SUNDAY

1 - 2:30 PM	**Albany**, **Hope & Glory Group**, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206, C,IW,St,Tr
2:30 - 4 PM	**Albany**, **I Can't, We Can LGBT+ Group**, CDRC, 2nd floor side entrance, Room C, 45 Colvin Avenue, NY, 12206, GL,O
6 - 7:30 PM	**Albany**, **Circle of Recovery Group**, SEFCU Bldg, 388 Clinton Ave, NY, 12206, O,SD,NS
6 - 7:30 PM	**Albany**, **NA Clean Team Group**, Bethany Church, 760 New Scotland Avenue, NY, 12208, O,SD,WC,HY
7 - 8 PM	**Claremont, NH**, **Step It Up (InPerson &Online)**, Zoom Link https://zoom.us/j/92050814073 PW: NA Phone 646 876 9923 Phone Password: 440303Dial In:, 62 Pleasant St, Unit 4, Broad St entrance, NH, 03743, D,O,RF,W,HY
6 - 7 PM	**Ellenville**, **Back To Life**, Family of Ellenville, 221 Canal St., NY, 12428, LC
7 - 8:30 PM	**Hyde Park**, **Principles Before Personalities Group**, Regina Coeli Catholic Church, Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538, BT,O,SG,BK
9 - 10 AM	**Keene**, **The Breakfast Club (In person & online)**, Zoom Link: https://zoom.us./j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731, 36 Carpenter St., NH, 03431, BT,O,St,Tr,WEB,HY
5:30 - 7 PM	**Kingston**, **King's Men Do Recover**, Fair Street Reformed Church, 209 Fair Street, NY, 12401, JT,OE
7 - 8:30 PM	**KINGSTON NY**, **MISSION TO RECOVERY**, Fair Street Reformed Church, 209 Fair Street, NY, 12401
5 - 6 PM	**Manchester Village**, **Last Straw Group (In Person Only)**, 1st Congregational Church, Rm 102, 3624 Main St, VT, 05255, O,BK
6:30 - 7:45 PM	**Pittsfield**, **Addicts In The Attic Group**, Hilcrest Hospital, 1st Floor, 165 Tor Ct., MA, O,SD,WC,NS
NOON - 1 PM	**Potsdam**, **Potsdam Group**, Potsdam Library, 2 Park St., NY, 13676
4:30 - 5:30 PM	**Poughkeepsie**, **Last Chance**, Single Purpose, 291 Mill St, NY, 12601, JT,St,LC
1 - 2 PM	**poughkeepsie**, **A Set Of Principles**, The Delafield Community Center, 109 Delafield St, NY, 12601, RF,BK
7 - 8 PM	**Saratoga Springs**, **Sunday Shenanigans Group**, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, JT,O,NS,HY
7 - 8:30 PM	**Schenectady**, **Courage to Change Group**, 218 Nott Terrace, NY, 12305, O,WC,NS
6:30 - 7:45 PM	**South Glens Falls**, **Here Again Group**, St. Michael's Church, 80 Saratoga Ave, NY, 12803
7 - 8:30 PM	**Troy**, **Time To Shine Group**, 146 1st Street, NY, 12180, JT,O,WC
7 - 8:30 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,WC

MONDAY

7:30 - 9 AM	**Albany**, **First Things First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	**Albany**, **Miracles in NA Group**, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206, O,RF,NS
6 - 7:30 PM	**Albany**, **New Life Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,RF,SD,To,NS
7 - 8 PM	**Albany**, **Road to Recovery**, Community room in basement, Press button at door to be admitted to building, 728 Madison Ave, NY, 12208, IP,St,WC
6 - 7:30 PM	**Amsterdam**, **Island of Misfit Toys Group**, Creative Connections Clubhouse, 303 East Main Street, NY, 12020, O,NS,HY
7 - 8:30 PM	**Ballston Spa**, **Leap of Faith Group**, First Presbyterian Church, 22 West High Street, NY, 12020, B,BT,D,IP,O,St,NS
7 - 8:30 PM	**Bennington**, **Back to Basics Group (In Person Only)**, 2nd Congregational Church, 115 Hillside Ave, VT, 05201, D,O,WC,BK
7 - 8:15 PM	**Claremont**, **Monday Night NA (Online & In Person)**, Zoom Link: https://zoom.us/j/91692711848 PW: NA, 120 Broad St (Trinity Episcopal Church), NH, 03743, O,RF,WC,WEB,HY
6:30 - 7:30 PM	**Glens Falls**, **Under Construction**, 13 Crandall St, 13 Crandall St, NY, 12801, D,O
7 - 8:30 PM	**Hogansburg**, **Red Road**, 18 Eagle Dr, NY, 13655, D,O,WC
7 - 8 PM	**Johnstown**, **Recovery is Real Group**, St. John's Episcopal Church, 1 N Market Street, NY, 12095, O,RF,WC,NS
7 - 8:30 PM	**New Paltz**, **Alive and Free Group**, Family of New Paltz, building in the back, 51 N. Chestnut Street, NY, 12561, D,IP,JT,O,To,WC,BK
NOON - 1 PM	**Odgensburg**, **Just for Today Group**, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON - 1 PM	**Pittsfield**, **Deeds Not Words Group**, George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7 - 8:30 PM	**Pittsfield**, **There is Hope Group**, Saint Charles Church, 89 Briggs Ave, MA, 01201, D,O,SD,NS
10 - 11:30 AM	**Poughkeepsie**, **Unity in the Community**, 17 Rose St.-Community Room 2nd Floor, 17 Rose St, NY, 12601, JT
6:30 - 8 PM	**Poughkeepsie**, **Journey to Recovery Group**, St. Paul's Episcopal Church, 161 Mansion Street, NY, 12601, D,O,SD
7 - 8:30 PM	**Schenectady**, **Full Change Group**, 218 Nott Terrace, NY, 12305, O,WC
6:30 - 8 PM	**Troy**, **We Not Me Group**, St. Mary's Hospital, Use main entrance on Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, NY, 12180, B,O,WC,NS
7:30 - 8:30 PM	**Wappingers Falls**, **Keep Hope Alive**, Zion Episcopal Church, 12 Satterlee Pl, NY, 12590, RF
1 - 2 PM	**Watertown**, **Courage to Change**, Anchor Recovery Center, 241 State St, NY, 13601, JT,O,WC
7 - 8:30 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC
NOON - 1:30 PM	**Watervliet**, **The 12, 12 & 12 @ 12 Group**, 1336 1st Ave, NY, 12189, O,WC,NS,CP,HY
7 - 8:30 PM	**Woodstock**, **Monday Night Miracles Group**, St. Gregory's Church, 2578 Rt. 212, NY, 12498, O,SD,St

TUESDAY

7:30 - 9 AM	**Albany**, **First Things First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	**Albany**, **Miracles in NA Group**, CDRC, 2nd floor side entrance, 45 Colvin Ave, NY, 12206, JT,O,NS
6 - 7:30 PM	**Albany**, **Surrender To Win Group**, SEFCU Bldg, 388 Clinton Ave, NY, O,NS
7 - 8:30 PM	**Albany**, **Together On Tuesdays Group**, St Michael's Church, 49 Killean Park, NY, O,St
7 - 8 PM	**Claremont**, **New Adventures**, TLC family resource center Broad St entrance, 62 Pleasant St, NH, 03743, JT,O,WC
7:30 - 8:30 PM	**Keene**, **In From The Storm Group (In Person Only)**, 36 Carpenter St., NH, 03431, O,RF,WC
7 - 8 PM	**Kingston**, **Peak Of Serenity**, St. John's Episcopal Chruch, 207 Albany Ave., NY, 12401, O,St
7 - 8 PM	**Lebanon**, **The Gift Called Life Group (In Person Only)**, 18 School Street, NH, O,WC,BK
6:30 - 7:30 PM	**Manchester Village**, **The Last Straw Group (Online & In Person)**, join by phone: 929 436 2866 Meeting ID: 729 220 920 Password: 385106, Join URL: https://zoom.us/j/729220920 PW: NA, 3624 Main St (1st Congregational Church (Rm 102)), VT, 05254, JT,O,WC,HY
7 - 8 PM	**New Paltz**, **Clean & Serene Group**, United Methodist Church, 1 Grove St., NY, 12561, D
7 - 8:30 PM	**North Adams**, **Each Day A New Beginning Group**, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220, JT,O,RF,SD,NS
NOON - 1 PM	**Pittsfield**, **Deeds Not Words Group**, George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
6:30 - 7:30 PM	**Pittsfield**, **You Are Never Alone**, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, O,NS
7:30 - 9 PM	**Pleasant Valley**, **We Do Recover**, First Presbyterian Church, 1576 Main St. (Rt. 44), NY, 12569, B,St
6:30 - 8 PM	**Poughkeepsie**, **Come As You Are**, St. Paul's Episcopal, 161 Mansion St., NY, 12601, D
6:30 - 8 PM	**Rensselaer**, **Steps Are a New Beginning Group**, Blooming Grove Reformed Church, 706 Blooming Grove Drive, NY, 12144, O,SG,So,NS
7 - 8 PM	**Rutland**, **Last Connection Group (In Person Only)**, 141 State St, VT, 05701, D,O
7 - 8:30 PM	**Saratoga Springs**, **Invitation To Live Group**, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, O,RF,SD,St,To,Tr,WC,LC
7 - 8:30 PM	**Schenectady**, **Hope Without Dope Group**, Refreshing Spring Church, 327 Georgetta Dix Plaza, NY, 12307, O,WC,NS
7 - 8:30 PM	**Troy**, **How and Why Group**, Cornerstone Community Church, 570 Third Avenue, NY, 12182, O,WC,NS
7 - 8:30 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601, D,O,WC
NOON - 1:30 PM	**Watervliet**, **The 12, 12 & 12 @ 12 Group**, 1336 1st Ave, NY, 12189, O,To,NS,HY

WEDNESDAY

7:30 - 9 AM	**Albany**, **First Thing First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206, O,St,Tr,NS
1 - 2 PM	**Albany**, **Miracles In NA Group**, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O,St,Tr,NS
6 - 7:30 PM	**Albany**, **Step into your Life Group**, CDRC, 2nd Floor side entrance, 45 Colvin Avenue, NY, 12206, C,SG
7 - 8:30 PM	**Albany**, **Wednesday Night Step Group**, McKownville Methodist Church, 1565 Western Ave., NY, O,So,St,Tr,WC
7:30 - 8:30 PM	**Claremont**, **All Will Be Well Group (Online & In Person)**, Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL: https://zoom.us/j/476126708 PW: NA, 62 Pleasant St, NH, 03743, CL,O,HY
7 - 8:30 PM	**Family of Ellenville**, **Mid-Week Miracles**, Family of Ellenville, 221 Canal Street, NY, 12428
7 - 8:30 PM	**Hyde Park**, **Principles Before Personalities Group**, Regina Coeli Catholic Church (Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the south side of building), 2 Harvey Street, NY, 12538, BT,O,SG,BK
6 - 7:30 PM	**Kingston**, **Lifeline Group**, St. James Chruch, 35 Pearl St., NY, 12401, JT
7 - 8 PM	**Lowville**, **Never Alone Never Again**, 5520 Jackson St, NY, 13367
7 - 8 PM	**Ludlow**, **Out of the Woods (Online & In Person)**, Divided Sky Foundation bldg., https://us06web.zoom.us/j/84203473867 PW: NA, 262 Fox Lane, VT, 05149, RF,WC,HY
NOON - 1 PM	**Odgensburg**, **Just for Today Group**, Valley Recovery Center, 3rd Floor Suite 301, 206 Ford St, NY, 13669
NOON - 1 PM	**Pittsfield**, **Deeds Not Words Group**, George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7:30 - 8:45 PM	**Pittsfield**, **Step By Step Group**, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, CL,O,SD,St,Tr,WC,NS
6:30 - 8 PM	**Poughkeepsie**, **Based on the Evidence II Group**, St. Paul's Episcopal Church, 161 Mansion St., NY, 12601, B,St,To
7 - 8:30 PM	**Red Hook**, **Recovery In Progress**, Bard College, Olin LC, Room 120, 77 Campus Rd, NY, 12504, O,RF,SD
6 - 7:30 PM	**Rensselaer**, **Full Message Group**, Saint Mary's Church, 163 Columbia Turnpike, NY, 12144, BT,O,WC
7 - 8 PM	**Saratoga Springs**, **The Race Is Over Group**, in Sanctuary, 1 hr, 24 Circular Street, NY, 12866, BT,D,O,St,Tr,WC
7 - 8:30 PM	**Schenectady**, **Ties That Bind Us Together Group**, 218 Nott Terrace, NY, 12305, O,WC,NS
6:30 - 8 PM	**Troy**, **Our Best Guarantee Group**, St. Mary's Hospital, Use main entrance near parking garage, 1300 Massachusetts Ave, NY, 12180, O,RF,SD,St,Tr,WC
7 - 8 PM	**Tyringham**, **Serenity in the Valley**, Outside @ the Pavilion, 100 Main Road, MA, 01264, So
7 - 8:30 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,St,WC
NOON - 1:30 PM	**Watervliet**, **The 12, 12 & 12 @ 12 Group**, 1336 1st Ave, NY, 12189, O,Tr,NS,HY
7:30 - 9 PM	**Watervliet**, **Out of the Text Group**, Trinity Church, 1336 1st Avenue, NY, 12189, B,BT,O,SD,WC

THURSDAY

7:30 - 9 AM	**Albany**, **First Thing First Group**, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206
1 - 2 PM	**Albany**, **Miracles In NA Group**, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O
6:30 - 8 PM	**Albany**, **A Spiritual Principle A Day Group**, CDRC, 45 Colvin Ave, NY, 12206, O,WC
7:30 - 9 PM	**Albany**, **All Are Welcome Group**, 362 State Street, Basement Door (corner of Willet & State), NY, 12210, IP,O,SD,St,WC,NS
6 - 7:30 PM	**Amsterdam**, **Island of Misfit Toys Group**, Creative Connections Clubhouse, 303 East Main Street, NY, 12020, O,WC,HY
7 - 8 PM	**Claremont**, **Hope in Claremont (Online & In Person)**, TLC family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant St, NH, 03743, O,RF,WC,HY
7 - 8:30 PM	**Cohoes**, **The Last Train Group (NO MEETING 9/19/24)**, The Senior Community Center (NO MEETING 9/19/24), 10 Cayuga Plaza, NY, 12047, O,RF,WC,NS
NOON - 1 PM	**Elizabethtown**, **Elizabethtown**, Elizabethtown Hospital, In the Board Roo, 75 Park St, NY, 12932, O
6:30 - 7:30 PM	**Glens Falls**, **No Addict Need Die Group**, The Salvation Army of Glens Falls, Use Irongate Entrance, off Crandall Street, 37 Broad Street, NY, 12801, O
7 - 8 PM	**Keene**, **We Can Group (In Person Only)**, The Serenity Center, 24 Vernon St, NH, 03431, JT,O,RF,WC
7 - 8 PM	**Lebanon**, **Together We Can Group (Online & In Person))**, Zoom: https://us04web.zoom.us/j/9500259596 PW: NA dial by phone: 929-205-6099, 10 S Park St, NH, 03766, O,WC,BK,HY
6:30 - 7:30 PM	**Manchester Village**, **The Last Straw Group (Online & In Person)**, join by phone: 929 436 2866 Meeting ID: 729 220 920 PW: 385106, https://zoom.us/j/729220920 PW:NA, 3624 Main Street (1st Congregational Church, Rm 102), VT, 05254, CL,D,JT,O,WC,HY
7 - 8:30 PM	**North Adams**, **Each Day A New Beginning Group**, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220, JT,O,NS
NOON - 1 PM	**Pittsfield**, **Deeds Not Words Group**, George Crane Center, Hays Place & Linden Street, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7:30 - 8:30 PM	**Pittsfield**, **Living Clean Group**, Hays Place - Crane Center, 81 Linden Street, MA, 01201, BT,IP,IW,O,WC,NS
7:30 - 8:30 PM	**Plattsburgh**, **Healing Haven Group**, 14 Dormitory Drive, NY, 12903
6:30 - 8 PM	**Poughkeepsie**, **Clean & Free Group**, St Paul's Episcopal Church, 161 Mansion St., NY, 12601, RF
6 - 7:30 PM	**Rutland**, **Living Clean Group (In Person Only)**, Turning Point Club, 141 State Street, VT, D,O,RF
7 - 8:30 PM	**Saranac Lake**, **Adirondack Recovery Group**, Presbyterian Church, 57 Church St, NY, JT,O,WC
7 - 8:30 PM	**Schenectady**, **Serenity Group**, Christ Church, 970 State St, NY, 12307, B,O,RF,WC,CW
7 - 8:15 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot, 1 Sterling Place, NY, 13601, O,St,WC
NOON - 1:30 PM	**Watervliet**, **The 12,12 & 12 @ 12 Group**, 1336 1st Ave, NY, 12189, O,NS,HY
NOON - 1 PM	**Wilder**, **There Is Still Hope (In Person Only)**, Upper Valley Turning Point, 200 Olcott Drive, VT, 05001, O,RF,SD,WC

FRIDAY

7:30 - 8:30 AM	**Albany**, **Friday Morning Surrender**, 161 Central Ave, NY, 12206, O,WC
1 - 2 PM	**Albany**, **Miracles In NA**, CDRC, 2nd floor side entrance, 45 Colvin Ave., NY, 12206, O
6 - 7:30 PM	**Albany**, **Pathway to Freedom Group**, Enter on Robin St side. Off street parking available, 498 Clinton Ave, NY, 12206
7 - 8:30 PM	**Albany**, **Reality Group of NA**, 88 4th Ave, NY, 12202, WC
7:30 - 9 PM	**Beacon**, **Change or Die**, St Andrew's Church, 15 South Avenue, Beacon, NY, 12508, St,Tr,BK
7 - 8 PM	**Brattleboro**, **Mixed Nuts (In Person & Online)**, Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934 PW: NA, 39 Elm Street, VT, O,SD,HY
7 - 8:15 PM	**Coxsackie**, **Pay It Forward Group**, United Methodist Church, 70 Mansion Street, NY, St
7 - 8:30 PM	**Ellenville**, **Hope of Courage**, St. Paul's Episcopal Churchd, 40 Market Street, NY, 12428, RF
7:15 - 8:30 PM	**Enfield**, **Out of the Fog (In Person Only)**, Speaker 1st Friday, 314 U.S. 4, NH, D,O,SD,WC
7 - 8:30 PM	**Hudson**, **Hope in Hudson Group**, First Reformed Church, 52 Green Street, NY, O,RF
7 - 8:30 PM	**kingston**, **Freedom On Friday**, Holy Cross Church, 30 Pine Grove Ave, NY, 12401, JT,RF,SD,LC
7 - 8:30 PM	**North Adams**, **Free On Friday Group**, All Saints Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01247, C,St,Tr,NS
NOON - 1 PM	**Pittsfield**, **Deeds Not Words Group**, George Crane Center, 81 Linden Street, MA, 01201, D,JT,O,WC,NS
7 - 8 PM	**Pittsfield**, **Thank God I'm Free Group**, Hays Place - Crane Center, 81 Linden Street, MA, 01201, D,O,So,WC,NS
9 - 10 PM	**Pittsfield**, **Never Too Late Group**, Zion Lutheran Church, 74 First Street, MA, O,RF
10 - 11:30 AM	**Poughkeepsie**, **Unity in the Community**, 17 Rose St.-Community Room 2nd Floor, Community Room 2nd Floor, 17 Rose St.-, NY, 12601, St,Tr
6:30 - 7:30 PM	**Poughkeepsie**, **Living Proof**, St Paul's Episcopal Chruch, 161 Mansion st., NY, 12601, M,RF
7 - 8:15 PM	**Saratoga Springs**, **The End Of The Road Group**, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866, B,O
7 - 8:30 PM	**Schenectady**, **A New Way To Live Group**, New Choices Recovery Center, Back Door, 728 State Street, NY, 12307, O,WC
7 - 8:30 PM	**Troy**, **The Journey Continues Group**, Cornerstone Community Church, 570 3rd Ave, NY, O,RF,WC
7 - 8 PM	**Watertown**, **Hope, Faith and Courage**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, O,WC

NOON - 1:30 PM	**Watervliet**, **The 12,12 & 12 @ 12 Group**, 1336 1st Ave, NY, 12189, O,St,HY	

SATURDAY

10 - 11:30 AM	**Albany**, **Dead Man Walking**, 2nd Floor, 553 Clinton Avenue, NY, 12206, O,St,WC
6 - 7:30 PM	**Albany**, **Saturday Lock Down We Do Recover Group**, SEFCU Bldg, 388 Clinton Avenue, NY, 12206, O,St,Tr
7:30 - 9 PM	**Albany**, ***CLOSED* The Journey of Recovery Group**, SPARC, Enter on Krank St., 64 Second Ave, NY, 12202, O,RF,WEB
7 - 8:30 PM	**Kerhonkson**, **Keeping It Clean Kerhonkson**, Federated Church of Kerhonkson, 35 42nd street, NY, 12446, RF
10 - 11:30 AM	**Kingston**, **God Shaped Hole Group**, Reformed Church of the Comforter, 26 Wynkoop Place, NY, 12401, D,IP,JT,St
7:30 - 9 PM	**LaGrangeville**, **Vision of Hope Group**, Full Gospel Center, 1138 Route 55, NY, D,JT,O,RF
7 - 8:15 PM	**Marlborough**, **You Are Here Group (In Person & Online)**, Zoom Link https://us06web.zoom.us/j/83154677886 PW: NA. Phone929 205 6099 Phone Password: NA, Federated Church, 16 Pleasant St, NH, 03455, O,RF,Tr,WC,HY
7 - 8:30 PM	**Mechanicville**, **Journey on the Hill Group**, St. Luke's Church, 40 McBride Rd, NY, 12118, O,RF,WC
7 - 8 PM	**Pittsfield**, **Saturday Night 12 & 12 Group**, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201, O,St,Tr,WC,NS
10 - 11:30 AM	**Poughkeepsie**, **New Beginnings Group**, Salvation Army, 570 Main St, NY, 12601, IP,JT,O
9 - 10:30 AM	**Rensselaer**, **Saturday Morning Miracles**, St. Marys, 163 Columbia Turnpike, NY, D,O,WC,BK
2 - 3:30 PM	**Rensselaer**, **Steps Toward A Better Life**, Blooming Grove Reformed Church, 706 Bloomingrove Drive, NY, 12144, O,RF
7 - 8 PM	**Rutland**, **Saturday Night NA**, 141 State St, VT, 05701, D,O
7:30 - 8:45 PM	**Saugerties**, **The Message is HOPE**, Ryan's HOuse, 19 Barclay St., NY, 12477, RF,SD,St,LC
10 - 11:30 AM	**Schenectady**, **Recovery At Sunrise Group**, Recovery at Sunrise, 313 Clinton Street, NY, 12305, D,O,St,Tr
6 - 7:30 PM	**Schenectady**, **Vision of Hope Group**, 313 Clinton St, NY, 12305, O
10 - 11:30 AM	**Troy**, **Never Alone Group**, St. Mary's Hospital, Use Main Entrance on Massachusetts Ave then to the left, 1300 Massachusetts Ave, NY, 12180, D,O,WC
7 - 8:30 PM	**Watertown**, **Hope Fiends**, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY, 13601, D,O,RF,WC

VIRTUAL & HYBRID MEETINGS

SUNDAY

6 - 7:30 PM	**Albany NA Clean Team Group** Meeting ID: 748 258 596, Passcode: 000000 O,SD,WC,HY
7 - 8 PM	**Claremont, NH Step It Up (InPerson &Online)** Zoom ID: 92050814073 Password: NA 646 876 9923 Phone Password: 440303, D,O,RF,W,HY
9 - 10 AM	**Keene The Breakfast Club (In person & online)** Zoom ID: 96384286255 Password: NA Phone 929 205 6099 PW: 440731, BT,O,St,Tr,WEB,HY
7 - 8 PM	**Green Mountain Men (Online Only)** Meeting ID: 83727286535 PW: NA 3017158592 Phone Password: 466530, M,WEB,VM
7 - 8 PM	**Saratoga Springs Sunday Shenanigans Group** Meeting ID: 798 350 491, Password: 719520 JT,O,NS,HY
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

MONDAY

6 - 7:30 PM	**Amsterdam Island of Misfit Toys Group** Zoom meeting ID:885 3273 6318, Passcode: TOYS O,NS,HY
7 - 8:15 PM	**Claremont Monday Night NA (Online & In Person)** Meeting ID 916 9271 1848 PW: NA 646 876 9923 PW 630568, O,RF,WC,WEB,HY
7 - 8:15 PM	**Coxsackie Pay it Forward Group** Meeting ID: 645 160 958, Password: 625 244 O,St,VM
5:45 - 6:45 PM	**Monday Night Mechanics (Online Only)** Meeting ID: 95476368853 Password: NA Dial by Phone: 929 436 2886, D,JT,O,VM
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	**Watervliet The 12, 12 & 12 @ 12 Group** Meeting ID: 815 6901 0816 Passcode: 459859 O,WC,NS,CP,HY

TUESDAY

6:30 - 7:30 PM	**Manchester Village The Last Straw Group (Online & In Person)** Meeting ID: 729 220 920 PW: NA 929-436-2866, JT,O,WC,HY
6:30 - 7:30 PM	**Cancer in Recovery Group** Meeting ID 82633324017 Password FAITH C,VM
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	**Watervliet The 12, 12 & 12 @ 12 Group** Meeting ID: 815 6901 0816, Passcode: 459859 O,To,NS,HY

WEDNESDAY

6 - 7 PM	**Albany Together Apart - a Virtual NA Meeting** Zoom ID: 815 6155 9185 Password: 000000 O,LC,WEB,VM
7:30 - 8:30 PM	**Claremont, All Will Be Well Group (Online & In Person)** Password:NA 929 436 2866, CL,O,HY
7 - 8 PM	**Ludlow Out of the Woods (Online & In Person)** Meeting ID 84203473867 PW: NA 1 719 359 4580 Meeting ID: 842 0347 3867, RF,WC,HY
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	**Watervliet The 12, 12 & 12 @ 12 Group** Meeting ID: 815 6901 0816, Passcode: 459859 O,Tr,NS,HY

THURSDAY

6 - 7:30 PM	**Amsterdam Island of Misfit Toys Group** Zoom meeting ID: 885 3273 6318, Passcode: TOYS O,WC,HY
7 - 8 PM	**Claremont Hope in Claremont (Online & In Person)** Password: NA 1 719 359 4580 Meeting ID: 879 0732 8775, O,RF,WC,HY
7 - 8 PM	**Lebanon Together We Can Group (Online & In Person))** Meeting ID: 9500259596 929-205-6099, O,WC,BK,HY
6:30 - 7:30 PM	**Manchester Village The Last Straw Group (Online & In Person)** Meeting ID: 729 220 920 PW: 385106 929 436 2866, CL,D,JT,O,WC,HY
7:30 - 9 PM	**Just For Tonight Group** ID# 876 9193 7204 Access# 755883 WEB,VM
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	**Watervliet The 12,12 & 12 @ 12 Group** Meeting ID: 8156901 0816, Passcode: 459859 O,NS,HY

FRIDAY

7 - 8 PM	**Brattleboro Mixed Nuts (In Person & Online)** Meeting ID: 947 774 934 Phone Password: 574132 929 436 2866, O,SD,HY
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM
NOON - 1:30 PM	**Watervliet The 12,12 & 12 @ 12 Group** Meeting ID: 815 6901 0816, Passcode: 459859 O,St,HY

SATURDAY

7 - 8:15 PM	**Coxsackie Pay it Forward Group** Meeting ID: 851 630 521, Password: 983923 O,St,VM
7 - 8:15 PM	**Coxsackie Pay it Forward Group** Meeting ID: 851 630 521, Password: 983923 O,St,VM
7 - 8:15 PM	**Marlborough You Are Here Group (In Person & Online)** Zoom Meeting ID: 831 5467 7886 PW: NA 929 205 6099 Phone Password: NA, O,RF,Tr,WC,HY
8:30 - 10 AM	**Schenectady Upstate NY Morning Wake Up Group** Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York), VM

Meeting Format Legend

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CL	Candlelight	CP	Concepts
CW	Children Welcome	D	Discussion
GL	Gay/Lesbian/Transgender	HY	Hybrid Meeting
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
M	Men	NS	No Smoking
O	Open	OE	Open-Ended
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	To	Topic
Tr	Tradition	VM	Virtual Meeting
W	Women	WC	Wheelchair
WEB	Online Meeting		

(O) “Open” Meeting – meeting that welcomes anyone to attend, including interested non-addicts
(C) “Closed” Meeting – meeting only for addicts or those who think they may have a drug problem

MEETING INFORMATION CHANGES SHOULD BE REPORTED TO YOUR AREA SERVICE COMMITTEE. PLEASE E-MAIL YOUR LOCAL NA EVENTS FLYERS TO ABCDWEBSERVANT@GMAIL.COM TO BE ADDED TO THE REGIONAL WEB PAGE EVENT CALENDAR.

PHONE NUMBERS

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

The Narcotics Anonymous Message:

“That an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live."

ABCD REGION NARCOTICS ANONYMOUS

January 2025

P.O. BOX 13504 ALBANY, NY 12212

The most up to date meeting info can always be found on the regional website:

https://abcdrna.org

Helpline 315-847-3842
Berkshire 413-443-4377
Green Mountain (VT/NH) 802-265-6414
Seaway Trails (Watertown to Malone)
315-351-2250

REGIONAL SERVICE COMMITTEE MEETING
First Saturday of Every Month @ 11:00 am
In-Person and on Zoom (Mtg ID: 848 0620 5225 PW: 000000)
1565 Western Avenue, Albany, NY 12203

ALBANY RENSSELAER AREA SERVICE COMMITTEE
Last Thursday of Every Month @ 7:00 pm
St. Michaels – 49 Killean Park, Albany, NY

BERKSHIRE COUNTY AREA SERVICE COMMITTEE MEETING
Third Tuesday of Every Month 6:30 pm
Elm St. Java, 216 Elm Street, Pittsfield, MA 01201

GREEN MOUNTAIN AREA SERVICE COMMITTEE MEETING
Last Sunday of Every Month 1:15 pm Zoom Meeting

MID-HUDSON AREA SERVICE COMMITTEE MEETING
Fourth Thursday of Every Month @ 7:00 PM
Saint James Church – Corner of Fair and Pearl, Kingston, NY

MOHAWK RIVER AREA SERVICE COMMITTEE MEETING
Last Saturday of Every Month @ 1:00 pm
Christ Church — 970 State Street, Schenectady, NY

SEAWAY TRAIL AREA SERVICE COMMITTEE
3rd Saturday of Every Month @ 2:00 pm
Rotating: 1 Sterling Place Watertown, NY
and 41 Chapel Street, Canton NY

SOUTHERN ADIRONDACK MOUNTAIN MIRACLES AREA
Last Sunday of Every Month @ 9:00 am Zoom Only
Meeting ID: 214 447 1582, PW: 539148