St,Tr  Albany, The Journey of Recovery Group, SPARC, Enter on Krank St., 64		## Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM  ## Watervliet The 12. 12 & 12 @ 12 Group Meeting ID: 815 6901 0816.		
6 - 7 PM	Second Ave, NY, 12202, O,RF,WEB  Glens Falls, Pathways to Healing, Hope & Healing Recovery Community	PM	NOON - 1:30 Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, PM Passcode: 459859 O,Tr,NS,HY		
	Outreach Center, 37 Chester St, NY, 12801, O	6 - 7:30 PM		RSDAY	<b>p</b> Zoom meeting ID: 885 3273 6318,
10 - 11:30 AM	Kingston, God Shaped Hole Group, Fair Street Reformed Church, 209 fair st, NY, 12401, D,IP,JT,St	7 - 8 PM	Passcode: TOYS O,WC,HY	-	
7:30 - 9 PM	LaGrangeville, Vision of Hope Group, Full Gospel Center, 1138 Route 55,	7 - 8 PM	Claremont Hope in Claremont (Online & In Person) Password: NA 1 359 4580 Meeting ID: 879 0732 8775, O,RF,WC,HY  Lebanon Together We Can Group (Online & In Person)) Meeting ID 9500259596 929-205-6099, O,WC,BK,HY		,RF,WC,HY
7 - 8:15 PM	NY, D,JT,O,RF  Marlborough, You Are Here Group (In Person & Online), Zoom				Υ "
	https://us06web.zoom.us/j/83154677886 PW: NA. Phone 929 205 6099 Phone PW: NA, Federated Church, 16 Pleasant St, NH, 03455, O,RF,Tr,WC,HY		Just For Tonight Group ID# 8  M Schenectady Upstate NY Mor Password: W2HVET +1 646 55	ning Wal	ke Up Group Zoom ID: 446 099 0823
7 - 8:30 PM	Mechanicville, Journey on the Hill Group, St. Luke's Church, 40 McBride Rd, NY, 12118, O,RF,WC	NOON - 1:3 PM	1:30 Watervliet The 12,12 & 12 @ 12 Group Meeting ID: 8156901 0816, Passcode: 459859 O,NS,HY		
7 - 8 PM	Pittsfield, Saturday Night 12 & 12 Group, St. Stephen's Episcopal Church,		FRI	DAY	
	Use Allen St entrance, 67 East Street, MA, 01201, O,St,Tr,WC,NS	7 - 8 PM	Brattleboro Mixed Nuts (In Pe	erson & C	Online) Meeting ID: 947 774 934
10 - 11:30 AM	<u>Poughkeepsie</u> , New Beginnings Group, Salvation Army, 570 Main St, NY, 12601, IP,JT,O	8:30 - 10 A	Phone Password: 574132 929 436 2866, O,SĎ,HY  M Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM		
9 - 10:30 AM	I <u>Rensselaer</u> , <b>Saturday Morning Miracles</b> , St. Marys, 163 Columbia Turnpike, NY, D,O,WC,BK	NOON - 1:3 PM	10 Watervliet The 12,12 & 12 @ 1 Passcode: 459859 O,St,HY		
2 - 3:30 PM	Rensselaer, Steps Toward A Better Life, Blooming Grove Reformed Church, 706 Bloomingrove Drive, NY, 12144, O,RF			JRDAY	
6 - 7 PM	Rutland, Saturday Night NA, 141 State St, VT, 05701, D,O	7 - 8:15 PM	Coxsackie Pay it Forward Gro 983923 O,St,VM	oup Meeti	ing ID: 851 630 521, Password:
7:30 - 8:45 PM	Saugerties, The Message is HOPE, Ryan's HOuse, 19 Barclay St., NY, 12477, RF,SD,St,LC	7 - 8:15 PM		roup (In I 5 6099 Pi	Person & Online) Zoom Meeting ID: hone PW: NA, O,RF,Tr,WC,HY
10 - 11:30 AM	Schenectady, Recovery At Sunrise Group, Recovery at Sunrise, 313 Clinton Street, NY, 12305, D,O,St,Tr	8:30 - 10 A	8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM		
	Schenectady, Vision of Hope Group, 313 Clinton St, NY, 12305, O		Meeting Format Legend		
10 - 11:30	Troy, Never Alone Group, St. Mary's Hospital, Use Main Entrance on	В	Beginners	BT	Basic Text
AM	Massachusetts Ave then to the left, 1300 Massachusetts Ave, NY, 12180, D,O,WC	D [	Closed Discussion	CL IP	Candlelight Informational Pamphlet
7 0.20 084			t Works -How and Why	JT	Just for Today
7 - 8:30 PM	<u>Watertown</u> , Hope Fiends, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, D,O,RF,WC	RF F	Men Rotating Format	O SD	Open Speaker/Discussion
			Step Working Guide	So T-	Speaker Only
	VIRTUAL & HYBRID MEETINGS		Step Fradition	To W	Topic Women
	VINTUAL & HIDRID WILLIINGS		Vheelchair	OE OE	Open-Ended
			Book Study	NS	No Smoking
	SUNDAY		Children Welcome	CP	Concepts
	22/12/11		iving Clean	WEB	Online Meeting
6 - 7:30 PM	Albany NA Clean Team Group Meeting ID: 748 258 596, Passcode: 000000	VM \	/irtual Meeting	HY	Hybrid Meeting

		ritaar mooting		Jona mooning
:	(∩) "Ona	n" Meeting – meeting that v	valcomae	anyone to attend
	(O) Opc	ir wiccurig – miccurig that v	veicorries	arryone to attenu,

including interested non-addicts (C) "Closed" Meeting – meeting only for addicts or those who think they máv have a drug problem

MEETING INFORMATION CHANGES SHOULD BE REPORTED TO YOUR AREA SERVICE COMMITTEE. PLEASE E-MAIL YOUR LOCAL NA EVENTS FLYERS TO

ABCDWEBSERVANT@GMAIL.COM TO BE ADDED TO THE

SUGGESTIONS FOR EVERYONE DON'T USE no matter what Come early and stay late REGIONAL WEB PAGE EVENT CALENDAR. Get a home group Go to 90 meetings in 90 days Read NA literature daily Get and use a sponsor Use the PHONE

> The Narcotics Anonymous Message: "That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."



## **ABCD REGION NARCOTICS ANONYMOUS** October 2025

P.O. BOX 13504 ALBANY, NY 12212

The most up to date meeting info can always be found on the regional website:

https://abcdrna.org



## Helpline 315-847-3842

Berkshire 413-443-4377 Green Mountain (VT/NH) 802-265-6414 Seaway Trails (Watertown to Malone) 315-351-2250

REGIONAL SERVICE COMMITTEE MEETING First Saturday of Every Month @ 11:00 am In-Person and on Zoom (Mtg ID: 848 0620 5225 PW: 000000) 1565 Western Avenue, Albany, NY 12203

## ALBANY RENSSELAER AREA SERVICE COMMITTEE

Last Thursday of Every Month @ 7:00 pm St. Michaels – 49 Killean Park, Albany, NY

## BERKSHIRE COUNTY AREA SERVICE COMMITTEE MEETING

Third Tuesday of Every Month 6:30 pm 27 Maplewood Ave, Pittsfield, MA 01201

GREEN MOUNTAIN AREA SERVICE COMMITTEE MEETING Last Sunday of Every Month 1:15 pm Zoom Meeting

MID-HUDSON AREA SERVICE COMMITTEE MEETING Fourth Thursday of Every Month @ 7:00 PM Saint James Church - Corner of Fair and Pearl, Kingston, NY

MOHAWK RIVER AREA SERVICE COMMITTEE MEETING Last Saturday of Every Month @ 1:00 pm Christ Church — 970 State Street, Schenectady, NY

> SEAWAY TRAIL AREA SERVICE COMMITTEE 3rd Saturday of Every Month @ 2:00 pm Rotating: 1 Sterling Place Watertown, NY and 41 Chapel Street, Canton NY

SOUTHERN ADIRONDACK MOUNTAIN MIRACLES AREA Last Sunday of Every Month @ 9:00 am Zoom Only Meeting ID: 214 447 1582, PW: 539148

Ask your Higher Power to keep you clean

KEEP COMING BACK. IT WORKS

**TUESDAY** Manchester Village The Last Straw Group (Online & In Person) Meeting ID: 729 220 920 PW: NA 929-436-2866 PW: 385106, IP,O,WC,BK,HY

Claremont, NH Step It Up (InPerson &Online) Zoom ID: 92050814073 PW:

Keene The Breakfast Club (In person & online) Zoom ID: 96384286255 Password: NA Phone 929 205 6099 PW: 440731, BT,O,St,Tr,WEB,HY

Green Mountain Men (Online Only) Meeting ID: 83727286535 PW: NA

Saratoga Springs Sunday Shenanigans Group Meeting ID: 798 350 491, Password: 719520 JT,O,NS,HY

Living Just for Today (Online Only) Meeting ID: 95476368853 Password: NA Dial by Phone: 929 436 2886, D,JT,O,VM

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

**6 - 7:30 PM** Amsterdam Island of Misfit Toys Group Zoom meeting ID:885 3273 6318, Passcode: TOYS O,NS,HY

**7 - 8:15 PM** Claremont Monday Night NA (Online & In Person) Meeting ID 916 9271 1848 PW: NA 646 876 9923 PW 630568, O,RF,WC,WEB,HY

5:45 - 6:45

7 - 8:15 PM Coxsackie Pay it Forward Group Meeting ID: 645 160 958, Password: 625

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

NOON - 1:30 Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816 PM Passcode: 459859 O,WC,NS,CP,HY

NA 646 876 9923 Phone PW: 440303, D,O,RF,W,HY

3017158592 Phone Password: 466530, M,WEB,VM